
EURONEWS



EUR  NET
MRPH

#26

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EURONET AT A GLANCE

Dear EuroNetters,

Didn't you get to come to the Spring Meeting that we held in Madrid on May 9-11th? Don't worry, in this second issue of 2024 we want to make you feel as if you were here with us!

As usual, we also have some space for the upcoming events, the quiz (we have tried a different format this time), the wall, where we can see some of the studies that some of our peers have published and the Skill Box created by the Capacity Building Team.

Remember, this is just a teaser, if you want to know more, you can check EuroNet MRP social media and web page!

Have a great summer!

Board and Leads 2024



MINISTERIO
DE DERECHOS SOCIALES
Y AGENDA 2030

MINISTERIO
DE SANIDAD

MINISTERIO
DE CONSUMO



AGENDA
2030





10/05/2024

SPRING MEETING 2024 M A D R I D

Under the theme of “From Opportunity to Policy Impact: Public Health Advocacy in Action,” more than 150 European residents gathered in Madrid from May 9 to 11 to advocate for the role of “Public Health Advocacy” at the Spring Meeting Madrid 2024. Organized by the Association of Preventive Medicine and Public Health Residents (ARES MPSP), the event addressed the role of youth, planetary health, the destigmatization of mental health, universal health coverage and equity, the commercial determinants of health, and the health of migrant communities. The event was held at the Ministry of Health of Spain.

The opening ceremony featured the participation of Director General of Public Health and Health Equity (DGPH), Pedro Gullón, who celebrated the youth’s role in public health advocacy and emphasized the importance of putting health on all policy agendas. The President of EuroNet MRPH, Marta Caminiti praised the growth of the network and the importance of a united voice in public health. The Coordinator of ARES MPSP, Antonio Pujol de Castro highlighted the power of unity and associationism, acknowledging the contributions of various institutions. And the President of the Organizing Committee, Maryoli Veloso Fraigola emphasized our collective responsibility in public health advocacy and celebrated the event’s sustainability efforts, including vegan catering to reduce our carbon footprint.

Among the speakers were representatives from different national and international associations such as WHO, the EPHA, the EUPHA, YHO, Planetary Health Alliance, Save the Children, the International Organization for Migration, ISGlobal, Spanish Society of Family and Community Medicine, Salud por Derecho, Association for fair Access to Medicine, CEEM, and National School of Health (ENS).

Francesca Zanni, advisor in the Quadripartite working group on Youth Engagement for AMR (WHO, FAO, UNEP, WOH) and former President of EuroNet, stated that youth was a crucial stakeholder in public health. This is not only

because they represent a significant portion of the world’s population but also because youth brings expertise to the table. “We must ensure that the engagement opportunities we participate in are truly meaningful, and for that, we need to demand respect from the institutions that involve us. Being in a position to advocate for youth is a privilege influenced by financial independence, social factors, nationality, and caregiving responsibilities at home. Once you occupy that space, strive to keep it accessible to everyone.”

The event concluded on May 11 at the Ateneo de Madrid with the European Scientific Contest. The event was sponsored by Spanish Society for Healthcare Quality and Spanish Society of Preventive Medicine, Public Health and Health Management, and had the collaboration of the Ministry of Health, the Madrid DGPH, the Ateneo de Madrid, Spanish Society of Epidemiology, Madrid Public Health Association.

Maryoli, President of the OC said: I would like to thank the organizing committee for ensuring that this event showcases our commitment to sustainability and social responsibility. We’re really proud that this event has been organized without any financial support from the industry, thanks to the EuroNet B&L and the collaborating societies that have supported us. In line with our commitment to sustainability, we’ve opted for vegan catering, not only for its low carbon footprint but also to support local and social economies. By choosing locally sourced vegan options, we aimed to reduce our environmental impact while contributing to the growth of our community.

Antonio Pujol de Castro, Coordinator of ARES MPSP, stated “The world is changing and medical and health professionals must be agents of social change for equity.” Summaries of the panel discussions can be found on our SM social media channels.

Thank you very much to all of you who participated, and we will see you at SM25!



Welcome Ceremony

Pedro Gullón Tosio - General Director of Public Health and Equity

Marta Caminiti - EuroNet MRPB President

Antonio Pujol de Castro - ARES MPSP Coordinator

Maryoli Veloso Fraigola - Spring Meeting Organizing Committee President

day 1

Youth Advocacy: Making our voices heard

Katja Čič - International Youth Health Organization representative

Francesca Zanni - Advisor, Quadripartite Working Group on Youth Engagement for AMR (WHO, FAO, UNEP, WOAH)

Beatriz Arranz - Youth Ambassador at the Association of European Cancer Leagues

Moderators:

Giorgia Soldà - Medical resident in Bologna, Italy, EuroNet Advocacy Lead.

Lucía Rodríguez-Borlado - Medical resident in Lyon, France. EuroNet MRPB



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United for Planetary Health

Maria P. Neira - Director, Public Health, Environment and Social Determinants of Health Department (PHE) World Health Organisation (online)

Miriam Navarro Beltrá - Planetary Health Program coordinator , Spanish Society of Family and Community Medicine (semFyC)

Carlos Faerron Guzmán - Senior Advisor, Planetary Health Alliance, Johns Hopkins University. (online)

Hector Tejero Franco - Head of Health and Climate Change in the Cabinet of the Minister of Health

Moderators:

Lyvio Lin - Medical resident in Paris, France. EuroNet MRPH Treasurer.

Lucia Rodriguez-Borlado - Medical resident in Lyon, France. EuroNet MRPH Members Lead.



Participants during the walking tour next to the Royal Palace.



day 1



Destigmatising Mental Health

Marta Carmona - Psychiatrist, Former President of the Madrid Mental Health Association (AMSM)

Moderator:

Marta Caminiti - Medical resident in Perugia, Italy. EuroNet MRPH President.

Catarina Santos Ribeiro - Medical resident in Madrid, Spain. EuroNet MRPH Spanish National Commission, ARES MPSP External Vicecoordinator.

day 2



Universal Health Coverage : The road to equity

Antonio Pascual Gómez - Spanish Council of Medical Students (CEEM) and Asociación por el Acceso Justo al Medicamento (AAJM)

Vanessa Lopez - Salud por Derecho

José Manuel Freire - Escuela Nacional de Sanidad (ENS)

Charlotte Marchandise- Executive Director European Public Health Association (EUPHA)

Moderator:

Antonio Pujol De Castro - Medical resident in Madrid, Spain. EuroNet MRPH Newsletter Lead. ARES MPSP Coordinator.

Commercial Determinants of Health

Monika Kosinska - Global Cross-Cutting Lead, Economic & Commercial Determinants of Health, WHO (online)

May CI van Schalkwyk - Commercial Determinants Research Group at LSHTM (online)

Alba Gil – Policy Manager at the European Public Health Alliance (EPHA) (online)

Pedro Gullón - General Director of Public Health and Equity, MoH.

Moderator:

Sofia Beretta - Medical resident in Marseille, France. EuroNet MRPB Research Lead.



Communities on the move

Santino Severoni - Director of Health and Migration, WHO (online)

Ona Lorda Roure - Advocacy and policy adviser-Catalonia, Save the Children

Elena Val - Migration Health Officer, IOM Regional Office for the EEA (online)

Gonzalo Fanjul - Policy Director Barcelona Institute for Global Health (ISGlobal), Research Director at Fundación porCausa

Moderators:

Valeria Perez Muto - Medical resident in Catalonia, Spain. EuroNet MRPB Spanish National Commission.

Anna Zannoner - Medical resident in Bologna, Italy. EuroNet MRPB Secretary



day 2



The Jury and the Research Lead during the European Scientific Contest.

day 3

Closing day at the Ateneo of Madrid

Sofia Beretta - Medical resident in Marseille, France. EuroNet MRPH Research Lead.

Maryoli Veloso Fraigola - Medical resident in Madrid, Spain. EuroNet MRPH Meetings Lead, Spring Meeting Organizing Committee President

José Manuel Freire - Escuela Nacional de Sanidad (ENS), Coordinator of the Health Sciences Section of the Ateneo of Madrid.



day 3



Participants at the entrance of the Ateneo



The winner of the ESC in the Spring Meeting 2024 was **Diogo Caveiro** from Porto with the work entitled “**Key exposome variables influencing asthma diagnosis in children: Insights from a cohort study**”

Congrats to Diogo for being the winner of the free accommodation and free social program for the next EuroNet Spring Meeting!!

We invite all of you for be part of the Next European Scientific Contest in the Spring Meeting 2025!!

Click on the flag to be redirected to their own page:



1. [Highway to Wellbeing: Improving Mental Health and Physical Activity of Youth through Human Rights. International Youth Health Organization \(YHO\). September 9-12, 2024. Budapest, Hungary.](#)



2. [XLII Annual Reunion of the Spanish Society of Epidemiology \(SEE\) and XIX Congress of the Portuguese Association of Epidemiology \(APE\). September 10-13, 2024. Cádiz, Spain.](#)



3. [Capacity building: Enhancing international youth co-operation in times of war. Council of Europe. October 10-15 2024. Lviv \(Ukraine\) and Lublin \(Poland\).](#)



4. [International Summit on Women Health and Reproductive System \(ISWHRS2024\). October 14-16, 2024, Edinburgh, UK](#)



5. [12th National Congress SIMPIOS \(Società Italiana Multidisciplinare per la Prevenzione delle Infezioni nelle Organizzazioni Sanitarie\), 4-6 November 2024, Palariccione – Riccione \(Italy\)](#)



6. [17th European Public Health Conference 2024, Sailing the waves of European public health: exploring a sea of innovation, Main conference 13 - 15 November 2024, Pre-conferences 12 November 2024, Lisbon, Portugal](#)

SO YOU THINK YOU KNOW ABOUT PUBLIC HEALTH?



**Challenge your colleagues and friends, who will know more?
Share the QR code or click in the link !!
Let's play!**



<https://interacty.me/projects/306a9f069341e387>



Carlotta Carboni
Training-of-trainers program for community health workers involved in an innovative and community-based intervention against malaria among goldminers in the Guiana shield: a quality and effectiveness evaluation

Antonio Lorenzon
Effectiveness of the SARS-CoV-2 Vaccination in Preventing Severe Disease-Related Outcomes: A Population-Based Study in the Italian Province of Bolzano (South Tyrol)

Elena Mazzoleni
Forest Therapy Research in Europe: A Scoping Review of the Scientific Literature

Antonio Pujol de Castro
Prevalence of burnout syndrome in physicians working in Spain: systematic review and meta-analysis

#EuroNettersSkills Box

Topic focus: Climate & Health

Climate change impacts health through a range of channels, including extreme weather events, vector-borne diseases, air pollution, food and water scarcity, and forced migration. This underscores the importance for public health professionals to both mitigate and adapt to these impacts in order to safeguard community well-being.

If you weren't able to attend any sessions from the European Climate Change and Health Course, organized by ASPHER and GCCHE, don't worry. You can access video recordings of the lectures and additional resources [here](#).

If the course wasn't enough for you, here is a series of additional resources that I want to share with you.

- I suggest exploring Climate ADAPT, a platform that offers various tools to assess climate change impacts, vulnerability, risks, and adaptation options on local, national, transnational, and European levels. For more detailed information, check out the [Country Profiles](#).
- For those looking for a fairly challenging read, the 2024 Europe report of the [Lancet Countdown](#) on health and climate change has just been published.
- Lastly, I recommend watching '[Mighty Afrin: in the time of floods](#),' a documentary illustrating the story of a young climate migrant fleeing floods in Bangladesh. It's coming out now in various cinemas!

Upcoming events

I inform you well in advance about the 17th edition of the [European Public Health Conference](#), which will be held in Lisbon on 13-15 November 2024. Don't miss it!

Online resources

- [LSHTM free online courses platform](#): an online platform that offers many MOOCs of The London School of Hygiene & Tropical Medicine.
- If you missed the first day of the 2024 EUPHA week, here is a recording of the High-Level Panel: [Is public health relevant in the new world?](#)

Contribution to the Box

Would you like to understand what Global Health is? Are you considering to follow that path for a career/studies?

Francisco Franco Pêgo, 1st year MRPH in Portugal suggests this MOOC on Coursera: [Essentials of Global Health](#) by Yale University. Taught by Richard Skolnik.

Inequity is a huge issue in public health, and the recent pandemic brought that to the fore again. Are you interested in the topic? Would you like to go deeply into it?

Thoams Roux, 2nd years MRPH in Ireland suggests some excellent books on how inequity negatively impacts health are 'The Spirit Level' and 'The Inner Level' by Richard Wilkinson and Kate Pickett. Both books make use of peer-reviewed literature to show the correlation between inequity gaps and poor health outcomes.

Do you happen to know of any interesting MOOCs? Have you read any amazing books lately? Perhaps you're looking for more information on a particular skill? Or maybe you've heard about a super upcoming event or webinar? Let's help each other out by sharing our recommendations! You can do so by contacting us at capacitybuilding@euronetmrph.org

Capacity Building Team



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SOFIA BERETTA



A phrase you like?

Χαλεπὰ τὰ καλὰ
(Good things are difficult to attain)
- Plato, Republic

NAME, AGE AND PLACE:

Sofia, 26, from Italy, doing my residence in Marseille (France), but based this year in Lao PDR and Cuba

YEAR OF RESIDENCY:

Second

HOW DID YOU JOIN EURONET?

In June 2023, I participated to Genova's spring meeting and decided to get involved with the network. I later had the chance to join the French national commission as its head, and since January I hold the position of research lead for 2024.

WHAT DO YOU LIKE THE MOST ABOUT EURONET?

I love that it's constituted by a group of motivated and driven residents, therefore being very stimulating and enriching.

WHAT'S YOUR GOAL OF THIS YEAR ON EURONET?

To make research opportunities more accessible and known to the network's residents .

YOU'RE GOOD AT...

Identifying issues (and I can be incredibly annoying at it) and finding solutions for them.

Also, making piadine

YOU'RE BAD AT...

Ironing, and it easily shows

SOMETHING VERY FEW PEOPLE KNOW ABOUT YOU:

I took up sewing clothes during covid! I am definitely still a beginner, but I really enjoy it!

A SONG?

Just around the riverbend, from Pocahontas

IF YOU WERE A CHARACTER, WHO WOULD YOU BE?

Jo March, from little women, one of my favorite books since I read it when I was nine. Independent, determined, outspoken, and quite stubborn.

DEFINE EURONET IN A WORD:

Opportunities

MAKE A WISH:

To be able to make my little part in making the world a better place

A phrase you like?

“If you want to go fast go alone, if you want to go far go together”

NAME, AGE AND PLACE:

Anna Zannoner 33 years old Italy

YEAR OF RESIDENCY:

4th year of residency

HOW DID YOU JOIN EURONET?

I Joined Euronet because Giorgia Solda talked about It

WHAT DO YOU LIKE THE MOST ABOUT EURONET?

What i like the most about Euronet Is that you can connect and share opportunities with each others

WHAT'S YOUR GOAL OF THIS YEAR ON EURONET?

My goal of this year is to keep the communication in the team flowing

YOU'RE GOOD AT...

I am good at organizing travels

YOU'RE BAD AT...

I am bad at arriving in time at appointments

SOMETHING VERY FEW PEOPLE KNOW ABOUT YOU:

A think very few people know about me is that I took chinese lessons

A SONG?

More than a feeling

IF YOU WERE A CHARACTER, WHO WOULD YOU BE?

Amelie (from Le Fabuleux Destin d'Amélie Poulain)

DEFINE EURONET IN A WORD:

Discovery

MAKE A WISH:

I Wish to improve myself everyone day



**ANNA
ZANNONER**

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