

EUR<sup>○</sup>NET  
MRPH

# VIENNA SUMMER MEETING

25th – 27th July 2019



**European Network of Medical Residents in Public Health**

**Summer Meeting**

25<sup>th</sup> – 27<sup>th</sup> July 2019  
Vienna, Austria

Congress Booklet

## ***Willkommen in Wien!***

Dear EuroNeters,

It is with great pleasure that the Vienna Organizing Committee welcomes you to Vienna! As you have already realized this meeting is characterized by a few firsts: it is the first meeting ever organized in Austria and the first meeting organized by an individual member rather than a full EuroNet member (National Association). It is no wonder this created much interest among the EuroNet ranks and that we are happy to welcome more than 60 residents from Europe to Vienna!

Vienna, the capital of Austria, is located in the heart of Europe and was a historical seat of the Austro-Hungarian Empire, which also made it a capital of culture and science. If you are a fan of Mozart, Freud, Landsteiner, Semmelweis, Beethoven, Schiele or Klimt, you are definitely at the right place. After the aftermath of the Second World War, Vienna has grown into a modern vibrant city that boasts one of the best quality of life in the world. Whether you want to immerse yourself in culture and spend days looking at art, or maybe you want to explore the history-filled streets or maybe take a relaxing day at the beach, Vienna can accommodate your wish.

After the wonderful spring meeting in Torino, where there was a lot of emphasis on new technologies, rise of fake news, machine learning and digital epidemiology, the topics at the Vienna meeting will bring us back to where public health started – communities. A wonderfully eclectic group of experts will give lectures on a variety of topics pertaining to vulnerable communities and public health interventions. As many of the lecturers do not have a medical background, the meeting will be multidisciplinary which will definitely lead us to interesting discussions.

The meeting will take place at the Center for Public Health, the only place that offers a public health residency program. Public Health has a long-standing history in Austria, however the residency in public health is relatively new starting with the first residents in 1983 as "social medicine" and as of 2015 as "public health". The Center has 6 dedicated departments with around 80 employees and conducts innovative research, serve as consultants to various governmental institutions and teaches various subjects primarily students of medicine and dentistry but also other courses (such as Master of Public Health, Gender Medicine, Insurance Medicine, etc).

We sincerely hope that you have a great meeting that will be both fun and informative and that you use the time to network with other residents, exchange ideas and most of all have fun!

*Servus aus Wien!*  
*Laura, Joana & Igor*

## Table of content

1. Meeting Schedule	4
2. Meet the experts	6
3. Meeting Venue	8
4. EuroNet Dinner	10
5. Welcome party	12
6. Getting around Vienna	13
7. Places to visit	17
8. Contact	21

# 1. Schedule Vienna Meeting

Day	Time	Event	Persons	Location
Thursday 25 <sup>th</sup> July	13:30 – 14:00	Registration	Vienna OC	LH 1
	14:10 – 14:40	Welcome	Dr. Grabovac	LH 1
	14:40 – 15:00	Welcome and Update on EuroNet MRP Activities	Dr. de la Torre, Dr. Manca, Dr. Mihor	
	15:00 – 16:00	Welcome from the Centre of Public Health and Medical University of Vienna – <i>Public Health Residency in Austria</i>	Prof. Schwarz	
	15:00 – 16:00	<i>Plenary 1: Elderly population and Public Health Interventions</i>	Prof. Dorner	LH 1
	16:00 – 16:30	Coffee Break		SR 3
	16:30 – 16:45	Presentation of EuroNet Leads and Working groups	Dr. Thomas, Dr. D'Ambrosio, Dr. Rallo	LH 1
	16:45 – 17:00	Break into lead areas	All participants	LH 1
	17:00 – 18:30	Lead Areas	All participants	LH 1, SR2, SR3
	18:30 – 19:00	Short report on Lead Areas Activities	Dr. Thomas, Dr. D'Ambrosio, Dr. Rallo	LH 1
	19:00 – 19:15	Closing Day 1	Vienna OC/Dr. Grabovac	LH 1
	19:15 –	Welcome Party		Lib/SocR
Friday 26 <sup>th</sup> July	09:30 – 10:00	Registration Day 2/Wake up coffee	Vienna OC	LH 1
	10:00 – 11:00	<i>Plenary 2: Medical Anthropological Perspectives on Female Genital Mutilation/Cutting (FGM/C) – key issues and health care provision for migrant women in Europe</i>	Dr. Jirovsky	LH 1
	11:15 – 12:15	<i>Plenary 3: Measuring hospital Care Using Quality Indicators</i>	Dr. Fischer	LH 1
	12:15 – 13:15	LUNCH BREAK	Vienna OC	SR 3
	13:15 – 14:15	<i>Plenary 4: Cost-Effectiveness of Interventions in Mental Health</i>	Mag. Laszewska	LH 1
	14:15 – 14:45	Coffee Break	Vienna OC	SR 3
	14:45 – 15:45	<i>Plenary 5: Experiences of discrimination based on sexual orientation and other</i>	Mag. Schönherr	LH 1

		<i>grounds in Austria</i>		
	15:45 – 16:00	Mini break	Vienna OC	LH1
	16:00 – 17:00	<b>Participants' presentations</b>	All participants	LH1
	17:00 – 17:15	Closing day 2	Dr. Grabovac	LH1
	20:00	Conference dinner		
Saturday 27 <sup>th</sup> July	10:00 – 11:00	Get together/wake up coffee	Vienna OC	LH1
	11:00 – 13:00	EuroNet Assembly	EuroNet Board	LH1
	13:00 – 14:00	LUNCH BREAK	Vienna OC	Lib/SocR
	14:00 – 16:00	Open Discussion	EuroNet Board and Leads	LH1
	16:00 –	Closing/Pictures	Vienna OC/EuroNet Board	LH1

Legend:

LH1: Lecture Hall 1 (First and a half floor)

SR2: Seminar room 2 (Second floor)

SR3: Seminar room 3 (Second floor)

Lib: Library (First floor)

SocR: Social room (First floor)

## 2. Meet the Lecturers

### Assoc. Prof. Dr. Thomas E. Dorner, MPH



Thomas is a medical doctor by training having graduated from the Medical University of Vienna, and has done his Master of Public Health training at the Medical University in Graz. After finishing training for a general practitioner, he joined the Center for Public Health as a researcher and later as an associate professor in Public Health. He is also the President of the Austrian Public Health Association and the Deputy Head of the Department of Social and Preventive Medicine. His interests include health aging, physical activity and nutrition interventions and the associations of social support and health.

### Claudia Fischer, Mag., MMSc, PhD



Claudia is a health economist working as a post-doc at the Department of Health Economics. After finishing masters in Health Care Management in Austria, she completed a master in Public Health from Erasmus University in Rotterdam and a third one in Health Science (major in "Lifestyle and Chronic Disorders") from Vrije University in Amsterdam. She went on to complete a PhD program in Public health at Erasmus University in Rotterdam. In her research, Claudia focuses on health system performance measurements and the development of quality indicators.

### Elena Jirovsky, Mag. phil., Dr.phil.



Elena is a medical anthropologist working at the Department of General Practice and Family Medicine. She has studied social and cultural anthropology in Vienna and then did her doctorate in medical anthropology doing research on female circumcision and genital mutilation in Burkina Faso. As a medical anthropologist, she has researched a wide range of topics covering the role of social sciences in medicine (from HIV to antimicrobial resistance) as well as assessing the health care needs of refugees.

### Agata Laszewska, MPH, PhD cand.



Agata is a health economist working at the Department of Health Economics as a post-graduate researcher. She has obtained her Master in Public Health from the Jagiellonian University in Cracow. She is focused on measuring quality of long-term care as well as assessments of quality in health care with a special focus on multidisciplinary research. Agata has also joined the Polish team that created the first national health system's performance index and lead the team on issues on epidemiology of immune-mediated inflammatory diseases.





### Daniel Schönherr, MA

Daniel is a senior researcher at the Institute for Social Research and Consulting (SORA). Trained social scientist, Daniel has started working on evaluations of the Austrian consumers but soon progressed to more elaborate research conducted for Eurobarometer. Daniel joined SORA in 2010 and focuses on a variety of social and political issues, especially focusing on discrimination at work. In 2018 he was the project leader of the largest survey on discrimination at the workplace in LGBTIQ\* people in Austria.



### Ao. Univ. Prof. Dr. Bernhard Schwarz

Bernhard is a public health specialist and a Professor of public health at the Department of Social and Preventive Medicine. As one of the first Austrian residents in Social Medicine (today Public Health) he finished his residency in 1993, and continued to work at the Medical University and in 1997 became a Professor. Bernhard is interested in health promotion at work and aspects of work-life balance. He has also lead the Institute for Health Economics of the Karl Landsteiner Society, was President of the Austrian Health Economics Society and is the current president of the Karl Landsteiner Society (dedicated to promoting medical research). He is currently deputy in charge of resident training and represents the Public Health specialists and residents in the Austrian Chamber of Medical Doctors.

### 3. Meeting Venue

Center for Public Health  
Medical University of Vienna  
Kinderspitalgasse 15  
1090 Vienna



*How do I get there?*

Well, depending where you are here are some options:

#### 1. Underground (U-Bahn)

- Easiest way to reach the Center is with the **U-Bahn line U6** (the brown line). You should get out at Alser Straße station and take the exit KINDERSPITALGASSE. Once you exit the U-Bahn station you will see the building immediately across the street to your right. Cross the street and there you are.

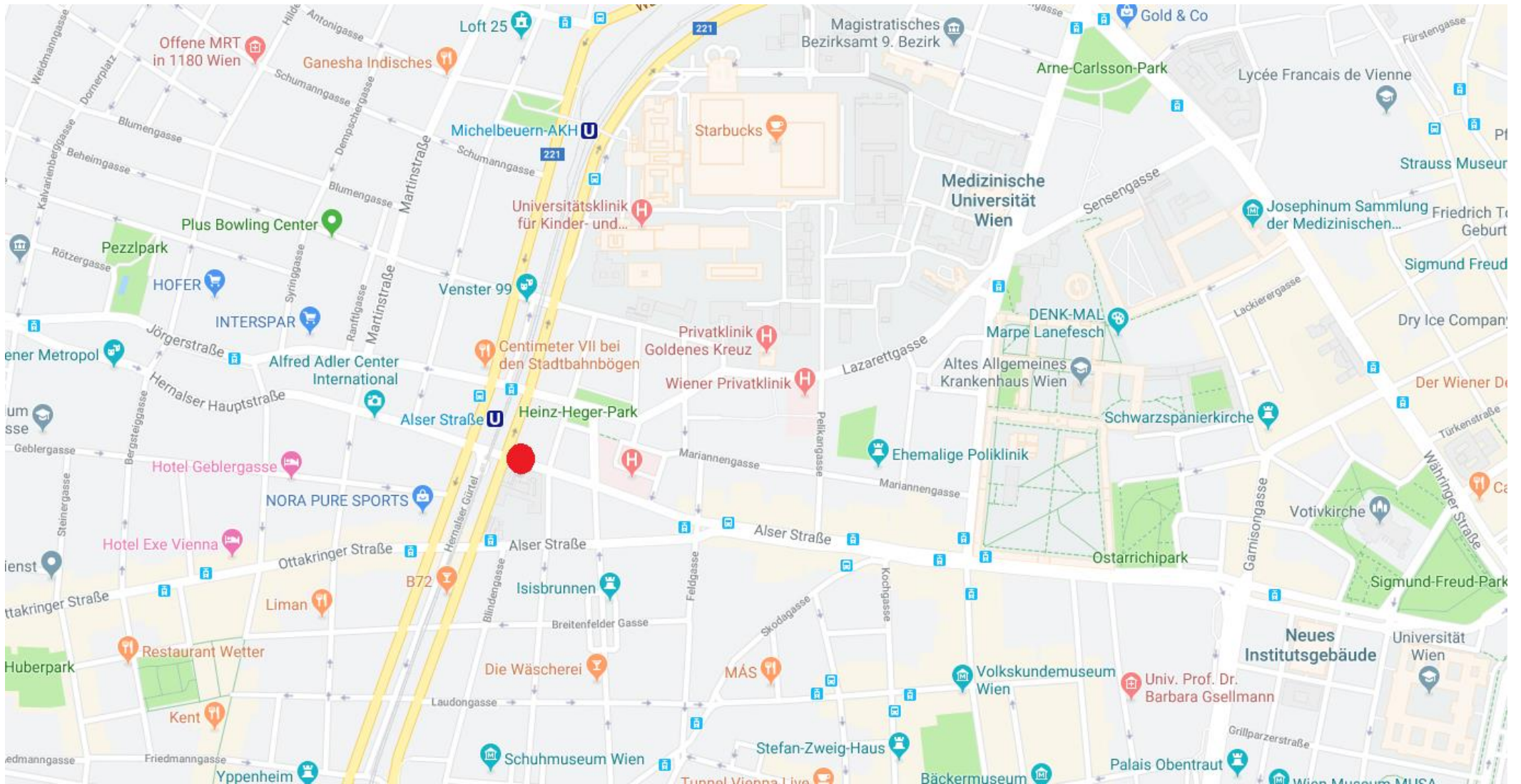
#### 2. Tram

- If Tram is easier from your location the Center can be reached via tramlines 43 and 44. If you take line 43 you get out at Alser Straße station, Center is again across the street (2 min away). If you take tramline 44, get off at Hernalser Gürtel. At this case you need a 4 min walk along the Hernalser Gürtel to reach the Center.

#### 3. By Foot

- If your accommodation is near or you wish to up your daily step count you can certainly walk. Long-term benefits of walking have been proven by scientists and we can discuss the pros and cons in Vienna. For the purposes of all you walkers I am attaching a map screen shot of the surrounding area. However, Google Maps will guide you as well I am sure. Venue is the red spot on the map.





## 4. Meeting Dinner

For those who will be joining us for the meeting dinner, we will be hosting it at the Sälrm Brau. Sälrm Brau is a traditional Viennese/Austrian brewery/beer garden where you will have a chance to try some traditional Viennese cooking and of course get drunk on a variety of beers some that are also locally produced there.

### ***Where is it?***

Salm Braü is located at Rennweg 8, 1030 Vienna next to the Belvedere Palace (the on the official meeting poster).

### ***How do I get there?***

Easiest is to take the tramline 71 and get off at “Unteres Belvedere” station. The Salm Braü is a few minutes walk from there.

Another option is to the City Rail (S-Bahn) until the Rennweg station and then have a 10 min walk to the restaurant.

### ***When do I need to be there?***

Tables are reserved from 8:00 o'clock. In interest of not losing our tables, I suggest you all try to be as punctual as possible.

### ***What will we eat?***

A predetermined 3 course menu was agreed with the board and the restaurant and will include a salad starter (Mozarella and tomato), some classic Viennese chicken breast with never to be missed potato salad and apple-Strudel with vanilla sauce.

### ***But I am a vegetarian!***

Not a problem, those of you who said you were vegetarians when applying will get a vegetarian dinner.

### ***But I have allergies!***

Those who mentioned nutritional allergies in the form can be at ease. I spoke to the restaurant and they confirmed none of the allergens mentioned are to be found in the served meals.

### ***And beer?***

Rather than to go into the whole beer-wine discussion, I opted to leave the drink situation open. So, drinks are to be ordered there, whatever your heart desires.

That also means the drinks are **NOT included** in the dinner price you will pay at registration. But this was also discussed and this will make it easier for you guys to control your spending.

### ***So how much do I need to pay?***

The dinner costs are **23,50 Euros**, and any additional food or drink you wish to order you can pay for yourself there.

### ***Is there a dress code?***

If it was October I would say Lederhosen and Dindrl, but as its mid-summer, I only expect the hard-core beer drinkers among you to come dressed in the right beer drinking gear. Otherwise, it's a relaxed atmosphere to eat, drink and laugh so causal is best.

### ***I cannot wait!***

Just a little bit longer my young Padawans! Here are a few pics:





## 5. Welcome Party

One of the main reasons you are coming here is to meet and network with other residents. From countries where you are fortunate to have more than one, you might want to meet and exchange information about your country, maybe meet up and start a conversation with people from other countries and get to know what other residents are going through.

Luckily, in Vienna we will be joined by some non-residents so there will be many opportunities to strike up multidisciplinary conversation.

### ***What is planned?***

Right after the EuroNet leads get their group tasks done and we have a short overview of the activities we will continue to drink and be merry then and there at the Center.

We will be serving some wine, beer, and hard spirits. Juice will be there for non-alcoholics and alcoholics who want to mix it with alcohol.

Music will be played. Conversation will flow.

Other activities such as “Academic Speed Dating” might happen.

### ***When is it over?***

Well, when we run out of alcohol, you are welcome to go and let me clean up. Volunteers for the “clean-up crew after-party” are welcome! 😊

## 6. Getting around Vienna

As was already mentioned, Vienna boasts a very high quality of life, and one of the reasons for this is the excellent network of public transportation. There are more than 5000 stations and 100 million people pass through the public transport system. At your disposal are:

### 1. The Underground (U-Bahn)

Easily recognized by the blue-white "U" symbol. There are a total of 5 lines (U1, U2, U3, U4, U6; they skipped U5 that is now being constructed). They crisscross the city and are a very handy way to get around town. For our meeting you will need the U6 (the brown line)- more info under "Venue".

### 2. The City Rail (Fast Rail or Schnellbahn or S-Bahn)

Again easy to notice as it has a blue-white "S" symbol. S-Bahn goes mostly above ground and connects the outside parts of the city with the city center, as well as connecting the region with Vienna. You are allowed to use the S-Bahn, as well as regional trains for a ride within the city limits for the price of a normal fare. You will use the S-Bahn to go to and from the Airport and some to reach the Meeting Dinner.

### 3. Trams and Busses

The classics. The Viennese trams (locally called "Bims") are a charming way to view the city. If you take the line "D" you can use it as a sort of sightseeing ride as it will take you past some of the most iconic parts of the city centre. Busses are here as well, great for within district travel if you find your accommodation outside walking distance of the Underground.

### Tickets (Within city limits)

Standard ticket: 2,40 € (this is a ticket for one direction. Generally, there is no limit to this ticket but your ride cannot be broken with a longer pause.)

Day ticket: 5,80 € (this ticket is valid since its validated till 1 AM the following day)

24h ticket: 8,00 € (valid for 24h as of validating)

48h ticket: 14,10 € (valid for 48h as of validating)

72h ticket: 17,10 € (valid for 72h as of validating)

**Every ticket is valid for ALL modes of transportation within city limits.**

## Ticket Purchase

Tickets are easily bought at any of the many machines (there will be a few at every U-Bahn and S-Bahn station, as well as on some tram stops and within some trams).

You can also buy tickets on your phone using the WienMobil App:

<https://www.wienerlinien.at/eportal3/ep/channelView.do/pageTypeId/66533/channelId/-3600061>

The WienMobil App can also be used as a map and information service when using the public transportation.

## Ticket Validation

Tickets (outside train tickets) usually need to be validated at a validation machine. It's a small stamping machine, which stamps your ticket with date, hour and direction.

Vienna public transport functions on an honor system. Unlike most undergrounds you do not need a ticket to enter the train, this goes for S-Bahn, busses and trams too. However, Viennese are notoriously good when it comes buying tickets and very little percentage of people cheat. Ticket controls may happen by an inspector in the vehicle, or outside when exiting a station. **The fee for not having a valid ticket is 105 Euros to be payed on the spot.** If you cannot pay, the Inspector is within his/her/their rights to ask you for your ID and issue you with a payment order.

## Airport-City Centre

If you arrive to Vienna International Airport it is very easy, fast and affordable to get to city centre:

### Option 1: S-Bahn

This will set you back **4,80** Euros. You can buy a ticket at the ticket machine. The train (Direction Floridsdorf) runs approximately every 30 min. You will need around 25 min to reach the city centre. Benefit of S-Bahn is that it cheap, quick and makes more stops along the way making it easier to get out perhaps closer to your accommodation.

### Option 2: The City Airport Train – CAT



CAT is a privately operated railway that runs high-speed trains from Airport to Wien Mitte (smaller train station located in the center of city). It makes no stops in between, and the ride is 16 min long. The trains are modern, comfortable and fast. However, the ticket price is **19 Euros**. The CAT has its own exit and entry at the airport (cannot be missed- it is acid green) and the trains run every 30 min.

Info: <https://www.cityairporttrain.com/en/home>

### **Option 3: Taxi Shuttle Service**

When exiting to the terminal (after baggage and customs) to your left you will see a bunch of airport shuttle taxi services. You can go to one of the service windows and ask how much a ride would cost. The price will be set there so no changes after you arrive. If you are coming as a group this may be a good option. The cost should be around **30-40 Euros** (depending on where you are).

If you exit the terminal and go to a "regular taxi" you will pay a bit more, so you can expect **45-50 Euros**.

## 7. Things to see

For a city like Vienna, this is not an easy list to make. There is over 100 Museums in Vienna, and probably double the number of historical sights. Just a few ideas:

### 1. Museums:

- *Leopolds Museum*: mixture of modernistic Viennese Art with a great collection of Klimt and Schiele.  
<https://www.leopoldmuseum.org/>
- *Museum of Fine Art*: everything from middle ages till modernism under one gorgeous roof  
<https://www.khm.at/en/>
- *Museum of Natural History*: lots of stuffed animals, asteroids, dinosaurs and the world famous Stone Age statue of Venus of Willendorf.  
<https://www.nhm-wien.ac.at/en>
- *Belvedere Museum*: all about Klimt, if you wanna see “The Kiss” that’s where you go.  
<https://www.belvedere.at/gustav-klimt>
- *Freud Museum*: All about Sigmund located in his old apartment and clinic.  
<https://www.freud-museum.at/en/>
- *Museum of Contraception and Abortion*: small collection on anything and everything you need to know about abortion and contraception.  
<https://muvs.org/en/>
- *The old Asylum*: housed in the oldest existing European psychiatric hospital, “the Narrenturm” dating from the mid 18<sup>th</sup> century was operated as an asylum for psychiatric patients as a part of the Vienna General Hospital well until mid-19<sup>th</sup> century. If you want creepy, this is where you go.  
[https://www.nhm-wien.ac.at/forschung/anthropologie/pathologisch-anatomische\\_sammlung\\_im\\_narrenturm](https://www.nhm-wien.ac.at/forschung/anthropologie/pathologisch-anatomische_sammlung_im_narrenturm)
- *Mumok*: the museum of modern art. If you want art you don’t understand but pretend you do, this is a place for you.  
<https://www.mumok.at/>
- *Mozarts House*: the only preserved house where the great composer lived in Vienna. All about the Boy Genius in one place.

<https://www.mozarthausvienna.at/en>

- *Albertina*: Great collection of art from all over the world.  
<https://www.albertina.at/en/>
- And the Theatre Museum, the Film Museum, the Music Museum...take your pick.

## 2. Sightseeing:

- *Belvedere Palace*: Houses the Klimt Museum and has a wonderful park to take a walk around. It is also the Palace on the EuroNet Meeting Poster.  
<https://www.belvedere.at/en>
- *Schönbrunn Palace with the Gardens*: the summer residence of the Habsburgs. UNESCO heritage site is the most visited place in Vienna. Can take a tour inside or just take a relaxing walk around the massive gardens. Climb on top the hill to the Gloriette for a great view.  
<https://www.schoenbrunn.at/en/>
- *Hofburg Palace*: the current offices of the President was a former main Palace of the Emperors.  
<https://www.hofburg-wien.at/en/>
- *Heldenplatz*: Wonderful square behind the Hofburg housing the University Library.  
<https://en.wikipedia.org/wiki/Heldenplatz>
- *Stephansdom*: the Cathedral of St Stephen, Viennas gothic Cathedral (Started in the 12<sup>th</sup> Century built and rebuild till the 14<sup>th</sup>).  
<https://www.stephanskirche.at/>
- *The Secession House*: iconic museum with the world famous dome made of gold leaves.  
[https://en.wikipedia.org/wiki/Secession\\_Building](https://en.wikipedia.org/wiki/Secession_Building)
- *The Parliament* (currently under renovation): Famous Parliament building with the famous Pallas Athena statue in Seccesion Style, currently under renovation.  
<https://www.parlament.gv.at/ENGL/GEBF/>
- *The City Hall*: in neo-gothic style constructed in mid-19<sup>th</sup> century.  
<https://www.wien.gv.at/english/cityhall/>

- *Stadtpark*: home of the gold statue of Johann Strauss, and the penguin fountain.  
<https://www.wien.gv.at/english/environment/parks/stadtpark.html>
- *Prater*: a large central park in Vienna, great for some sport or recreation. Maybe ride a horse? Or take a rollercoaster ride in the Theme Park?  
<https://www.praterwien.com/en/home/>
- *Riesenrad*: the true icon of Vienna, the oldest operational Ferris Wheel. For a while it was also the tallest.  
<https://www.wien.info/en/sightseeing/prater/giant-ferris-wheel>
- *Old buildings of the General Hospital*: now a campus of the University of Vienna, fun walk around a hospital grounds that stood there since 1697! Has a few fun student bars.  
<https://www.wien.info/en/locations/altes-akh>
- *Josephinum*: the old Military Medical College, now houses the Department of Medical History.  
<https://www.josephinum.ac.at/en/>
- *Volksgarten*: Especially to be visited when the roses are in bloom.  
[https://en.wikipedia.org/wiki/Volksgarten,\\_Vienna](https://en.wikipedia.org/wiki/Volksgarten,_Vienna)
- *Flak towers in Augarten*: Towers built as aircraft defense during the Nazi regime now are a monument to the atrocities of the Second World War. Three Towers remain can be see scattered in Vienna. Only to be seen in Berlin, Hamburg and Vienna.  
[https://en.wikipedia.org/wiki/Flak\\_tower](https://en.wikipedia.org/wiki/Flak_tower)
- *The Botanical Gardens*: pretty plants, great walk in the bamboo woods. Free of charge.  
<https://www.wien.info/en/locations/botanical-garden>
- *The Vienna ZOO*: the oldest Zoo in Europe. Giant pandas anyone?  
<https://www.zoovienna.at/en/zoo-and-visitors/visitor-information/>
- *The Setagaya Park*: a Japanese park in Vienna? Oh yes.  
<https://www.wien.gv.at/english/environment/parks/setagaya.html>
- *House des Meeres*: the Vienna aquarium housed in one of the old Falk Towers.  
<https://www.haus-des-meeres.at/en/Home.htm>
- *Danube Island*: run, sunbathe, swim, walk, bike, enjoy life by the water  
<https://www.wien.info/en/locations/danube-island>
- *Danube Channel*: cool bars, fake sandy beaches, alcohol and pretty people

<https://en.wikipedia.org/wiki/Donaukanal>

- *Karlsplatz*: An important square in Vienna, housing the Carls Church and buildings of the Technical University.  
<https://en.wikipedia.org/wiki/Karlsplatz>
- *Hotel Sacher and the Sachertorte*: when in Vienna, cake and coffee is a must. And among all the classic Austrian cakes, the Sacher Torte remains the most famous. The secret recipe is unchanged in this 5 star luxury hotel since 1832. Coffee, Sachertorte with whipped cream then you can call yourself Viennese.  
<https://www.sacher.com/en/original-sacher-cake/sacher-cafe-en/cafe-sacher-wien-3-2/>
- *Viennese Opera*: besides the wonderful building the Opera free of charge projects the shows to people who want to sit, stand or lie next to it and enjoy the music.  
<https://www.wiener-staatsoper.at/en/>
- *Building and the Atrium of the University of Vienna*: Great short round with the busts of all the famous people who taught there. Maybe Landsteiner, the developer of the modern blood group classification? Or Freud? Or Kaposi?  
<https://www.univie.ac.at/en/>
- *Danube Tower*: A tall tower and a rotating restaurant. How about basejumping?  
<https://www.donauturm.at/en/>
- And many many many more things

Travel guide: <https://www.wien.info/en>

## 8. Contacts

### Organizers:

#### **Igor**

Mobile phone: 00436606120287

Office phone: 004314016034897

**Laura** (not a local but as the EuroNet President will know where Igor is)

Mobile: 0034633339028

### Important numbers:

Police: 133

Fire Department: 122

Ambulance: 144

European Emergency Number: 112