



EURONEWS MRPH

The Newsletter of the European Network of Medical Residents in Public Health

European Public Health Conference
Special Edition

Editorial

Dear Reader,

Thank you for showing interest in our work by taking your time to read the EuroNet MRPH Newsletter #12. This issue of the Newsletter is a special one. In order to build upon EuroNet's numerous and active participation in the EPH Conference and round up, in many ways, Network's most active year so far - we have decided to produce a special European Public Health (EPH) Conference Issue.

We are very keen on "green publishing"; hence, all our previous Newsletters have been released exclusively as digital versions. This time we have decided to make an exception and have this issue printed in a limited number of paper copies. A lot, if not most, of our communication happens digitally, but we all know that the "magic" happens during personal contacts. We hope that you feel the same "magic" while turning the pages of this EuroNet MRPH Newsletter...if you were fortunate enough to grab a printed copy!

As always, you will be able to read this issue of the Newsletter online at www.euronetmrph.org.



The concept of this special issue, being thematic on the Network itself, is also a bit “special”. The Newsletter is divided into three “temporal” sections: past - EuroNet’s mission and history, present - EuroNet today (including “EuroNet at the EPH 2017 Conference”) and EuroNet in the future.

Besides giving an introduction on EuroNet’s idea and mission in the first section, we are incredibly happy and grateful to have contributions from all of the Network’s past presidents. Reading the stories on how EuroNet helped shape and steer their careers and their lives was both interesting and emotional. It also confirmed what is the most valuable aspect of the Network in the long run (hint - “Network”) . In this section, Slovenian colleagues also share their story on how EuroNet motivated and helped them start the Slovenian National Residents’ Association.

The “today” section gives an overview of all the work the EuroNet members have been involved in lately; including the work focused around EuroNet’s three pillars: networking, research and internships. A special sub-section also covers our members’ active participation in this year’s EPH Conference. If you find any of our work interesting and would like to get involved, do not forget to get in touch!

After looking behind, we will also try to define, or at least take a glimpse at the future of EuroNet and European Public Health in general. What is the future of Public Health education? How can we, as Public Health practitioners of the near future, work on “Health for All”? Let us see and, more importantly, shape what the future will be.

After getting in touch with us in Stockholm, remember that the next opportunity to meet in person is coming up very soon - our Winter Meeting 2017 will take place in Portugal on November 30th and December 1st. See you in Lisbon!

Damir Ivankovic
Euronet MRPH 2017 President

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A short story about Euronet

Euronet MRPH stands for the European Network of Medical Residents in Public Health.

We are an independent network of national associations of public health residents and residency programmes around Europe.

We aim to share information on residency programmes, facilitate internships and common activities, as well as to develop a body of scientific research.

The idea of a network of European associations first emerged in 2008 when French and Italian residents started a collaboration on a qualitative project exploring the satisfaction of residency programs in the two countries by a self-administered questionnaire.

The success of this initiative encouraged the residents to continue the collaboration and to extend it to public health residents from other European countries. Spanish residents joined the network in 2009.

EuroNet MRPH was officially founded on June 30th, 2011 in Paris by the CLiSP (*College de Liaison des Internes en Santé Publique*) for France, SItI (*Società Italiana di Igiene e Medicina Preventiva e Sanità Pubblica*) for Italy and ARES (*Asociación Española de residentes de medicina preventiva y salud pública*) for Spain.

SRC (*Specialty Registrar's Committee*) of the Faculty of Public Health for the United Kingdom joined the network on November 12th, 2011 in Zaragoza (Spain). It was followed by the Portu-

guese residents' commissions in 2012, APHRI (*Association of Public Health Medicine Registrars of Ireland*) for Ireland on March 1st, 2014, and HDJZ (*Hrvatsko društvo za javno zdravstvo*) for Croatia on March 21st, 2015 in Milan (Italy).

Losgio (*Landelijk Overleg Sociaal-Geneskundigen in Opleiding*) for The Netherlands joined the network on November 20th 2015, during the Barcelona meeting and the newest member - OSJZ (*Odsek specializantov javneg zdravja pri Sekciji za preventivno medicino*) from Slovenia joined on November 26th during the Dublin meeting. Besides 9 national associations representing resident physicians and trainees in public health, residents whose national associations are not eligible to join the network can apply for individual memberships. EuroNet currently has individual members from three European countries - Bosnia and Herzegovina, Poland and Malta.





#Throwback Presidents

Emilie Chazelle

MD, Public Health Specialist & Euronet MRPH 2011 President

Euronet MRPH, the European network of medical residents in public health, has been a wonderful adventure for me! It started with the meeting of two Italian and French residents in public health at the French school of Public Health “EHESP” (Rennes, Brittany) in 2008. Observing some noticeable differences in the training and the occupation of public health specialists in the two countries, soon arose the idea of a European partnership between national associations or representative institutions of medical residents in public health. The aim was to highlight these differences in order to promote criteria for an efficient training, but also to facilitate internship in other European countries and to improve networking between European public health specialists. Some years later, this last

objective sounds like being the most important of all. The first meeting of some French and Italian residents held in the spring of 2009 in Rouen and the second with Spanish residents who joined the group a few months later in the fall of 2009 in Napoli. Statutes and first functioning rules of the network were then drafted and Euronet MRPH was created at a spring meeting in Toulouse in 2010. At that time started my function as the president of “Euronet” for one and a half year (May 2010 - November 2011). That was a great human experience, and an important (not always easy) job of network leading. I learnt a lot from it! Among major realizations and steps undertaken by “Euronet” during this period were: UK entrance in the network, listing of internship placements agreeing in principle to welcome European residents in public health, the presentation of the comparative results of the study of MRPH’s training in Italy and in France, at Siti congress 2010 in Venezia, presentation of

a poster entitled "Inequalities in the access to social and medical care for migrants in three European countries" at the 4th EPH conference (2011) in Copenhagen. On a professional side, this experience of supporting the development of the network and the experience of its presidency have been an important asset for my job selections as a young professional in public health and for my practice in coordinator functions, but the treasury offered by Euronet MRPH was on a personal side: all the amazing and dearest friends I have met during these years! I would like to end this short testimony by telling you the nice surprise I had three years after leaving the network. Indeed, during the summer of 2015, I realized an "Ebola mission" in Guinea with ECDC and Goarn, and I was so pleased to discover that we were four Euronet MRPH members (should I say "Euronetters"?) or former members from Spain, Portugal and France, at that time, for an Ebola mission in Guinea or Sierra Leone! We could get support from each others, work together on the field or at distance from different towns. Networking with Euronet MRPH does not stop at the end of the residency program! It is still so pleasant to hear from the huge progresses and broadening of "Euronet" from its first years and to meet the new teams of volunteers involved in it.

#Throwback Presidents

Benedetto Simone¹, Rocio Zurriaga Carda²

¹Euronet MRPH 2012 President, ²Euronet MRPH 2014 President

A few weeks ago, we received a very funny and unexpected email from Damir, the Croatian President of Euronet MRPH, reaching out to old alumni. Euronet MRPH today is a large group, with representation of public health residents from twelve European countries, a wider network of collaborators and a place in the Executive Board of ASPHER. Way to go Euronet! Our memories as presidents in 2012 and 2014 are a mix of Skype group calls late at night, oh-so-long meetings in small rooms, evening tours in stunning European cities and uncomfortable low-cost flights. Most of all, what we remember of that experience is the warm feeling of so many people smiling, hugging, talking, shaking hands, bemvidos, come stai?, gracias, a bientot, cheers!

We remember the thrill of welcoming Portugal to our then team of four countries (Italy, France, Spain and UK), and a huge dinner in Porto with the local public health residents. The never-ending discussions in Rome on what the new-born Statute should look like (Benedetto's fault! He was keeping time with a watch set on the wrong time zone). Setting up a webpage for Euronet on a very tight budget, thanks to the French residents. Brainstorming in London on how to kick off exchange programmes abroad for adventurous residents, and crossing the Thames on a ferry. A EUPHA poster in Copenhagen on knowledge, attitudes and practices of public health residents from five countries on universal

vaccination programmes. Looking for more public health residents who would join the Euronet adventure.

Euronet has enriched us in many ways. After Benedetto's experience, he finished his residency programme, spent time in Stockholm as a trainee at ECDC, worked in London with Public Health England as an epidemiologist. He now works with a pharmaceutical company that produces vaccines. You could say that, back then, Euronet MRPH made him more aware of the endless opportunities that arise if you are willing to step out of your institute into the wider world. Rocío, finished her residency in Spain and worked in Italy, consulting for WHO Euro on migration and health. She is now back in Spain working as an epidemiologist. Our Euronet year gave us some friends for life, a passion for

travelling, and the conviction that public health in Europe can only grow if we speak the same language and are open to collaborating and learning from each other.

Our wish for Euronet MRPH is to keep expanding, without ever having to experience a Brexit. You have a unique opportunity to produce scientific evidence and to inform public health decisions at an international level. Of course, you have the great privilege of promoting exchanges and internships, giving a platform to residents from less connected institutes. We hope in the future there will be room for alumni to stay in contact and to give you access to an even broader space. For now, we can only say that we are beyond proud to have been part of Euronet MRPH, and to see it growing and thriving. In bocca al lupo! Suerte!



#Throwback Presidents

André Peralta-Santos

MD, Public Health Specialist & Euronet MPRH 2013 President

The times are changing fast for Public Health in Europe, the quote in the title was immortalized by Bod Dylan in a song, serves as moto to tell you more about the year of 2013, when Portugal had the Presidency of the Euronet MPRH.

To understand the year of 2013, we need to get back to 2011 and explain how an Epic failure can lay a seed in the ground that germinated and keeps growing strong. For whatever reason, in 2011 a group of Portuguese interns, decided that the residents need to be more active and start creating sustainable opportunities to share ideas, work and have some fun. Before that, some preeminent interns already did attempts to organize encounters but it was never created a structured that endured through time. That first year residents, in 2011, thought that something needed to change. After some discussion, we decided to do an informal gathering in a small town north of Lisbon, we expected that it would be blast! After some

years without an encounter, the residents would be eager to get together, and we invest accordingly (we fund-raised a lot of money to organize a super fancy congress).

On the day of the conference, Murphy would have been proud of us, "Anything that can go wrong, will go wrong". Apart from the organizers, only two more residents appeared at the venue for the event (one was not technically a resident anymore), one of the speakers had a car accident and could not come. In the midst of that epic failure, the group there had the idea to create the "Comissões de Internos de Saúde Pública", laying the ground to create the organization that would in 2012 join the Euronet MPRH. The creation of the "Comissões de Internos de Saúde Pública", in my opinion, created a small revolution within the Public Health in Portugal.

This same team, of now 3rd year residents, held the Presidency term of Euronet MPRH, in 2013. In a rainy night of December 2012, I remember to discuss who should be the president, this time the responsibility and privilege, would be mine. This would my biggest leadership challenge at



the time, the beginning of the term was a bit bumpy, but I guess that is what makes you grow. The 2013 executive team as amazing, a group of hard working, brilliant people. With the resources we had at the time, we accomplished some important things. The one that, I am personally more proud, was pushing forward the internships system in other Euronet Member countries. Few things can have more impact in one's professional skills than being exposed to different learning environments and working in foreign country.

On top of that professional fulfillment, I made some good friends during that journey, the kind of friends that you can be one year or more without seeing each other, but when you are with them there is a warm feeling of never being apart.

The future of Euronet it is not down on any map; true places never are. However, looking to the tremendous progress over the last 5-6 years, the prospect looks promising. The improvements and the path of Euronet seems to be consistent, coherent and tackling the right challenges. Congratulation to all the Euronet family that worked hard to make Euronet MRPH, every year, even more relevant!

Whatever the perils of the future will be. Working together at European level keep us stronger and better prepared.

Thanks to the team of 2013, that made this fantastic year of my live possible. Thank you Alexandre, Jaime, Guido, Mael, Cesar, Rossio, Bernardo, Ines, Salvo, Paula, and many others.

#Throwback Presidents

Anca Vasiliu

Euronet MRPH 2015 President

I've first heard of EuroNet MRPH during a national public health residents' conference where the national association (CliSP) presented the network. I was immediately interested in the idea of an European network of public health residents so I applied to join. At the time, the 6 French national members were already elected and there was no more place for me in the official team, but I was told that observers are always welcome at the meetings and on ongoing projects. It was all I wanted to do in the network anyway, I wasn't especially interested in the different positions in the board. I just wanted to have fun and work with residents from other countries, so I got in.

My first meeting was in London, at the London School of Hygiene and Tropical Medicine. They say you never forget your first time, right? And mine was great, got me addicted. After this I got involved in projects, took part in all the meetings and had lots of fun. When the year finished, by a mix of chance and some alignment of planets in the solar system (because this was the selection procedure at the time), France was supposed to take on the presidency of the network. I knew I will be in the board the following year and I wanted to get involved more. Knowing I had a wonderful team to rely on, we started a beautiful journey in 2015, sprinkled with great meetings, congresses, workshops and conferences. Looking back on

that year I noticed that something in my perception of the whole EuroNet experience had changed. Being an observer the year before was extremely fun and inspiring. Being a president meant having the responsibility of every meeting, of every interaction with partners and colleagues and this feeling is definitely empowering, but weighs on the shoulders at the same time. I felt having less fun, but more impact, I was less reckless but more calculated. In the end, both experiences were very rich on a community level as the network was growing, but also on a personal level where they helped in sculpting my own personal growth.

In every analysis it is important to acknowledge the different biases encountered and therefore when I am thinking about EuroNet MRPH I cannot refrain from mentioning the massive selection bias of all these great members that I have met during the years. They are very different people, coming from very diverse cultures, eating different foods and having different social norms, but they are all taking part in these kinds of activities because they have something in common. They are curious and open, adaptable and resourceful, fun and lively. I would recommend at least one year of EuroNet MRPH to every public resident out there. There is no professional degree that can compete with the soft skills that we develop alongside each other.

After two years of EuroNet I started an MPH and knew I was going abroad for the internship. This meant I wouldn't have the time to get involved properly in a project in the network so I decided

to leave the spot for other interested residents that can take the network even further. I am very proud of what EuroNet MRPH has achieved during the years and I am absolutely positive that this is only the beginning of a powerful European Public Health association.



#Throwback Presidents

Fiona Cianci

Euronet MPRH 2016 President

I knew very little about what Euronet MPRH was or what to expect from one of its meetings prior to landing in Paris for the summer meeting 2015. What I discovered on arrival was a friendly group of people who had travelled far and wide to attend the meeting and who shared the same interest and passion for Public Health.

Two meetings and a few teleconferences later and I found myself representing Ireland for the presidency in 2016. I truly enjoyed the year and all the new experiences it brought with it. It was great meeting all the new members, making friends and connections I know will last long after my membership ends. I also learned leadership and management skills that are so essential to effective public health practice. Looking back, I hope that the two main things myself and the committee achieved that year will prove to be pivotal building blocks for the organization moving forward.

Firstly, we changed the focus of the meetings by increasing the 'academic' portion of the programmes. I felt it was essential to exploit the diversity of our members by sharing knowledge and learning about public health practice in other countries. Also, by developing the meetings into learning opportunities for all trainees, I hoped to increase the attendance and thus, the active membership of EuroNet.

As a result, we had three fantastic meetings that year with great talks, lectures and workshops.



Secondly, we aimed to improve EuroNet's efficiency and dynamism by overhauling the statute and procedures to ensure that all roles within EuroNet are filled only by motivated and enthusiastic members, regardless of nationality. The best thing about EuroNet MPRH is its members and the passion and drive they bring. Having taken a step back this year, and observing all of the new team's impressive achievements from the sideline, I am certain this was the right move for the organization and I am so proud of all their success.

I truly believe EuroNet MPRH can, and should, be a major player in European Public Health—after all, as trainees, we have the privilege and responsibility of being the future of Public Health.

How Slovenia joined Euronet?

Špela Vidovič, Matej Vinko

National Institute of Public Health, Ljubljana, Slovenia

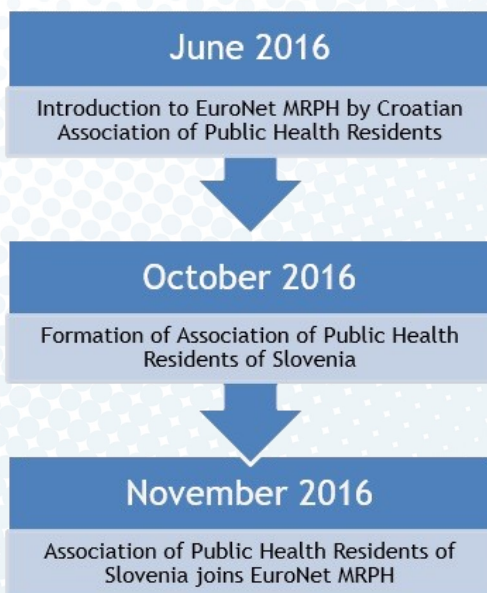
In June 2016 public health residents from Slovenia had the opportunity to host representatives of the Croatian Association of Public Health Residents. We invited the Croatian colleagues to Ljubljana to hear more about how residency programme is organised in their country and also about the European Network of Medical Residents in Public Health (EuroNet MRPH).

The idea of networking with other residents across Europe was immediately very intriguing to us, especially as we are such a small country and there were only 16 public health residents in Slovenia at the time. Research working groups and internship programme of EuroNet MRPH were tempting prospects as well. The visit motivated us to start our own national association and join EuroNet MRPH as soon as we can.

And so we did. In October we formed an Association of Public Health Residents of Slovenia and in November 2016 we participated at the EuroNet MRPH winter meeting in Dublin, where we officially joined the network. Since then the Slovenian residents have been very active in different EuroNet activities. We are participating in the Conflict of interest research project and Internship development working group. Enthusiastic about establishing our own

national Association of Public Health Residents of Slovenia, we performed a cross-sectional survey among the residents to determine the level of satisfaction with residency program in public health in Slovenia. We then extended the study to other members of the network by forming a new EuroNet MRPH research work group.

Joining EuroNet MRPH was a great opportunity for us to meet other public health residents across Europe and expend our professional network. Working in public health in a small country like Slovenia, we feel we benefited a lot from the experience. It is particularly valuable for us to be able to exchange information, knowl

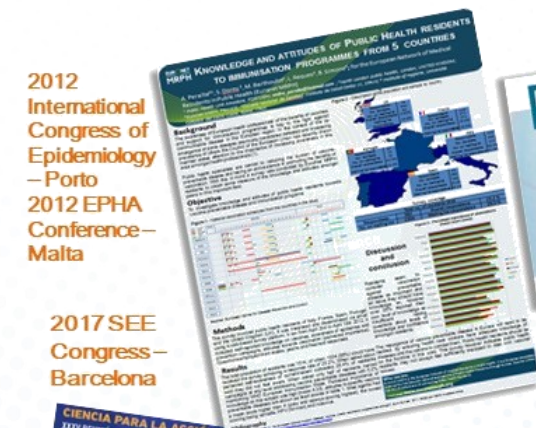


2012
International
Congress of
Epidemiology
– Porto
2012 EPHA
Conference –
Malta

2017 SEE
Congress –
Barcelona

2014 EPHA AGA Brussels

2014 SEE
Congress –
Alicante



2017 Advocacy in
Public Health. The
EPHA workshop
for Medical
Residents from
EuroNet MRPH. –
Brussels



2015 SEE
Congress
Santiago de
Compostela



2017 Young Forum Gastein

The winners of the 2017 Young Forum Gastein
Poster Competition were:

Facilitators and barriers to the use of economic
evaluations in nutrition and public health – LAFRANCON
Alessandra

Signs of Patient-Centeredness? A Comparative
Photovoice Assessment of the Linguistic Landscapes in
Austrian and Canadian Hospitals – MCLERNON Laryn

Introduction to the European Network of Medical
Residents in Public Health – IVANKOVIC Damir, VINKO
Matej and MATEO Alberto

Warmest Congratulations!



Fri 21st 8:30-10:00 Even	Communication, advocacy and health promotion	0.3. Skills Building: Let your voice be heard: How to communicate effectively Chairs: Arjan van der Star, EUPHNet and Maria Del Rocio Zurriaga-Casta, EuroNet MRPH Moderation and facilitation of group discussions Dorik Gattell, European Health Forum Gastein (Ita) Getting your message across in an audience, Dineke Zegers-Pogey, EUPHA
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2014 EPH Conference – Glasgow

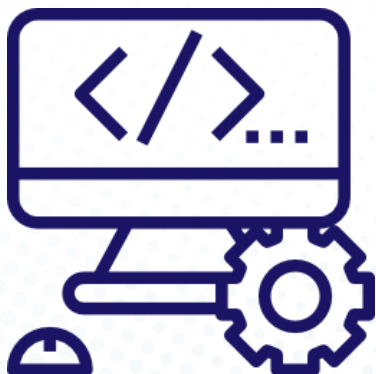
Thu 15th 16:00-17:30 After 6	Research, evidence, action	2.0. Skills building seminar: Are we critical enough in analysing health research findings? Chairs: Tjette Funk, EUPHNet; Jeca Vasilia, EuroNet; Sofia Ribeiro, YFG Presenters: Els Moeckelberghe, The Netherlands Dione Dehij, The Netherlands
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2015 EPH
Conference – Milan

Thu 10th 13:50-14:50 Room L1	Communication in public health	1.P. Skills building seminar: Social Media for Public Health Actions Chairs: Christiaan Vis - The Netherlands, Damir Ivankovic - Croatia The Power of Social Media - How can Public Health Professionals make the best use of Social Media Stefan Burtjens - Malta Digital Epidemiology: Using the Internet for population health. How to listen and what can we discover Angelo D'Ambrasio - Italy
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2016 EPH Conference – Vienna

What are we doing right now? Update on working groups



Public Health informatics

There is a lack of consciousness concerning the applied medical informatics, computing and technology skills (both theoretical and practical) required to a specialist in Public Health.

In this perspective, the Public Health Informatics Working Group drafted a list of competencies and elaborated a questionnaire, which mainly investigates the perceived acquired skills, the informatic workplace, the personal attitude to mobile technology and the satisfaction for the received education.

The aim of the working group is to extend the Italian pilot project as regards Italian Resident Doctors, delivered in 34 Hygiene, Preventive Medicine and Public Health specialization courses/schools.

In Italy, big differences and some huge gaps in the PHI education and PH Residents' acquired skills have been detected.

Next step would be defining the competencies and assessing the training in Public Health Informatics for residents in Public Health of the European Network.



Internship development

Practice of public health is dictated by major and often very sudden changes of social, environmental and cultural milieu. For young professionals making their way in such a dynamic profession it is of vital importance to learn from the best and develop their skills at the most progressive and established public health institutions across Europe. Competent workforce is after all a necessary condition for a successful public health practice. Potentials for career, academic as well as personal development that such esteemed public health institutions hold can be best utilised by visiting those institutions and learning under supervision of experienced public health professionals.

Acknowledging this premise, EuroNet MRPH is setting the Internship Programme high on its priority list. Advocacy and coordination of public

health resident's internship opportunities has nonetheless been a focal point of EuroNet MRPH endeavours for quite some years.

EuroNet MRPH acts as a mediator between a resident and the desired institution, with the purpose of facilitating the process of acquiring residents' placement. We actively search for institutions that can provide new knowledge and experiences to young aspiring professionals and are prepared to host medical residents in public health. During the past few years EuroNet MRPH has managed to arrange more than 50 EuroNet-specific internship positions in national and international institutions covering a wide range of public health topics. Residents can choose between esteemed academic institutions, national institutes of public health, hospitals, research institutes, as well as number of international nongovernmental organisations such as World Federation of Public Health Associations, International Consortium for Health Outcomes Measurement, and EuroHealthNet. In the last three years, we have processed 64 applications from 34 residents requesting an internship in 6 different countries. The most popular destinations were France (27 requests), UK (15 requests) and Portugal (12 requests).

Working group running the Internship Programme in year 2017 has, much like working groups in past years, devised a number of ambitious goals with which we aim to upgrade the quality of the programme we offer to our colleagues, members of national associations of

public health residents, constituents of EuroNet MRPH. With the support from devoted and prudent EuroNet board members we are certain Internship Programme will continue to be a strong pillar of EuroNet activities in near and far future.



Satisfaction study

Quality of medical education is intimately related to the quality of the health care. Residents' satisfaction, working conditions and atmosphere in the work-place impact the quality of their work and the learning outcomes. Residents' satisfaction is also one of the core measures of training program success.

The learning environment encompasses the educational, physical, social, and psychological context in which residents are immersed and is thought to play a significant role in their professional and moral development.

Numerous studies in the literature have sought to assess residents' satisfaction and the quality of training in different areas of medicine. However, in the area of public health, there are no published studies, making the subject an important investigation field.

In July 2017 we formed a working group to carry out a study on learning climate assessment and evaluation of satisfaction level among public health residents within the European network of medical residents in public health (EuroNet MRPH). EuroNet members from 7 different countries will participate in the study: Slovenia, Croatia, Spain, Portugal, Italy, France, and the United Kingdom. The purpose of the study is to evaluate the satisfaction level among public health residents with the residency program and to examine their attitudes and experiences on important issues, such as supervision and workload. We will perform a cross-sectional survey and the data obtained in the study will provide the opportunity to compare the results between different countries and see what are the differences, the good practices and the opportunities to improve national residency programs.



Burnout of Public Health

This working group looking at burnout in public health residents across Europe. Further information can be found in Euronet MRPH website.



Conflict of interest in research projects

The relationship between industry and medical societies has been widely studied by the international literature and has been recognized as a potential condition for biases and conflicts of interest.

A recent study analysed the relationship between industry and medical societies through the assessment of the Italian medical societies' websites, finding some relevant correlations.

Despite this scenario, little is known about the relationship between medical societies and industry in Europe.

The aim of the work conducted by Euronet MRPH is to extend the Italian research to seven European countries (Croatia, France, Ireland, the Netherlands, Portugal, Slovenia, and Spain). The study is important because it is a first such project addressing the conflict of interest between medical societies and industry in a comparative European setting.

In addition to its scholarly contribution that will enhance the understanding of the nature of this relationship, the study has implications for the

development of policy regulating the relationship between industry and medical societies, from disclosure requirements, to restriction on what industries can fund, among others.

The working group already developed a structured flowchart to systematically produce comprehensive lists of all the medical societies in the included countries.

Up to date, a significant effort has been done in assessing the differences between the national definitions of medical societies and, so far, a heterogeneous framework emerged.



LGBT+ Residents' health and work environment

The LGBT+ Residents' health and work environment working group is the newest of the EuroNet MRPH working groups! The group was initiated because it was recognised that at the present time, there is no research about the workplace experiences and the related health outcomes of the medical residents identifying themselves as LGBT+ (Lesbian, Gay, Bisexual, Transsexual, Asexual, Gender queer, Intersex, Pansexual). For many reasons, medical residents can represent a difficult population to

investigate on: lack of time, remote placements during the residency and, for LGBT+ medical residents, disclosure status.

The working group aims to undertake a piece of research to investigate LGBT+ medical residents' experiences of being LGBT+ in the workplace. The questionnaire survey will be open to all residents, independently of their sexual orientation and will be translated into local languages by working group members and will be available online. The questionnaire will be accessible without direct contact with the researchers in order to create a greater sense of anonymity and safety of the participants.

We hope that the study will help us better understand the issues faced by LGBT+ residents, and we hope to work with partner organisations to share findings and tackle any issues raised.

If you would like to know more about the group please contact us through the EuroNetMRPH webpages



Euronet Platform

We also have working groups on the EuroNet platform, which Euronet member and platform lead Helene is presenting a poster on at the conference (10.10am poster walk on Saturday 4th November).

Euronet MRPH at the European Public Health Conference

Joanne McCarthy
Public Health Wales

We have more EuroNet members attending this years conference than ever before! Look out for us at our joint stand with ASPHER and at Saturdays workshop, Fast and clear: how to present research findings in 3 minutes to a non-scientific audience, which our Vice President Alberto Mateo is co-chairing.

We also have several posters, both from our public health work inside and outside EuroNet. Please take time to come to Saturdays 10.10am poster walk where you can see posters on our internship programme, the EuroNet Platform and our residency programme satisfaction survey.

Finally don't forget to enter our competition! Pick up a EuroNetMRPH sticker from our stand and tweet yourself proudly wearing your EuroNet sticker at the conference tagging @EuroNetMRPH for the chance to win a prize!!



AMAZE YOUR AUDIENCE IN 3 MINUTES

Hédinn Svarfdal Björnsson

Icelandic Directorate of Health - The University of Iceland

Mariana Dyakova, MD

Public Health Wales - The University of Warwick



skill building seminar aimed to help
attendants to develop their skills
**presenting complex public health
work and concepts to
non-scientific audiences**

Euronet at the EPH Conference: a workshop to improve the way you communicate your public health work

Alberto Mateo

Health Education North West, NHS, United Kingdom

EuroNet is increasingly collaborating with other European public health organisations that operate in the continent. An example of this collaboration is the workshop that we have organised with EUPHANxt and Young Forum Gastein, which will be presented at the EPH conference in Stockholm (1-4th November 2017).

The workshop, titled: “Fast and clear: how to present research findings in 3 minutes to a non-scientific audience?” aims to help attendants to develop their skills in presenting their public health work to non-scientific audiences, whether these are policy-makers, the press or

the general public.

There will be two short lectures, one from a public health consultant with ample experience communicating scientific work, Dr Mariana Dyakova (Public Health Wales) and Hédinn Svarfdal (Icelandic Directorate of Health), an expert in social marketing. With their experience and their top-tips, they will help us to avoid common pitfalls and to feel more comfortable when engaging with non-scientific audiences.

We will also have three pitch presenters, who will have the difficult task of presenting their work in three minutes to the audience. We are pleased to have Helene Rossinot, from EuroNet who will be one of the presenters.

We think this is a fantastic opportunity to improve an essential skill of public health professionals, so we look forward to seeing you there!

Expectations from a future public health resident

Gisela Leiras

Future public health residente in Portugal (2018)

I started studying medicine 8 years ago, and just when I was halfway through my medical master, during the clinical rotations, I understood what I really wanted to do with my degree.

The contact with the practice of medicine in clinical settings and its needs made me aware of existing gaps within our healthcare system and made me realise the limits of my actions when

treating patients. Mostly, during our learning process in medicine we focus on individual-level clinical care, what made me look at patients as carriers of a certain disease I wanted to treat and that was not fulfilling my expectations. I had always have large aspirations to contribute to a better healthcare system and truly make a difference, but it always seemed nothing more than a dream. Public health is the tool that enables the personification of this dream into one or several concrete actions that can and should have a positive impact in the world. In my opinion, public health is the ability to see a problem or person in need but rather than focusing in finding an individual solution, we



focus on implementing a comprehensive solution that can reach a wide group of people, prevent similar events in the future and take broader impact measures for the long term. It is the utopy of medicine put in practice and made into reality.

I don't neglect the importance of patient oriented care and individualized treatments, but my constant thrill to contribute to a healthier world and the potential I see in population-level strategies implementation to promote health conducted me to public health.

In January 2018 I will start my PH residency and my excitement about it led me to the Euronet webpage. My will to know more about PH residency in other countries, the needs and the work that is being done all over made me register right away.

By joining EuroNet MRPH I hope to be able to participate in international projects, learn about other countries PH system and their way of working. I expect Euronet to share the work and information throughout all network (policies, projects and research being done abroad), allowing the implementation of successful measures at local, national and international level, being the bridge to spread these information and the trigger point to stimulate PH residents to use it for making changes and having a positive impact within their communities, to create opportunities for soft skills and expertise knowledge transfer.

I expect to see EuroNet as a catalyst for unleashing the power of collaboration between PH residents all over Europe in the search of healthcare promotion and policy changes initiatives implementation, to have an active role in the research of projects of high scientific value at a local or national level that have potential to be shared and applied at higher levels, help the countries to establish a national commission in case they don't have it and promote joining the network for those who already have one but still didn't join EuroNet, hoping the network will have more countries contributing to a better connection in a near future and spread the best practices worldwide, contributing to breakthrough collaborations addressing complex healthcare challenges.

An advantage in having a network sharing knowledge is to share expertise to be applied in our system and improve it; leveraging all countries public health residency strengths would help us to reach a greater impact in a healthier Europe and World.

I have great expectations regarding the potential of this network and its impact on my personal growth within the world of public health and I also hope to actively contribute to its development throughout my residency. Looking forward to the winter meeting and to have the opportunity to get to know better the network.

See you in Lisbon!

FAQ about Euronet MRPH

How can I be part of Euronet MRPH?

- If your country is a member of Euronet MRPH you can become a member by filling in our membership form, available in our website. After that your National Committee will contact you for further information.

How can I be part of Euronet MRPH, if my country is not a Euronet MRPH member?

- As an individual you can apply to Euronet MRPH, but your country won't have voting right in some decisions. But you'll still be able to take action in a lot of issues.

What can I do to collaborate with other PH residents?

- Currently there are 6 working groups and you can be part of them. There is also the possibility to propose a new working group and gather a team to work with you.
- If you wish to be even more involved - National commission member, board member, leader - please consider contacting your National Commission. They will give you any information you need.

How can Euronet MRPH help me to acquire an european internship?

- Your Euronet MRPH Internship Lead is always looking for interesting opportunities for you. You can find a list of placements and universities that you might apply to, or ask for help pursuing a desired placement send an email to internship@euronetmrph.org.

Are there any regular meetings that I can attend?

- Yes, Euronet MRPH organizes 3 international meetings each year. The next one will be held in Lisbon, from 30th November until 3rd December.

Are there any other benefits for me?

- Yes, in some particular congresses and conferences you might have access to special fees. You will also receive specific information and collaboration calls in your inbox.

You can find more details about this questions in our [website](#).



euronetmrph.org



Find all the information you need about:

- How to become a Euronet Member;
- Detailed information about residency in Public Health;
- Current working groups;
- Available internships;
- Current partnerships;
- Past and present newsletters.

If you want to be part of Euronet MRPH and collaborate with us, send us an email to mrphnet@gmail.com.



EURONET
MRPH

YOUNG PUBLIC HEALTH IN EUROPE

EURONET MRPH WINTER MEETING

high level
speakers ❄️

dynamic
workshops ❄️

networking
opportunities ❄️

unique social
program ❄️

1st November
registration opens
limited spots available

30TH NOVEMBER
1ST DECEMBER
SCIENCE AND KNOWLEDGE

2ND - 3RD DECEMBER
SOCIAL AND NETWORKING

LISBON, PT

ESCOLA NACIONAL DE SAÚDE PÚBLICA



centro nacional de investigação em
SAÚDE PÚBLICA

all information available at www.euronetmprh.org/yphe

#FeelTheYPHE

Science and Knowledge		Social and Networking	
30 th November	1 st December	2 nd December	3 rd December
Opening session 09:30 / 10:00	Smart cities 09:30 / 10:00		
From data to knowledge 10:00 / 11:15	Coffee-break	Euronet MRPH General Assembly 10:00 / 13:00	
Coffee-break	Elevator Pitch 09:30 / 10:00		Belém 5km/10km Half Marathon
Workshop sessions 11:45 / 13:15	Wrap up 09:30 / 10:00		One day trip to Sintra or Cascais
Lunch	Lunch	Lunch	10:00 / 16:00
Education/training in PH 14:30 / 16:00	Euronet MRPH Working Groups 14:30 / 16:00	Visiting Belém 14:30 / 20:00	
Workshop sessions 16:30 / 18:00			
Dinner and Fado	Dinner and Disco	Dinner and Party	

In the last couple of years there has been a growing focus on scientific sessions during EuroNet's meetings. In line with that trend, the Portuguese team proposed to host the next EuroNet winter meeting as a Scientific Congress. Today we can share with you that that ambition is taking form. We are preparing an event that will gather public health professionals with different expertise that will share with us their experiences, views and challenges in 3 main sessions and in a set of several workshops. For now we would like to let you know that our sessions will focus on 3 main topics: data and knowledge, Public Health Training and smart cities.

The workshop opportunities will range from the major key players in global health to high impact communication and the inside of an epidemiologist' mind, among many others. And we will have the usual EuroNet General Assembly and Working Groups. More to be shared very soon.

And, of course, in one of the trendiest cities in Europe right now, you will also be very well served with the social program we are preparing for you. There is one catch... Spots are limited and registration is already available.



euronetmrph.org/yphe

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EURONEWS MRPH

Send your contributions for the next newsletter to
communication@euronetmrph.org



Special EPHC Competition

Pick up a EuroNet sticker
at our Euronet/ASPHER stand.



**Tweet a pic of yourself tagging
@EuronetMRPH**

before midnight Friday 3rd November for your chance to win a prize.

**The winner will be announced Saturday morning and the
prize ready to collect from the EuroNet/ASPHER stand.**