
EURONEWS



EUR  NET
MRPH

#24

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OPENING SYNOPSIS

Dear EuroNetters,

The second issue of 2023 is finally out!

Summer is almost gone and we have been working non stop!

Some of the topics we are going to talk about in this number are:

1. How was the Spring Meeting of June 21-23 in Genova?
2. What about the European Scientific Contest?
3. Can I host the Winter Meeting in my city? Yes you can.
Keep reading!

Also, we have some surprises... Some of them brought by the French and the Slovenian National Comissions. And some brought by the Newsletter Team and the B&L of EuroNet ;)

We hope you enjoy this new edition of the Newsletter.

Sincerely,

EuroNet Newsletter Team: Enrico Errico, Tanja Carli, Antonio Pujol de Castro, Federico Cussotto.



SPRING MEETING

This year's Spring Meeting took place thanks to the School of Hygiene and Preventive Medicine of Genova and the Board&Leads of EuroNet.

This year's event, entitled "HEALTH IN A CHANGING WORLD", took place on 21-23 June. The event was free of charge for Public Health residents and more than 200 participants from 8 different European countries assisted. In addition to this, more than 20 speakers of national and international calibre participated.

On June 23rd, the Scientific Contest took place, and Congress participants had the opportunity to present their scientific work and, at the end of it, the winner was announced during the EuroNet final assembly. Want to know who was the winner? Keep reading!

The event was held in the classrooms of the University Department of Architecture & Design (DAD), in particular in the Aula Magna (Church of San Salvatore) and inside the Department itself, where other classrooms and the cloister were used to host plenary lectures and workshops, as well as the catering service.

The venue for the social event was the prestigious Villa Chiossone in Corso Italia, a masterpiece of Coppedè-art that charms with its refined yet unconventional forms and its location facing the Gulf of Genova that represented a perfect setting for an unforgettable time together.

Together with the EuroNet event, for the Italian Residents, one of the 4 annual events of the Consulta degli Specializzandi (the young sector of Italian Socie-

ty of Hygiene, Preventive Medicine and Public Health- SItI) took place on the afternoon of June 23rd. The Consulta degli Specializzandi assembly was held in the congress hall and many public health professionals in training from all over Italy were present.

Below are the link to the Congress page published on the EuroNet MRPH website, where the objectives of the Congress are described and where the final programme can be found.

In addition, an official Instagram page directly managed by EuroNet Board is available at @euronetmrphig, and another one managed by the Organizing Committee, specifically created for the event is available at @euronetgenova2023.

And you can see the [website here](#).

Did you enjoy the Spring Meeting in Genova?

Save the date! Are you interested in nominating your city to host the next EuroNet Spring Meeting?

From September 1st until October 15th you can nominate your city to host everyone's favorite event for young public health professionals!

For more information contact write to contact@euronetmrph.org

The Newsletter Team



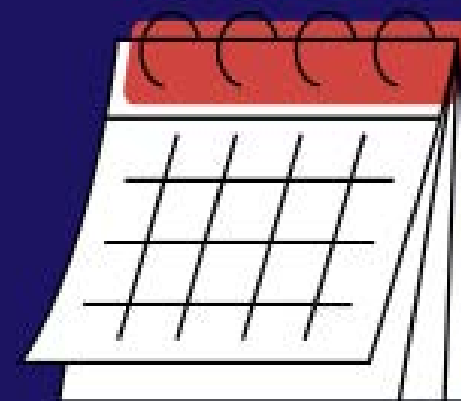
Euronet Spring Meeting application

September 1st

Opening of the application procedure

October 15th

Application deadline



*Save
The
Date*



EUROPEAN SCIENTIFIC CONTEST

The European Scientific Contest (ESC) is, like the Eurovision Song Contest, a competition in which only one resident will gain eternal fame! In both contests, presentation is very important. Do you have what it takes to impress our jury and a hall full of residents? Can you go on stage, take the mic and grasp everyone's attention by your performance? (Sound and lightshow did not fit in the meeting's budget, so it all comes down to you)

The winner gains - as already mentioned - eternal fame. Besides that he or she gets a free ticket to the social program of the Spring meeting in 2024 and free accommodation!

We congratulate **Ellen Cosgrave**, from Ireland for being the winner of the ESC that took place during the Spring Meeting.

Would you like to participate in the next edition? Follow EuroNet on Social Media so you don't miss anything!

By Inge van de Luitgaarden and the Newsletter Team

THE TRIPLE ENVIRONMENTAL CRISIS OF THE EUROPEAN REGION

IT'S TIME FOR ACTION

The European Region is facing an extended period of instability and insecurity, dubbed the “permacrisis” - a term used by the European Health Forum Gastein¹ to emphasize the complex challenges the Region is facing (pandemic, climate change and Russian-Ukrainian war), and how all these will impact and reshape the EU in terms of health and well-being.

Although the “permacrisis” stretches well beyond the pandemic, climate change and war - as there have been multiple, often overlapping, long-term crises compromising the health of millions of people² - environmental health advocacy should be a top priority in public health. As a matter of fact, environmental hazards continue to adversely affect public health in the EU, with air pollution remaining the largest environmental health risk, and a major cause of premature death and disease in Europe.

Besides health issues, air pollution is also one of our era's greatest scourges because it negatively impacts ecosystems, (terrestrial and aquatic), it degrades environments (vegetation, water and soil quality) and it reduces biodiversity.³

Therefore, it is paramount to tackle the “triple environmental crisis” (climate change, pollution, and land degradation/biodiversity loss), and build forward from the covid-19 pandemic to ensure a viable future on this planet.

In order to reshape the countries' policies and proactively address current environmental emergencies, the WHO Regional Office for Europe convened the Seventh Ministerial Conference on Environment and Health (7MCEH), which took place from the 5th to the 7th of July 2023 in Budapest, Hungary.

The three-day program was very intense, including - but not limited to: the plenary sessions (i.e. tackling the “triple environmental crisis”; promoting health and resilient settings; strengthening governance, knowledge and competencies for health and environment); the parallel events (i.e. contaminated sites and waste, research, environmental justice and health equity; heatwaves; building a roadmap to zero-emission health systems); an exhibition and site visits.

It is noteworthy to mention that the conference used several innovative techniques to deliver the message of the “triple crisis” to the participants, such as: roaring cars, to give a first-hand reminder of the importance of bad air quality; the sound of severe storms, torrential rain and bursting rivers, among the devastating effects of natural events enhanced by climate change; cookies with a QR code and the name of a country on top, which enabled to read environmental reports of the selected country within the WHO European Region.

The main outcome of the conference was the signature of the Budapest Declaration,⁴ that urges the countries of the WHO European Region to wide-ranging action in the field of health and environment, aimed at preventing future damage from the “triple crisis” we are facing.

Also, the 7MCEH launched a number of partnerships: many countries, governance, civil society and related organizations signed on to collaborate and to create capacities to embrace integrated, trans-disciplinary and multisectoral approaches in order to reduce the effects of the “triple crisis” and to truly integrate the environment into the One Health framework.

To sum up, here's a take home message by Jane Goodall that inspired the participants at the 7MCEH:

“Collaboration is key – we must work together across different sectors and disciplines and ensure that stakeholder voices from all sectors are consulted and listened to, especially from indigenous communities, in order to bring about a real change. And we must spread the message that every individual has a role to play and makes an impact on the planet every day, and we can choose what sort of impact we make. So, let's work together for changing mindset and stop working for short-term game at the expense of saving the environment for future generations.”



In attendance, there were representatives from nearly all WHO European Region countries, including ministry delegates, academics, and ambassadors from civil society, all rallying at the slogan of “accelerating action for healthier people, a thriving planet, and a sustainable future”.

Figure 1. The Slovenian delegation at the 7MCEH (photo: MCEH)

Importantly, the Budapest Declaration incorporated the voices and concerns of the youth (summarized in the Budapest Youth Declaration 2023⁵), who reaffirmed the need for urgent and scaled up action, and whose message “clean air + green planet = good health for all” was strongly represented throughout the conference. The President of EuroNet MRPH, Francesca Zanni, was one of the panelists in the Youth session.

Literature:

1. European Health Forum Gastein. Europe in permacrisis – pandemic, climate, war. [internet] [cited Aug 8th 2023]. Available at: <https://www.ehfg.org/conference/programme/sessions/europe-in-permacrisis-pandemic-climate-war>
2. WHO. Hans Henri P. Kluge. Statement: The European Region is in a “permacrisis” that stretches well beyond the pandemic, climate change and war. [internet] [cited Aug 8th 2023]. Available at: <https://www.who.int/europe/news/item/27-09-2022-statement-the-european-region-is-in-a-permacrisis-that-stretches-well-beyond-the-pandemic-climate-change-and-war>
3. Environmental health impacts. [internet] [cited Aug 9th 2023]. Available at: <https://www.eea.europa.eu/en/topics/in-depth/environmental-health-impacts>
4. WHO. Declaration of the Seventh Ministerial Conference on Environment and Health: Budapest, Hungary 5–7 July 2023. [internet] [cited Aug 7th 2023]. Available at: <https://www.who.int/europe/publications/i/item/EURO-Budapest2023-6>
5. Budapest Youth Declaration 2023. [internet] [cited Aug 7th 2023]. Available at: <https://www.who.int/europe/publications/i/item/budapest-youth-declaration-2023>

By Tanja Carli

EUROPEAN HEALTH SYSTEMS:



FRANCE



The EuroNet French National Commission, with the collaboration of Lucie Cadon made a Health Country profile and a Health system review.

You can see the whole document clicking [here](#).

These kind of Health Country Profiles and Health System Reviews provide a concise and policy-relevant overview of health and health systems in the EU/European Economic area, emphasizing the particular characteristics and challenges in each country.

Do you want to see more from another countries? You can check the main page of the Organisation for Economic Co-operation and Development (OECD) and compare the different Health Profiles of many European countries [here](#).

If you are interested, the European Health Observatory also does exhaustive reviews of health systems. You can check them out [here](#).

If you are interested in doing the same with your country, we have a template to do so. You can write asking for it to: secretary@euronetmrph.org and we will provide it to you.

By EuroNet French National Commission and Lucie Cadon

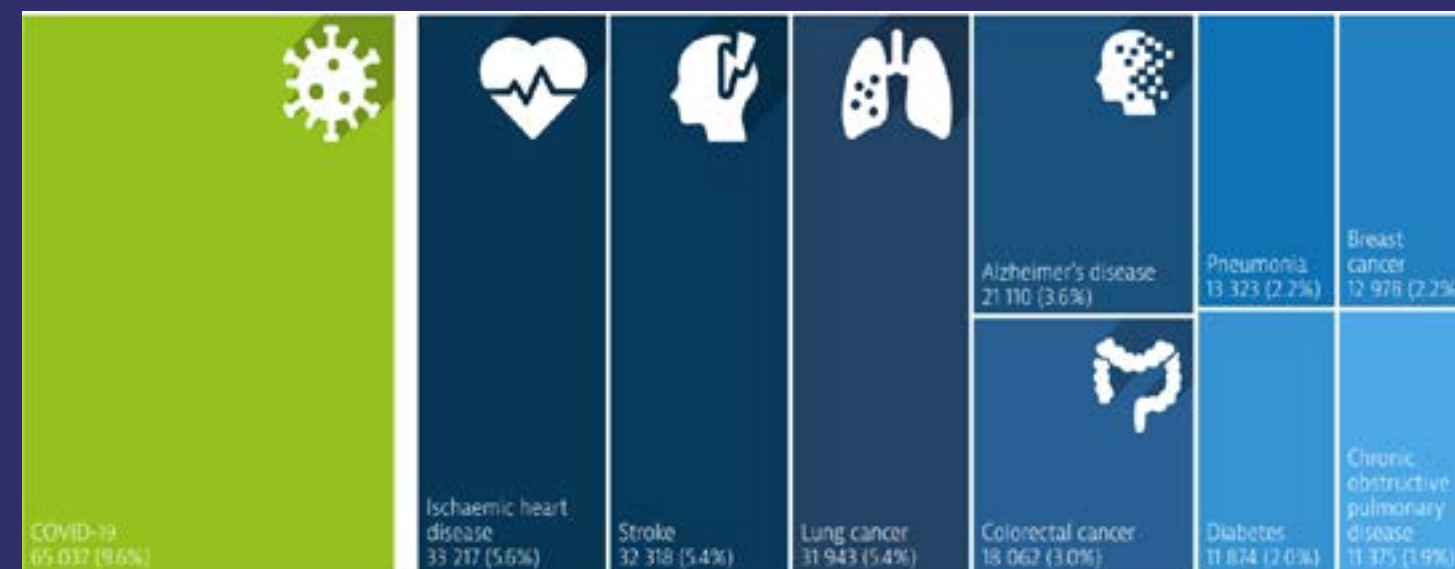


Figure 1. Main causes of death in 2020. Before the pandemic, ischemic heart disease, stroke and lung cancer were the main causes of death.

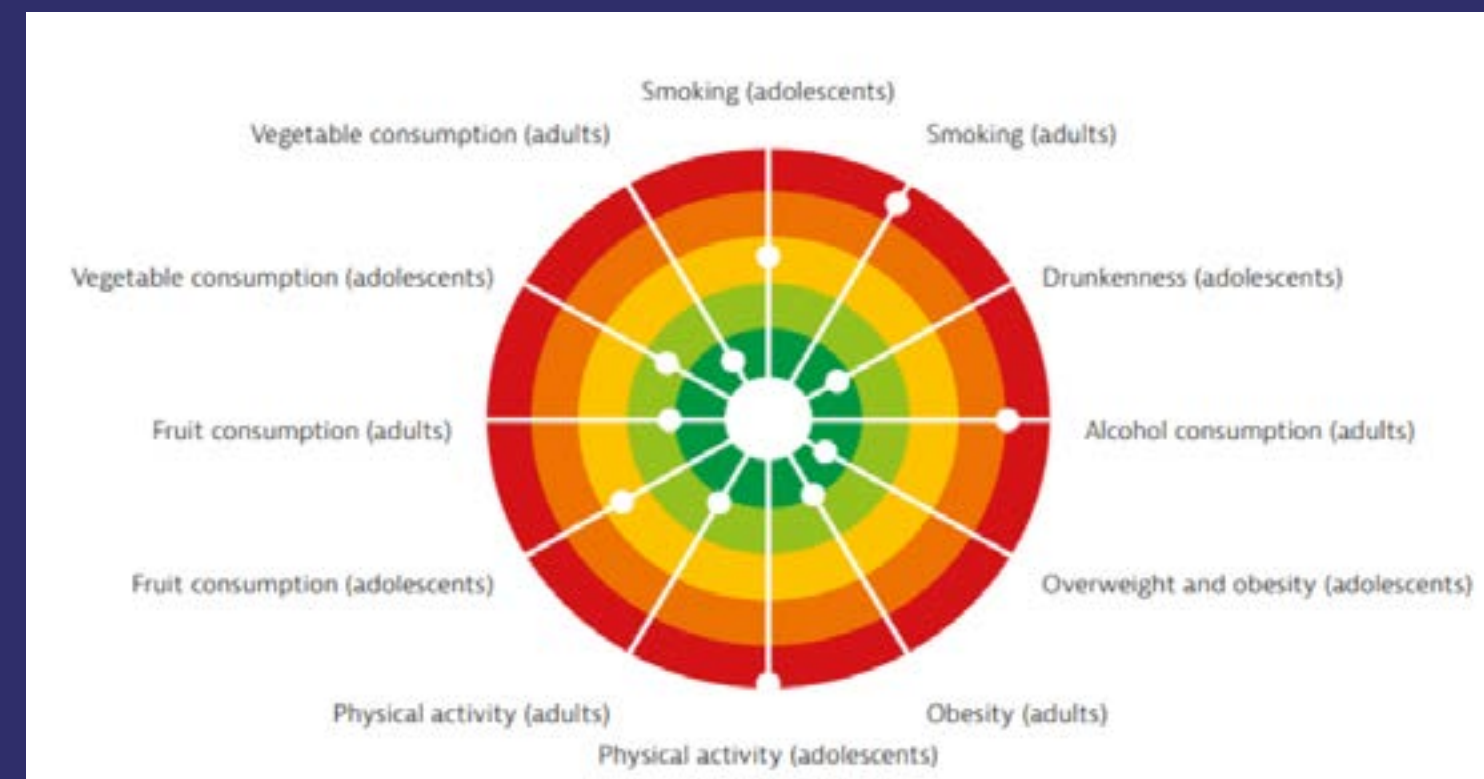


Figure 2. Public Health issues, compared to other European countries.

GLOBAL HEALTH TRAINING AND HUMANITARIAN RESPONSE LANDSCAPE IN FRANCE



Figure 1. Countries where small but trustful NGO's take action.

What is our purpose?

You have a deep passion for public health. You know that diseases know no borders.

You yearn for a career that is both meaningful and purposeful.

Altogether, **humanitarian medicine seems specially made for you.**

But what kind of impact can a physician in public health have in this field?

But what kind of training opportunities lay beyond your home country?

Brace yourself, the French National Commission of Euronet MPRH will provide some answers. Our aim with this paper is to offer Euronetters a concise overview of humanitarian medicine, top-notch training options in France, and potential professional opportunities in this field.

Are you interested? Read the full document [here](#).

By EuroNet French National Commission and Virgil Korsec

Parameter	Health System Support	Health System Strengthening
Scope	May be focused on a single disease or intervention	Activities have impact across health services and outcomes
Longevity	Effects limited to period of activity	Effects will continue after activities end
Approach	Provide inputs to address identified system gaps	Revise policies and institutional relationships to change behaviors and resource use to address identified constraints

Figure 2. Supporting and strengthening.

Click on the flag to be redirected to their own page:



1. [Health in Detention. 11-15 September 2023 in Allschwil, Switzerland.](#)



2. [Strategic Planning for Health Interventions. 18- 22 September 2023 in Allschwil, Switzerland.](#)



3. [Spanish Annual Meeting of Medical Residents in Preventive Medicine and Public Health. 6-7 October 2023 in Madrid, Spain.](#)



4. [Connecting Health & Climate Change. 11- 12 October 2023 in Stockholm, Sweden.](#)



5. [33rd Alzheimer Europe Conference. 16-18 October 2023 in Helsinki, Finland.](#)



6. [16th European Public Health Conference 2023: Our Food, Our Health, Our Earth: A Sustainable Future for Humanity. 8-11 November 2023 in Dublin, Ireland.](#)



7. [European Scientific Conference on Applied Infectious Disease Epidemiology. 22-24 November 2023 in Barcelona, Spain.](#)



8. [Are you interested in the EuroNet Winter Meeting? Go to Article #2 of this newsletter!](#)



SO YOU THINK YOU KNOW ABOUT PUBLIC HEALTH?

1. The triple environmental crisis includes:

- Pollution
- Climate change
- Land degradation and biodiversity loss
- All of the above

2. GBD compare is

- an open-source alternative to ChatGPT
- an interactive tool using estimates from the Global Burden of Disease study
- the term does not exist
- a measure for estimating GBD

3. Environmental waste water surveillance was firstly used to detect and monitor the spread of:

- SARS-CoV-2
- Chickenpox
- Poliovirus
- Norovirus

4. In Public Health Epidemiology, which of the following is a measure of association between an exposure and an outcome?

- logistic regression
- explanatory variable
- non-relative risk
- odds ratio

5. Hepatitis C can lead to:

- Hepatitis D
- liver cirrhosis
- less fun
- all of the above

Answers:

- D. All above.
- B. An interactive tool using estimates from the Global Burden of Disease study
- C. Poliovirus
- D. Odds ratio
- B. Liver cirrhosis. C is also arguable.

Country	Resident	Cite
Turkey	Sükran Peker	Tanriover O, Peker S, Hidiroglu S, Kitapcioglu D, Gulpinar, M. A., Inanici SY, Karamustafalioglu N. The emotions experienced by family medicine residents and interns during their clinical trainings: a qualitative study. Prim Health Care Res Dev. 2023;24:e25. DOI: 10.1017/s1463423623000051
Turkey	Şükran Peker	Peker Ş, Topuzoğlu A. Assessment of adjustment disorder in people with COVID-19 infection. Turk J Public Health. 2023;21(1):59-70. DOI: https://doi.org/10.20518/tjph.1097282
Slovenia	Tanja Carli	Carli T, Košnik M, Zaletel-Kragelj L, Burazeri G, Kukec A. The APISS Questionnaire: A New Tool To Assess the Epidemiology of Systemic Allergic Reactions to Bee Venom in Beekeepers. "Zdrav Varst" . 2023;62(3):137-144. DOI: 10.2478/sjph-2023-0019
Slovenia	Tanja Carli	Rejc T, Kukec A, Carli T, Mlakar A.. Linkage Health and Environmental Data: A Case Study on Asthma Prevalence in Children and Adolescents in Slovenia. Stud Health Technol Inform. 2023;18(302):913-914. DOI: 10.3233/SHTI230307
Spain	Álvaro Flores Balado	Landín E, Marín C, Fanjul G, Plasència A, Naidoo M, Silva N, Cavalcanti D, Flores A, Diago E, Alves F, Rasella D. How Can We Address the Effects of Economic Downturns on Systemic Health Crises?. ISGlobal Policy Briefs. 2023;Series: All-Hazards Preparedness and Response(n.º 52):8.



**KATE
NDOCKO**

A phrase you like?

“I’m not afraid of dying. I’m afraid I haven’t been alive enough. It should be written on every school room blackboard: Life is a playground - or nothing.”
- Jaco Van Dormael

NAME, AGE AND PLACE:

Kate Ndocko, 26, currently commuting between Ispra (Italy) and Lyon (France)

YEAR OF RESIDENCY:

2nd year

HOW DID YOU JOIN EURONET?

I initially joined the research group when we were still undecided on a research topic, wavering between migrants’ access to healthcare systems and the mental health of caregivers for children with schizophrenia. Subsequently, I held the position of Head of the French National Commission from 2021 to 2022, and currently joined the board as its 2023 Treasurer!

WHAT DO YOU LIKE THE MOST ABOUT EURONET?

The camaraderie shared with a truly competent, driven and motivated set of individuals

WHAT’S YOUR GOAL OF THIS YEAR ON EURONET?

Improve EuroNet financial sustainability and green our bank !

YOU’RE GOOD AT...

Finding innovative solutions to improve efficiency, speaking my mind and giving praise when it’s due :)

YOU’RE BAD AT...

Working in August! The summer heat worsening with climate deregulation and our urban areas not being conceived for those dreadful temperatures create just the perfect conditions to retain heat and humidity.

40 degrees celsius are meant to swim in lakes not policy making.

SOMETHING VERY FEW PEOPLE KNOW ABOUT YOU:

The meaning of my tattoos (and maybe even that I have tattoos!)

A SONG?

Dolly Parton - 9 to 5

IF YOU WERE A CHARACTER, WHO WOULD YOU BE?

Nellie Bly !
Not per say a character but a pseudonym. One of Elizabeth Cochrane a pioneer of clandestine reporting who in 1890 completed at 26 years old a world tour in 72 days.
A truly remarkable woman!

DEFINE EURONET IN A WORD:

Zusammenhalt

MAKE A WISH:

May those with the least craving for power be the ones to acquire it most.

A phrase you like?

Life is relationships, the rest is just details.

NAME, AGE AND PLACE:

Francesca, 31, Bologna (Italy – but I lived in Sweden for a while and consider it my second home!)

HOW DID YOU JOIN EURONET?

I was just back from my masters abroad and was really missing the international vibe. A friend of mine, then member of the Italian National Commission, told me about EuroNet and that the elections for the next board were open, and I thought: that's what I was looking for!

WHAT DO YOU LIKE THE MOST ABOUT EURONET?

The great energy and expertise that its members have. We are young professionals, and yet you get to meet so many talented and committed people you can learn from! It is also amazing to get to weave international friendship that – I hope – will last long in our professional and personal lives.

WHAT'S YOUR GOAL OF THIS YEAR ON EURONET?

My goal as a President is to make EuroNet grow even further as an organisation: we are working to enlarge the Board and Leads with new positions (stay tuned with our social media for news on those!) that will allow EuroNet to expand its areas of work; have in mind to organise a second in-person meeting this year, after the great success of the Spring Meeting in Genova; and we have scaled up the network's collaborations with WHO in many areas, bringing EuroNet's voice to many international meetings and conferences, also thanks to the work of the previous board who had EuroNet join the WHO Youth Council.

YEAR OF RESIDENCY:

2nd

YOU'RE GOOD AT...

Maintaining contacts with far-away friends.

YOU'RE BAD AT...

Bureaucracy. A n-i-g-h-t-m-a-r-e.

SOMETHING VERY FEW PEOPLE KNOW ABOUT YOU:

I run a marathon when I was 18. It took me 5 hours, but I never stopped or slowed down to walking!

A SONG?

Crocodile Rock by Elton John.

IF YOU WERE A CHARACTER, WHO WOULD YOU BE?

Definitely Tantor, the elephant from Tarzan.

DEFINE EURONET IN A WORD:

Opportunities!

MAKE A WISH:

I hope all the new board and leads positions we are thinking to add will be filled next year and am very curious to see where this would lead EuroNet!

**FRANCESCA
ZANNI**

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