

# EURONEWS



#25

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[euronetmrph.org](http://euronetmrph.org)



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# EURONET AT A GLANCE

Dear EuroNetters,

Here we present the first issue of 2024. You may ask: what has happened in EuroNet in the past months?

Just to name a few:

- Immunization Event in Copenhagen. Our colleagues B&L Maryoli and Lucía were there as representatives of EuroNet on a session on vaccine misinformation.
- The Winter Meeting: with on Tuesday, December 19th the presentation from Juliette McHardy, Consultant on the Commercial and Economic Determinants of Health at the World Health Organization. Talked about the strategies and tactics used by the corporate world to affect public health decision making
- YHO Study Session on Human Rights. B&L Kate and Antonio had the opportunity to participate in an all youth event organised by the Youth Health Organisation with the support of the Council of Europe, from the 15th to the 21st of February in Strasbourg.

Two EuroNet publications:

- Joint Healthcare Workforce Paper with EPHA available here. Publication made with contribution from B&L Giorgia and Lucía.
- Have you Say. Open mic from the European Commission where Euronet expressed its view on the midterm evaluation of the EU4Health Program, written by B&L Giorgia, Marta, Lucia, Kate

Youth4health and WHO Youth Council opportunities / events:

- Launch of the Youth4health LinkedIn page.
- Join a series of remote and in-person Youth Assembly sessions and preparatory processes in the lead-up to the 2024 UNECE Regional Forum on Sustainable Development (RFSD), in Geneva, Switzerland 13–14 March. Apply here

*Board and Leads 2024*





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# MALARIA IN FRANCE?

Close your eyes and imagine:

It is summer, you are enjoying your holidays before starting your residency in public health. You imagine your future daily life as a quiet and compliant routine between research and administrative internships, in a comfortable ergonomic chair, with some stressful and challenging moments, of course. But you would say the norm.

But few years later...

You have left your European comfort zone and find yourself in the Amazon. After six hours of pirogueing in the sun, you are along the river, at the heart of the rainforest, in one of the goldminers' logistical areas across the border between French Guiana and Suriname or Brazil, you speak Brazilian-Portuguese (which you have never known before) and you distribute diagnostic and therapeutic kits and carry out health education activities together with Brazilian facilitators. You are part of a scientific partnership working on malaria elimination.

Now, think this is reality!

French Guiana is a region of France located in the Amazon, South America. Malaria is still endemic there. Over the past 20 years, the malaria burden has decreased significantly in the region. Currently, French Guiana is committed to eliminating malaria from its territories by 2025 (WHO E-2025 initiative).

There, the main malaria reservoir is a mobile and hard-to-reach population. The population is mainly Brazilians (95-98%) involved in artisanal and small-scale gold mining in the

Amazon rainforest. They live deep in the forest, in a vulnerable situation with reduced access to the health system. This population poses a challenge for the fight against malaria.

Since 2018, a public health intervention research project was implemented, focusing on this population. It provides access to diagnosis and treatment through the distribution of kits called 'Malakit'. Malakit consists of kits for self-testing with rapid diagnostic tests and for self-treatment in cases of malaria. Starting in 2023, another project, called 'Curema', expands the basis of Malakit to also include the prevention of relapses of *Plasmodium vivax* malaria. Curema allows asymptomatic individuals at risk of carrying hypnozoites to be offered a presumptive treatment called 'radical cure'. By preventing future relapses, the aim is thus to reduce the number of human hosts capable of transmitting the parasite.

In this context, it is clear that malaria elimination represents a global health challenge which transcends national borders. Its resolution requires the implementation of solutions based on global cooperation, it calls attention to health equity and access to care for all and, it requires a multidisciplinary and population-based approach. The French commitment to WHO E-2025 ensures a dynamic and enthusiastic environment for public health research and interventions. It is exciting to work in and be part of it!

If I have succeeded in getting you curious, just click over there, watch the [documentary](#), visit the project [website](#) and read our [papers](#)!

*By Carlotta Carboni, Capacity Building Lead*





# FEMALE LEADERSHIP IN PUBLIC HEALTH

On February 9th, the first edition of the “Women’s Leadership in Public Health” conference took place at the headquarters of the Carlos III Health Institute, organized by the Association of Residents in Preventive Medicine and Public Health (ARES MPSP), an event committed to promoting gender equality and strengthening female leadership in the field of Public Health. These sessions provided a unique space for sharing experiences and empowering a community of professionals interested in the topic.

The conference was opened by the Deputy Director-General of Research at the Carlos III Health Institute (ISCIII), along with two medical residents: Elena M<sup>a</sup> Gras and Catarina Santos Ribeiro. Former Director-General of Public Health, Pilar Aparicio Azcárraga, and other professionals discussed their career paths in teaching, research, and public health administration. Topics also included female leadership in public health associations, with input from AMASAP, EJE Group, and FUNDADEPS. Workshops on female leadership and Intersectionality in Health were led by Ele Dimitrova and Junio Pereña, respectively.

This event takes on special significance by framing these sessions within the Women and Girls in Science Week, celebrated a month before International Women’s Day. This strategic timing not only pays tribute to and highlights the valuable contributions of women in the scientific field but also marks an exceptional starting point for the creation and consolidation of strong and lasting collaborations.

By situating our sessions in this context, we seek to highlight the importance of female participation in science, research, and epidemiology, as well as underscore the crucial role of women in advancements in Public Health. Thus, these sessions not only represent a space for the exchange of knowledge but also a meeting point for weaving networks that promote cooperation, inspiration, and the empowerment of women in Public Health. Throughout our academic and professional careers, several of us have had the privilege of encountering women, healthcare workers, scientists, and leaders, who excel in their fields and serve as examples for the teams they work with. However, we are aware of the invisibility of these and many other professionals. We know this thanks to research that provides us with objective data, both nationally and internationally, on the gender inequalities we find in leadership positions in Public Health. We also know that the presence of women in leadership roles has a real impact on population health. These sessions stem from the concern generated by this dissonance, combined with the desire to create a space for the exchange of ideas, experiences, and recognition, with the aim of training and empowering professionals from different areas who share our interest in Public Health.

*By Catarina Santos Ribeiro  
Spanish National Commission*







# SPRING MEETING 2024 M A D R I D

SAVE THE DATE  
**SPRING MEETING**  
MADRID, SPAIN  
MAY 9, 10, 11 | 2024



EURONET  
MRPH

ARES

ASOCIACIÓN DE RESIDENTES  
DE MEDICINA PREVENTIVA  
Y SALUD PÚBLICA

Dear members of EuroNet MRPH,

It is a pleasure to announce that **ARES MPSP** is organizing the next EuroNet MRPH Spring Meeting, which will take place from May 9 to 11, 2024 in Madrid!

This event will bring together public health residents from all over Europe, offering a space for the exchange of experiences, knowledge, and collaborations in the field of public health.

What is the theme of the event?

The main topic will be Public Health Advocacy.

This congress will address crucial issues related to the demand and promotion of policies and actions that strengthen public health. It is a unique opportunity to explore innovative strategies and essential tools to advocate for the well-being of our communities.

**What will be the venue?**

The Ministry of Health in Madrid will be the epicenter of our discussions and reflections. This iconic setting will provide the perfect backdrop for conversations about the present and future of public health advocacy in Europe.

**European Scientific Oral Communications Contest: Share your Research!**

In addition to the fascinating plenary sessions and round tables, we are excited to announce the European Scientific Contest. This is a great opportunity for residents to present their innovative work and contribute to the advancement of public health and compete for a prize!

**Do you want to know more?**

Follow our social networks and visit our website where we will publish information about the speakers, the detailed program and participation opportunities.

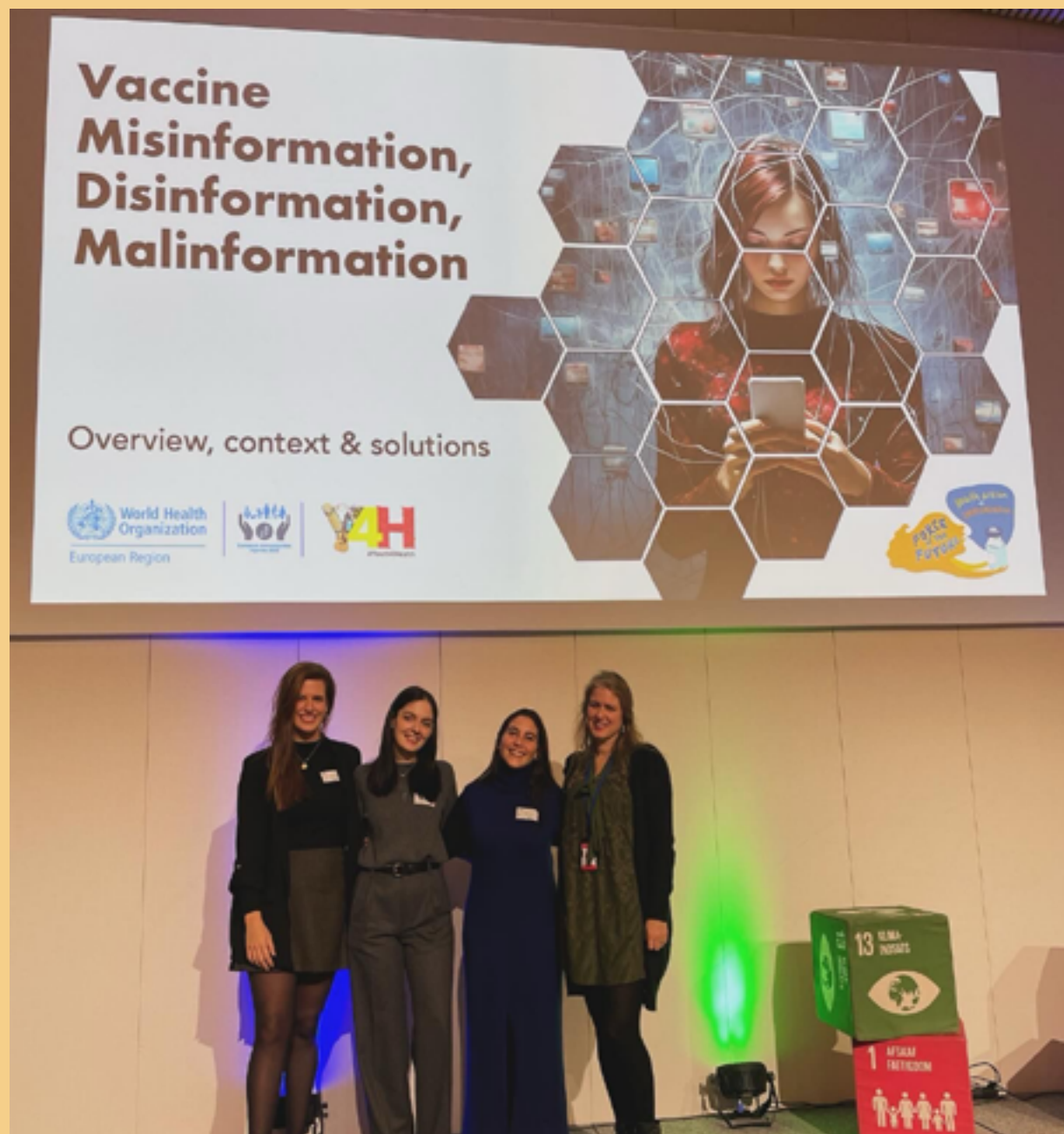
**Do you want to collaborate with the organization?**

If you want to propose speakers or topics for the scientific program, or ideas for the social plan, send an email to [springmeetingmadrid@aresmpsp.es](mailto:springmeetingmadrid@aresmpsp.es)

This conference is more than an event; is a platform for collaboration, learning and advocacy for public health in Europe. Save the date and join us in Madrid for Spring Meeting 2024!

*By ARES MPSP Organizing Committee*





## IMMUNIZATION EVENT IN COPENHAGEN

During the Force of the Future - Youth action for Immunization event our EuroNet MRPH Secretary Lucía Rodríguez-Borlado Salazar and internship Lead Maryoli Veloso had the privilege of being actively involved, and participated in the co-creation process with Heather Saul and Katja Čič from WHO Regional Office for Europe, and ESCMID - European Society of Clinical Microbiology and Infectious Diseases to design our session on: "Vaccine Misinformation, Disinformation, Malinformation. Overview, context & solutions" This involved brainstorming, idea sharing, and incorporating diverse perspectives to ensure the session met the needs of the all the participants.

We also presented our results of the EuroNet MRPH study about "TRAINING ON VACCINE COMMUNICATION OF PUBLIC HEALTH MEDICAL RESIDENTS IN EUROPE" done in collaboration with the Nationals Commission of EuroNet MRPH. Thank you very much to all of you who collaborated.

## EUROPEAN PUBLIC HEALTH CONFERENCE

At the EPH Conference in Dublin we co-organized a capacity-building session at the pre conference event "Master that elevator: how to effectively pitch you research to policy makers. Capacity building session for young professionals with the amazing team of Roxandra Simonescu-Colan and Monica Georgiana Brînzac from EUPHANxt EUPHA - European Public Health Association

We started the day with two amazing sessions , Marleen PM Bekker "Translating research results for policymakers and funders" and Razvan Chereches with "Delivering a presentation - using all your skills".

During the second part of the workshop our participants had the opportunity to put in practice what they had learnt on how pitch their research to policy makers in a presentation of 2 minutes, and we had 3 winners! Congratulations to all of them, there were great presentations! And thank you very much to our jury members, Maaïke Droogers, Emilia Aragón de León and Marius I. U.





Click on the flag to be redirected to their own page:



1. World Congress on Design and Health, April 11th - 14th, Milan



2. Spring Meeting EuroNet MRPH and Reunión Intermedia ARES MPSP. 9-11 May 2024, Madrid



## SO YOU THINK YOU KNOW ABOUT PUBLIC HEALTH?

### 1. The built environment includes:

- a) Buildings
- b) Houses
- c) Streets
- d) All of the above

### 2. Epidemiology is the study of...

- a) Immunization
- b) patterns and determinants of health and disease conditions in a defined population
- c) genetic diseases
- d) How to use mathematics

### 3. The ozone layer is present within the:

- a) Stratosphere
- b) Ionosphere
- c) Ozonosphere
- d) Exosphere

### 4. Which of the following international conferences defined the concept of health promotion:

- a) ICPD
- b) Beijing conference, 1995
- c) Ottawa conference, 1986
- d) Habitat II

### 5. What graphic would you use to show a curve of survival:

- a) Histogram
- b) Pie chart
- c) Box diagram
- d) Kaplan-Meier

Answers:

- 1. D.
- 2. B.
- 3. A.
- 4. C.
- 5. D.







# #EuroNettersSkills Box

## Skill focus: communication

Hey there! Did you know that effective communication is a vital skill for public health professionals? It's the art of conveying information and ideas in a way that motivates and influences your audience. Whether you're speaking to an individual, a group, or the public, your communication skills are critical.

That's why I want to share some fantastic resources with you that can help you strengthen your communication skills. Let's get started!

- First up, you'll find a [MOOC](#) on Coursera that covers how to define audience-appropriate communication and craft a clear, concise core message. It's an excellent way to gain new insights and to refine your communication techniques.
- The World Health Organization has also developed a [Strategic Framework](#) for effective communication based on six principles to ensure effective communication. It's an essential resource that you can refer to whenever you need to communicate something important on health.
- If you're looking for a good read, then you should check out the book "How to Speak with Confidence in Public" by Edie Lush. It's an excellent guide that will help you improve your public speaking skills and boost your confidence.

## Initiatives from EuroNet partners who work with education.

The Association of Schools of Public Health in the European Region (ASPHER) and the Global Consortium on Climate and Health Education (GCCHE) have collaborated to organize the European Climate Change and Health Course. It is a free online course that will take place on Tuesdays from Feb 6th, 2024 - April 9th, 2024 from 12:00-13:30 CET. You can find more information on the [flyer](#) or by contacting [tara.chen@aspher.org](mailto:tara.chen@aspher.org)

## Online platforms

Also, did you know that the World Health Organization has a free online learning platform called [OpenWho](#)? They offer courses on a wide range of public health topics, and the best part is that they're open-access, multilingual, and available since 2017! It's definitely worth checking out.

## Contribution to the Box

Do you happen to know of any interesting MOOCs? Have you read any amazing books lately? Perhaps you're looking for more information on a particular skill? Or maybe you've heard about a super upcoming event or webinar? Let's help each other out by sharing our recommendations! You can do so by contacting us at [capacitybuilding@euronetmrph.org](mailto:capacitybuilding@euronetmrph.org)

*By Carlotta Carboni  
Capacity Building Lead*





# LYVIO LIN

www.euronetmrph.org

EuroNet MRPH Newsletter



A phrase you like?

“I want the world to recognize with me  
the open door of every consciousness.”  
- Frantz Fanon

**NAME, AGE AND PLACE:**

Lyvio LIN, 28, from the Caribbean, living the Parisian dream.

**YEAR OF RESIDENCY:**

5th and last year of residency ! I did an extra year compared to the usual curriculum in France to specialize in Health Administration.

**HOW DID YOU JOIN EURONET?**

In my very first month of residency, November 2019, I met enthusiastic EuroNetters at the European Congress of Public Health. The network was about to change B&Ls and there was a vacant internship lead position so I candidated and got elected !

**WHAT DO YOU LIKE THE MOST ABOUT EURONET?**

MRPH can look small at a city scale or country magnitude, but we are so much stronger together ! The networks gathers diversity in perspectives, understanding and practices in our job. At the same time we share the same vibrant aspiration to enhance health in our countries, Europe and the world. EuroNet is a chance for us to be seen, heard, and make a difference at larger scale... but it is up to us to craft our ship, seize opportunities and reach our goals!

**YOU'RE GOOD AT...**

I enjoy creating friendly atmosphere with the person I appreciate : genuine and vulnerable talks, a good laugh, dancing, singing. Joyful self-expression to enhance fulfilling relationships and trusting communication.

**YOU'RE BAD AT...**

Getting out of my bed !

**WHAT'S YOUR GOAL OF THIS YEAR ON EURONET?**

This year, we aim to increase and consolidate the financial capacity of the network. Last year's board have initiated a process of application toward European fundings that we will push forward. We will also explore other sources of support (grants from health ministries, public health agencies or institutes, sponsorship or partnership with health corporations, insurances, health specialized media...). Such application or partnership processes give visibility to the association and its realization. These additional means will help us offer or facilitate more impactful research and capacity building opportunities. It would also give us preparedness to face any unpredictable expenses in the forthcoming years. Lastly, it would allow the network's representatives to attend international high-level meetings without tapping into their personal budget.

**SOMETHING VERY FEW PEOPLE KNOW ABOUT YOU:**

I hesitated a lot with becoming a professional pilot.

**A SONG?**

Future People - Alabama Shakes

**IF YOU WERE A CHARACTER, WHO WOULD YOU BE?**

A child in an Amelie Nothomb's novel.

**DEFINE EURONET IN A WORD:**

Bold!

**MAKE A WISH:**

I wish for MRPH to realize that we are an answer to most of the top issues our genera-

A phrase you like?

**“I like good strong words that mean something...”**

**Louisa May Alcott, Little Women**

**NAME, AGE AND PLACE:**

Giorgia Soldà, 31 (arg), between Bologna and Stockholm

**YEAR OF RESIDENCY:**

4th

**HOW DID YOU JOIN EURONET?**

Helping out the communication lead with the newsletter in 2021, then applying to be part of the Italian National Commission, which I was for 2 years!

**WHAT DO YOU LIKE THE MOST ABOUT EURONET?**

The energy that comes from a highly motivated group, the amazing talent of my peers, the willingness to not follow the “normal” path and bend to traditional dynamics, the courage to explore and the scarcity of fear!

**WHAT’S YOUR GOAL OF THIS YEAR ON EURONET?**

Find EuroNet core identity, explore its values and the battles we want to fight together, and start fighting them!

**YOU’RE GOOD AT...**

Having fun and laughter with friends, organize very detailed spreadsheets for trips!

**YOU’RE BAD AT...**

Being calm and patient if I am excited or in a hurry!

**SOMETHING VERY FEW PEOPLE KNOW ABOUT YOU:**

I did bungee jumping when I was 16 in New Zealand!

**A SONG?**

Paspatou by Parra for Curva

**IF YOU WERE A CHARACTER, WHO WOULD YOU BE?**

An old nickname is Russel from Up (I used to be a scout). I like traveling and exploring and most definitely my actions are guided by my strong beliefs!

**DEFINE EURONET IN A WORD:**

Possibilities!

**MAKE A WISH:**

Equal rights for all people!

**GIORGIA  
SOLDÀ**

KNOWING YOU

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