# Annual Report 2023

European Network of Medical Residents in Public Health

**Board and Leads 2023**

Francesca Zanni - President
Ambrogio Cerri - Vice-President
Lucía Rodríguez Borlado-Salazar- General Secretary
Kate Ndocko - Treasurer
Enrico Antonio Errico - Communication Lead
Inge van de Luitgaarden - Research Lead
Maryoli Veloso-Fraigola - Internships Lead
Bertrand Galet - Webmaster Lead

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# Introduction

Welcome to the Euronet MRPH Board and Leads Annual Report 2023!
This document intends to summarise the work developed in this term. Having a report will allow future teams to look back and detect former issues and successes to better design the work they are responsible for.
The report is structured in two sections: the annual report and the financial report. The former includes EuroNet's main achievements, as well as the main challenges that the team faced. In the latter, you can find the final balance as of December 1st 2023.
For easier reading, we divided it into sections. Each section is related to a specific position within the Board and Leads.

# President

Francesca Zanni, Italy
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**Introduction**

The President of EuroNet is responsible for coordinating the Board and Leads, overseeing the realisation of the Annual Plan and steering the Network through the mandate. She is also EuroNet's official representative, and is thus responsible for representing the network in international events.

For the 2023 mandate, my main goals were:

- to increase EuroNet's participation and weight in public health decision making
- to enhance EuroNet's international presence and visibility
- to establish solid relationships with EuroNet's main partner international organisations (the WHO, WHO Regional Office for Europe, EPHA, EUPHA and WFPHA)
- to establish novel relationships with youth and young professionals' organisations
- to increase the participation of public health residents in international opportunities
- to consolidate EuroNet' structure so that the organisation can more easily participate in international decision-making processes and engagement opportunities within global public health

**Main Achievements**

- **To increase EuroNet's participation and weight in public health decision making:** during the mandate, EuroNet:
    - Became an official member of the **Youth4Health Network**, the flagship youth initiative of the WHO Regional Office for Europe
    - Became part of the **Quadripartite Working Group on Youth Engagement for AMR**, together with another 11 youth and young professionals' organisations from across the world
    - Became an official member of the **WHO Civil Society Commission**, whose aim is to is to strengthen dialogue, foster collaboration and provide recommendations to support WHO on its engagement with civil society at global, regional and national levels to achieve health for all and the objectives of the WHO General Programme of Work as well as to accelerate attainment of health-related SDGs.
    - Acted as **chair organisation of the WHO Youth Council Working Group on Mental Health** (following the commitment by EuroNet President 2022, David Peyre-Costa)

- **To enhance EuroNet's international presence and visibility:** during 2023, I represented EuroNet in 6 international events:
    1. PRET (Preparedness and Resilience for Emerging Threats): WHO, Geneva, April 2023. In preparation of the meeting, we launched a survey investigating the level of preparedness for the COVID-19 pandemic of

public health residents, aimed at identifying strengths and gaps in their preparation for health emergency events. During the meeting, I presented the results of the survey, while also making the case for the economic and (mental) health burden suffered by young people during the pandemic, and advocating for greater involvement of both young people and young professionals in preparedness efforts for the next health emergency.

2. 7th Ministerial Conference on Environment and Health: WHO, UNEP, UNECE, Budapest, July 2023. As a representative for EuroNet, I led one online consultation with young people and youth led organisations on their priorities concerning the environmental crisis. I also contributed to the writing of the Budapest Youth Declaration, which was signed by EuroNet, and participated in a panel advocating for greater partnerships with young professionals in fighting the triple crisis of climate change, biodiversity loss and environmental pollution.
3. Launch of the Youth4Health Network: WHO Regional Office for Europe, Copenhagen, September 2023. As a representative of EuroNet, I was invited to support the launch of the WHO EURO's flagship youth initiative, the Youth4Health Network, bringing together tens of youth-led organisations and individuals from across the Region. The launch was an occasion for advocating for meaningful youth engagement in global public health decision making, including fair compensation, adequate mentorship opportunities and equitable and transparent recruitment processes.
4. Launch of the Quadripartite Working Group on Youth Engagement for AMR: WHO, FAO, WOAH, UNEP, Geneva, October 2023. The Quadripartite Agencies launched a Quadripartite Working Group on Youth Engagement for AMR, aiming to harness the expertise of young professionals and young people in the fight against AMR. As a member organisation, EuroNet was invited to the launch, where we drafted the WG action plan for the next 2 years. The action plan focuses around 3 main areas of work: 1) increase youth visibility in AMR policy making; 2) awareness and capacity building; 3) connecting youth with stakeholders at the World Health Assembly and UN General Assembly 2024. Other member organisations include: WFPHA, IFMSA, IPSF, WMA JDN, ISOHA, CE4AMR, YED Network and Foundation, RBA Initiative, IVSA, One Health Alliance Jordan, Seaohun.
5. International Conference commemorating Alma-Ata 45 and Astana 5: "Primary Health Care Policy and Practice: Implementing for Better Results". I led the working group of young professionals' organisations who were responsible for writing the conference statement. EuroNet's Vice President, Ambrogio Cerri, and other individual members of EuroNet were part of the writing group too. Once the statement was finalised, I was nominated to represent the Youth4Health Network and EuroNet during the conference in Astana, Kazakhstan, where I presented the statement to the conference participants. The conference was also a great occasion for consolidating EuroNet's participation in the WHO EURO Youth4Health Network, and to make the organisation known to the WHO Departments that were present in Astana.

6. COP28: From November 30th, to December 11th, I will be representing EuroNet and the WHO Youth Council at COP28 in Dubai, UAE, where I will take part in two panels on climate change and mental health on behalf of EuroNet and the WHO Youth Council.

- **To establish solid relationships with EuroNet's main partner international organisations (the WHO, WHO Regional Office for Europe, EPHA, EUPHA and WFPHA):**
    - **WHO:** I represented EuroNet in 8 online consultations of youth-led organisations by WHO Departments, units and networks, including those of: Migration, Commercial Determinants of Health, Environment and Health, AMR, Pandemic Preparedness. In addition, I took part in an online consultation eliciting feedback from youth-led organisations on the WHO 14th General Programme of Work and on designing the WHO EURO Youth4Health Network. The majority of these consultations were open to all members of EuroNet, and the calls were transmitted to NCs via email or whatsapp so that they could extend the invite to the public health residents registered to their associations.
    - **WHO Regional Office for Europe:** EuroNet took a leading role in most of the flagship initiatives of the WHO EURO Youth4Health Network for the year 2023, including its launch, the International Conference commemorating Alma-Ata 45 and Astana 5, and a consultation with the Healthy Cities Network, where feedback was asked from youth-led organisations and a call was opened (and forwarded to EuroNetters) for one young speaker to participate in the Network Conference in Utrecht, on November 21-23 2023.
    - **EPHA:** Relationship with EPHA were intensified this year, and resulted in the joint write-up of a paper on the healthcare workforce working conditions, and the active participation of two members of EuroNet's Board and Leads (the General Secretary and Treasurer, Lucia Borlado Salazar and Kate Ndocko) in online and in-person meetings with other EPHA members.
    - **EUPHA:** Relationships with EUPHA were consolidated by collaborating with EUPHANxt, EUPHA's youth section, with whom the Vice President (Ambrogio Cerri), Internship Lead (Maryoli Veloso) and I planned and organised a Pre-Conference titled "Master that Elevator: Master that elevator: how to effectively pitch your research to policy makers. A capacity building session for young professionals" during EUPHA annual congress in Dublin, in November 2023. The Pre-Conference was a second opportunity (after the Spring Meeting) for EuroNetters to meet in person during the year 2023, practise their professional skills and participate in a scientific contest, at the end of which a winner was selected by a jury of senior professionals.
    - **WFPHA:** EuroNet collaborated with the WFPHA and Young WFPHA in preparation of the WFPHA global congress in Rome in May 2023. Following such collaboration, EuroNetters were given the opportunity of chairing or co-chairing sessions at the Congress, and of being part of the

congress' abstract reviewing committee, gaining interesting work experience that could be added to their CVs.

- **To establish novel relationships with youth and young professionals' organisations:** following the end of the mandate, EuroNet has now solid and well established relationships with other global youth-led organisations, both part of the WHO Youth Council, Youth4Health Network or with whom collaborations were established otherwise.

- **To increase the participation of public health residents in international opportunities:** more than 15 opportunities for engagement were shared with EuroNetters throughout the year, including internship posts, consultations, speaking opportunities, and short courses. The opportunities were shared on EuroNet's communication channels and transmitted to National Commissions so that they could spread them through their own social media. A second in-person meeting (after the Spring Meeting) was organised as a Pre-Conference to the Annual EUPHA Congress 2023, providing further opportunities for EuroNetters to meet, network and learn.

- **To consolidate EuroNet' structure so that the organisation can more easily participate in international decision-making processes and engagement opportunities within global public health:** in order to align EuroNet's functioning to the organisation's new international presence, and to increase the number of EuroNetters that could be exposed to EuroNet's new international partnerships, I proposed to add 5 new positions among EuroNet's Leads: the Advocacy Lead, Capacity Building Lead, Members Lead, Meetings Lead and Newsletter Lead. The new positions are expected, respectively, to:
    - help structure EuroNet's international advocacy efforts
    - offer systematic capacity building opportunities to EuroNetters (in collaboration with relevant WHO and other partner organisations' Departments or Units)
    - make reaching out to new young public health residents associations, and federating them, systematic
    - facilitate communications between EuroNet's Board and Leads and the Spring Meeting (and other in-person and online meetings, such as the Pre-Conference organised this year) organising committee, in order to make sure that organised events follow EuroNet's principles as described in our Statute
    - facilitate the engagement of EuroNetters in the regular activities of the network, by regularly showcasing the Network's activities and possibilities of participation

**Main Challenges**

The main challenges during the mandate regarded:

- **Aligning EuroNet's functioning to the functioning and pace of international organisations such as the WHO and others:** the pace of working of many of

the international organisations we have been collaborating with (especially the WHO) was much faster than the internal working of EuroNet. This meant that deadlines for the opportunities we shared were sometimes very tight. The new positions opened among the Leads, by helping distribute the workload within the organisation, should help in this regard, next year.

- **Critical Incidents:** during the mandate, there have been a couple of “incidents” regarding unrespectful working practices within the Board and Leads. Solving these situations via whatsapp or video call can be very difficult. Thus, I suggest hiring a group facilitator in case the same situation happens again, in order to help the group smoothly go back to respectful working practices and smoothing internal strained relationships.

# Vice-President

Ambrogio Cerri, Italy
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**Introduction**

In line with the 2023 Annual Plan, the 2023 Vice President mandate has been focused on expanding partnerships with third-party Associations in Public Health and promoting membership between other countries in European Region. Based on that, the main achievements and challenges were as follows:

**Main Achievements**

- **Membership expansion:** During the Spring Meeting, the Youth Section of the National Association of Public Health Specialists of Turkey (HASUDER), which was part of the network until 2019, officially re-joined EuroNet. Therefore, HASUDER invited the Vice President as a speaker at the 7th International Congress and 25th National Public Health Congress to be held in Antalya from 14-17 December 2023. In addition, ASPHER has proposed several countries to join our network, such as Israel and Poland. In addition, EuroNet sought to reach out to Croatia, Malta and finally Romania.

- **Implementation of Partnership:** The main focus was on entering into an agreement with ASPHER, the Association of Schools of Public Health in the European Region, with whom we share goals and values in the field of public health training and education. In this regard, we signed a formal letter of commitment during the 2023 ASPHER Deans' and Directors' Reatreats at UCD, Dublin (IE), from 31 August to 2 September 2023, to sign a Memorandum of Understanding (MoU) between EuroNet MRPH and ASPHER in order to strengthen cooperation and collaboration. Furthermore, during the 17th World Public Health Congress, held in Rome (IT) from 2 to 6 May 2023, the Vice President signed a Manifesto to create a join public health movement with EPHA and ASPHER.

- **Involvement in EU funded events:** During the last part of this term, EuroNet MRPH was invited to be part of a Consortium of Associations and Institutions to organise a Digital Health event in 2024 in Bratislava, Slovakia, funded by a grant from the European Union. The Vice-President and the Treasurer signed on as the main representatives of EuroNet in this initiative to raise funds from the EU, with the aim of not only being part of a milestone event in Digital Health, but also to facilitate EuroNet as an Association in gaining future funds and grants from the EU.

- **Organisations of joint session:** During the preconference of European Public Health Conference, held in Dublin (IE) in the 8 November, the Vice President, the President and the Internship Lead, on behalf of EuroNet, has organized a session in collaboration with EUPHAnxt, the young section of EUPHA (the European Public Health Association), entitled “Master that elevator: how to effectively pitch you

research to policy makers", with the purpose of improving expression, communication and body-language skills in young professional in Public Health through the participants' engagement in a competition between teams.

**Main Challenges**

- **NCs involvement in decision-making:** During the ASPHER MoU approval process, some NCs disagreed with the final version of the MoU proposed by ASPHER, blocking its signing during the EPH Conference in Dublin (IE) due to a tie in voting. For this reason, it is necessary to involve more NCs in the decision-making process, even though this may slow down EuroNet's action with other Associations and Institutions. The same situation occurred with the possibility of admitting Israel into the Network, but it is currently on stand-by due to concerns arising from the possible involvement of the Israeli Public Health Association in the Israeli government and the IDF. Further consideration of this will be left to the 2024 B&L.

- **Support small countries in EuroNet membership:** Many small countries that used to be part of EuroNet, such as Croatia or Malta, are now no longer part of the network due to the small number of resident doctors in public health in those countries. For this reason, it might be useful to implement individual membership or to support national associations in these countries. An example of this is demonstrated by the recent engagement with some Romanian MRPHs, during the EPH Conference, to build an association of MRPHs in that country.

Beyond the controversies and different points of view that have emerged during his term of office, the Vice-President has maintained a critical and transparent approach to all the major challenges faced and will remain available for further consideration as a liaison person for all projects in which he has been involved.

Post Scriptum: I spent my best years in EuroNet sharing stickers of Risitas with the Bertmaster. So I would thank Bertrand Galet for his humour and personal strength in overcoming even the worst situations with a smile.

# General Secretary

Lucía Rodríguez Borlado-Salazar
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**Introduction**

Over the past year, EuroNet MRPH has been engaged in a dynamic journey marked by both achievements and challenges. At the outset, the secretariat set ambitious goals and activities such as enhancing internal communication within the B&L and National Committees, providing crucial administrative support, and consolidating and expanding EuroNet's networks. Here are the main challenges and achievements attained this year by the secretariat:

**Main Achievements**

- **Digital infrastructure enhancement**: Establishment of a Google Workspace with the creation of the "euronetmrph.org" domain. This has allowed the creation of a generic professional mailing address (contact@euronetmrph.org) and another personalised one for each B&L member.

- **Information management**: A meticulous rearrangement of the EuroNet Drive and a dedicated shared Drive for National Commissions has been implemented, providing the association and its members with a platform that allows them to share relevant information.

- **Statutory reflection**: The B&L, along with the NC members, embarked on a thorough examination of its statutes, in order to align its governing principles with the evolving needs and challenges of the network. This introspective process is still ongoing and it lays the groundwork for potential amendments that could further strengthen EuroNet MRPH's operational framework.

- **Network expansion**: Initiatives were set in motion to integrate Germany and Switzerland into the EuroNet network.

- **Inclusion of EuroNet on the WHO Civil Society Commission**: An application was sent to be a part of the CSO Commission of the WHO that was created in August 2023. EuroNet was accepted as a member of this commission in November 2023.

- **Participation in diverse projects of the network**: Such as meetings with our partners, creation of scientific or advocacy documents, participation in the networks events, etc.

**Main Challenges**

- **Document retrieval setback**: While reorganising the EuroNet Drive, some documents were inadvertently overlooked. This necessitated a comprehensive

review and reconstruction which proved to be highly time-intensive work. The high investment of some members of the board (notably secretary and webmaster) in this task prevented them from doing other kinds of projects.

- **Statutory revision complexity**: The process of revising statutes encountered certain unforeseen challenges. These complications were primarily linked to the financing system of EuroNet. This obstacle, while extending the timeline for the statutory adjustments, is also an opportunity for a more thorough examination of funding mechanisms. Founding a working group in the coming year would allow to refine both funding strategies and the association's governing statutes.

# Treasurer

Kate Ndocko
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**Introduction**

Amidst its expansion and growth, EuroNet MRPH has perennially grappled with the pursuit of financial sustainability. As the institution burgeons, the Treasurer is tasked with crafting a resilient financial system that secures our stability and searching for additional sources of fundings while accommodating our evolution. Balancing this expansion with financial prudence and taking into account the differences within the member states has been a riveting challenge—one that underscores the crucial role the treasury plays in safeguarding the resilience and independence of the network.

**Main Achievements**

**Financial Administrative Strengthening:**
The acquisition of SIRENE numbers and the update with the Vice President of our transparency register profile have been useful in streamlining administrative procedures when applying for EU grants.
EuroNet's integration into the European Youth Foundation (Council of Europe - CoE) and the Erasmus+ European Social Fund is the first step in significantly bolstering our capacity to financially support our initiatives since both programmes provide core functioning financing as well as targeted financing for specific events/ activities.

**Strategic Partnerships and Financial Reports:**
Essential data were compiled to craft a 5-year financial report for submission of our successful application to the World Health Organization (WHO) AMR Working Group.
The Treasurer engaged in collaboration with the Youth for Health Network (YHO) to pursue grant applications for three events (2 on climate change, 1 one NCDs) due to take place in 2024 and 2025. Collaboration on these applications not only facilitates potential future financial support from the Council of Europe for the network but also extends participation opportunities to those 3 events to all members within the EuroNet MRPH network.

**Grants and Sponsorships**

EuroNet MRPH participated in the European Commission's grants application process for the first time.

- An application was submitted for core organizational funding for civil society organizations (CSOs) initiated by the European Commission in December 2022. Despite the application not resulting in success, the 46-page document prepared for it has significantly aided subsequent applications (such as the AMR working group, WHO CSO, and YHO grant applications). This document now stands as a pivotal resource, marking the groundwork for ongoing as well as future grant applications.

- EuroNet's representatives, comprising the Treasurer and Secretary General, participated in the EPHA's CSO sustainable financing roundtable, where they interacted with MEP (Member of the European Parliament) Istvan Ujhelyi and Milka Sokolović. This involvement proved invaluable, offering deep insights into the European Commission's core funding application process for CSOs (CIvil Society Organisations). It facilitated direct advocacy to increase CSO funding from EU institutions. Additionally, this meeting shed light on the disparity between the number of grants awarded and the volume of applications (16 vs 2000) and revealed common challenges faced by various CSOs. For instance, certain criteria within the grant application process, such as the inclusion of members Curriculum Vitae despite the information's irrelevance to the quality of the project for which a grant is seeked could pose challenges for EuroNet MRPH as we are still in the training phase of our career and our CVs might be less impressive than other head of organisations.

- EuroNet also applied for a European Commission grant to organize public health conferences. The Vice President and Treasurer signed as co-organizers for the DigitalHealth Conference, an event led by ISCTE and Digital Health Slovakia. This event serves as a pivotal opportunity for EuroNet to enhance its profile, potentially securing future funds and grants from the EU.

**National Sponsorships and Recognition**
Initiatives were undertaken to secure national sponsorships from institutions such as MACSF and SpF, fostering local support for our network.

Our application for the EFGH Health Leadership Award aimed to secure a 10,000 euro prize, highlighting EuroNet's insights into the mental health of public health medical residents during the Covid-19 crisis. Unfortunately, the grant was awarded to the European Patient Safety Foundation. However, this groundwork paves the way for future network applications to subsequent editions of this yearly award that takes place as part of the European Health Forum Gastein. We successfully secured a grant for the Healthy Lungs Project, a climate engaged project targeted at addressing air pollution.

**Exploration of Financial Partnerships**
Explored collaborations with organisations (ASPHER through the MoU) and foundations (Wellcome Trust and Foundation One Sustainable Health -OSH-) hopefully paving the way for the OSH regular financial support.

**Greening our bank**
The transition towards a greener approach has commenced within EuroNet. Previously, the organization was associated with a French bank, often requiring the appointment of a French national resident to the treasury position. However, our previous banks were not particularly renowned for their commitment to climate change initiatives. This year, substantial discussions took place with OnlyOne, a bank with a strong focus on environmental consciousness. Presently, their services are available only to individuals, with plans to extend these services to professionals and organizations by September 2023. The timeline for this expansion was postponed on their end, however once their process concludes, EuroNet is on the list of the organisations that will have the opportunity to shift towards a more environmentally conscious banking option.

**Additional initiatives pursued**

- Tested a revamped format for EuroNet's information dissemination method
- Organised a EuroTuesday session and signed the joint statement on Mental Health in All Policies by Mental Health Europe
- Authored informative social media posts focused on EU institutions
- Collaborated with our webmaster to enhance the events subscription page on the website.
- Welcomed the highly informative Slovenian National Commission contribution to and coordinated the EuroNet's contribution to the WFPHA 2024 Casebook on Advocacy

## Main Challenges

**Securing European Commission (EC) grants**

The CSO roundtable hosted by EPHA provided valuable insights into the European Commission's funding procedures. However, EuroNet MRPH faces several challenges in this domain.

- Firstly, the EC prefers funding specific projects and themes rather than embracing interdisciplinary, cross-sectional approaches encompassing the entirety of public health, which is EuroNet's forte.
- Secondly, only 0.8% of grants cater to core functioning, posing odds that aren't favorable for the network.

Partnerships play a crucial role in grant applications, and multi-institutional collaborations are encouraged. The bureaucratic nature of the commission necessitates precision in our functioning, aspects EuroNet has started to establish since 2019 but is still in the process to.

This marks our first attempt at such applications, presenting inherent challenges. While drafting proposals for the EC involves extensive work, the groundwork laid during this process has notably benefitted subsequent applications and is expected to continue doing so in the future.

**Nurturing financial support at the regional level**

The presence of funds within European institutions presents both advantageous and challenging. Local and national association sponsors have been hesitant to support EuroNet's core functioning, citing the availability of European grants and funds for organizations like EuroNet. However, these resources are finite, and the inability to secure them often places European-level organizations in challenging financial positions.

**Difficulty in formulating a consensus on a new Financial Strategy for EuroNet**

With nine countries under its umbrella, EuroNet faces challenges in aligning financial strategies, with national associations often facing their own internal struggle to reach financial sustainability. Finding funding solutions that suit some while potentially burdening others has posed a considerable challenge. Despite not reaching a consensus, the mandate raised awareness of the urgent need for a more sustainable financing system within the network, initiating active engagement on the topic and discussions that will continue to evolve over the coming years.

**Copyright Infringement Claim**

The network was faced by a copyright infringement claim from the Agence France Presse for the inappropriate use of a picture they are said to own. Resolving the best course of action was challenging, but collaborative discussions led to a consensus within the B&L to seek legal assistance. Although stressful, this experience prompted active and fruitful conversations, particularly with the French National Association, which had faced similar situations in the past.

# Financial Report YEAR 2023

| Expanse Statement EuroNet MRPH 1 January 2023 - 31st December 2023 | | | | | |
|---|---|---|---|---|---|
| **Costs** | **Unit** | **Quantity** | **Unit cost** | **Total cost** | **Notes** |
| **Administration** | | | | **560.75** | |
| Website | Year | 1 | | 72.17 | |
| Zoom meeting | Month | 2 | 16.79 | 33.58 | |
| Zoom | Month | 10 | 17.99 | 179.90 | |
| Bank charges | Month | 12 | 13 | 156 | |
| Insurance | Year | 1 | 119.10 | 119.10 | |
| **European Scientific Contest Prices (ESC)** | | | | **582** | |
| ESC Winter Meeting 2022 Winner | | 1 | 330 | 330 | |
| ESC Spring Meeting 2022 Winner | | 1 | 252 | 252 | |
| **Communication** | | | | **51.23** | |
| Spring Meeting Rool-Up | Year | 1 | 30.49 | 30.49 | |
| Flag to COP28 | | | 20.74 | 20.74 | |
| Business Cards | | | | Free | Gift from ASPHER |
| **Legal Fee** | | 1 | | **360** | Lawyer hire for the copyring infringement claim by AFP |
| **Subscriptions** | | | | **52.5** | |
| EPHA | Year | 1 | 52.5 | 52.5 | |
| **Total** | | | | **1606.48** | |

| Income Statement EuroNet MRPH expected by the 31st December 2023 | | | | | |
|---|---|---|---|---|---|
| **Income** | **Unit** | **Quantity** | **Unit price** | **Total income** | **Notes** |
| **Member Fees** | | | | **1120** | |
| Catch up fees from the national associations 2023 | Year | 5 | 80 | 400 | |
| Fees from the national associations 2024 (expected) | Year | 9 | 80 | 720 | |
| **Total** | | | | **1120** | |

| | | | |
|---|---|---|---|
| | Bank account 31 Dec 2022 | 3,467.34 | |
| | Bank account on 28 Nov 2023 | 2,269.86 | |
| | Prediction for 31 Dec 2023 | 2,989.86 | |

# Research

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## Introduction

### The research lead

One of the main tasks of the Research Lead is to guide and oversee research projects within the network. The aim of the research lead is to connect scientists and public health residents interested in doing research from all over Europe. The goal here is to improve the research skills of the residents and to expand the EuroNet research network.

## Main Achievements

**Organisation of the European Scientific Competition (ESC):** The ESC is part of the Spring Meeting. The Research Lead organises and coordinates the ESC. In total, 21 abstracts were submitted. An international jury graded the abstracts and eventually 5 abstracts were selected for an oral presentation. The 16 other abstracts were presented as poster. The submitted research encompassed a wide range of topics, reflecting a diverse array of subjects and interests

**Set up of two new research groups:** This year two research groups on Methodological quality of health economic analyses have started. The aim is to produce a scoping review of the available evidence. Many enthusiastic residents have joined the groups and the work is currently in progress.

A third research group had already started in 2022 and has continued their work in 2023. Their systematic review aims to quantify the burden that caregivers experience when caring for a child that is affected by schizophrenia. A diagnosis of schizophrenia poses long-term challenges, not only to the patient but also to the caregivers. Burden and quality of life are defined in terms of mental health, social life and economic stability. An international group of Euronet members appraises the available literature and will give an overview of the research conducted to date. At the moment, data extraction has been completed and the process of writing the paper has started.

It is expected that a fourth research project on AMR resistance will start in 2024.

**Involvement of Dutch residents in the network:** As a Dutch resident, I have tried to make the EuroNet Network more known to the Dutch residents. Five residents have visited the Spring Meeting and are enthusiastic about the network. It still is a challenge to make the Dutch residents part of the network in a more structural way.

## Main Challenges

**Involvement Dutch residents:** it is challenging to involve the Dutch residents in the network in a more structural way. The network is not that well known in the Netherlands. At the

moment we don’t have residents that contribute to the network in a structural way, for example by taking place in a national committee. I hope that the familiarity with the network will grow in the future and I hope that more residents will attend the next Spring Meeting. In 2022 there were 3 residents attending the Spring Meeting, in 2023 there were 5. Hopefully this number will grow exponentially in 2024.

**Time management:** it was challenging to combine the work for the network with my residency. I have found it difficult to keep up with all the developments in the network and to contribute enough time both to the obligations for my residency and the network.

# Internships

Maryoli Veloso Fraigola, Spain
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**Introdction**

One of the main objectives of EuroNet MRPH is to facilitate exchanges and internship opportunities for PH medical residents in all the European countries taking part in the association. As Internships lead, my main role was to help residents to identify potential hosting organisations/institutions based on their preferences and to get in touch with them. Managing internship requests, gathering and sharing information with the network, and improving our internship service were the main activities that I've carried out during this year. All this work was done with the precious collaboration of other members of the B&L (Communication Lead and Webmaster) and of National Commissions.

**Main Achievements**

- Update the internship section of the EuroNet MRPH website
    - Open internship positions page: gathering all the open internship positions that the internship lead has found.
        - 48 open internship positions were shared with the network.
    - Traineeship and internship programmes page: listing traineeship and internship programmes in different institutions.
        - 21 Traineeship Programmes were shared with the network.
    - Rotations page: providing an example of open rotations for local public health residents that might be interesting also for international public health residents.

- Concerning internship applications
    - 26 applications were received and managed during the year.

**Main Challenges**

- Dynamic and fast changing environment concerning internship offers and open positions.
- The high number of open positions offers to update on EuroNet MRPH page
- Lack of response from some agencies to the presentation of internships
- Lack of communication with the communication lead to be able to make more posts on social networks about the open options
- Little contact with some national commissions to be able to offer help to residents to look for options in their countries
- The increase in the amount of work of the board has perhaps meant that there was not an exhaustive follow-up of the application process in internships of the residents who have consulted
- Finding organisations/institutions willing to participate in our internship days teleconferences in order to present open internship positions to the network.

# Communication

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**Introduction**

Unfortunately, after a mid-term mandate carried out with difficulties, albeit with passion and self-sacrifice in the role, building a communication team and implementing the newsletter team, for personal reasons, the Communication Lead gradually left his role.
His task and mission were redistributed among the other members of the EuroNet Board and Leads.

# Webmaster

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**Introdction**

The webmaster's role encompasses various tasks, ranging from general maintenance and upgrades to promoting Euronet's activities and achievements. However, Euronet's primary mission is to facilitate internships across the EU, and the webmaster's contribution is most crucial in that regard. They are responsible for developing convenient, comprehensive tools, and interfaces to assist interns in their search for opportunities abroad.

**Main Achievements**

• Rewired the entire mailing system from a singular @gmail.com address to a more convenient and professional @euronetmrph.org domain. This change allowed each member of the B&L to have their own mailbox, serving as virtual extensions of a single, centralized contact email address. Additionally, this improvement facilitated the General Secretary in tracking the network's activity.

• Introduced new sections on the website:

- "***Events***": Enables visitors to submit Public Health-related events on our public calendar.
- "***Eurotuesdays***": Provides an overview of past webinars organized by the B&L.
- "***Research***": A dedicated section for promoting the joining or creation of research groups within the network.
- "***LinkedIn Feed***": Allows visitors to stay updated on our latest news directly through our regularly updated LinkedIn page.

## Meetings

Spring meeting: Genova 2023

**Title:**

**HEALTH IN A CHANGING WORLD**
**Climate Change and the Environmental Emergency: From Prevention to Consequences**

**Programme:**

| EuroNet MRPH Spring Meeting Genova 2023<br>Date: 21st-22nd-23rd of June, 2023 (CEST)<br>Genova | |
|---|---|
| Wednesday June 21 | |
| 1:00 - 2:00 p.m. | ***Registration of Participants*** |
| 2:00 - 2:30 p.m. | ***Welcome speech*** **- Francesca Zanni, Lorenzo Rosso, Giancarlo Icardi** |
| 2:30 - 3:15 p.m. | ***Introduction speech***<br>Moderators: **Matilde Ogliastro, Raffaella Sibilio**<br>**Andrea Grieco** - "We are living through the climate crisis: What can we do? Sustainable development, SDGs, Agenda2030. A call to action" |
| 3:15 - 3:45 p.m. | ***Lectio Magistralis***<br>**Serge Morand** - "One Health to get out of crises" |
| 3:45 - 4:15 p.m. | Coffee break |
| 4:15 - 5:15 p.m. | ***Plenary session - The "One Health" approach for the environmental crisis***<br>Moderators: **Lucia Borlado Salazar, Giulia Gatti**<br>**Oliveri Conti Gea** - "Microplastics in food commodities: a current public health concern"<br>**Tammy Boyce** - "Climate change and health inequalities - Two impossible dilemmas?"<br>**Maria Sofia Cattaruzza** - "Tobacco and its environmental impact" |
| 5:20 - 7:15 p.m. | ***Parallel Workshops - Spotlight on planetary health, mental health and eco-anxiety***<br>Moderators: **Dario Olobardi, Maryoli Veloso Fraigola**<br>**Chiara Cadeddu** - "There is no public health without planetary health" |

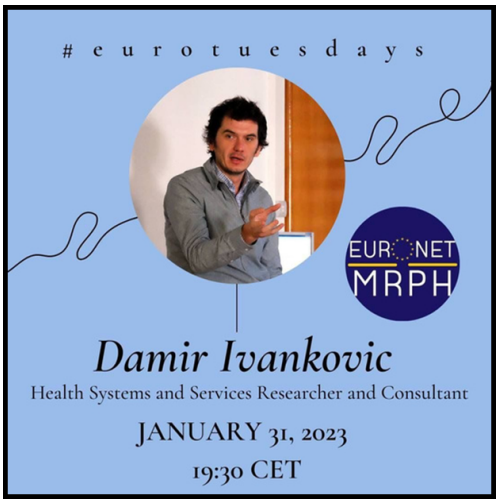
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| | **Elaine Van Rijn** - “Benefits of exposure to nature for mental health”<br>**Matteo Innocenti, Lorenzo Ciabini** - "Planetary health, mental health and eco-anxiety" |
| 5:20 - 7:15 p.m. | ***Parallel Workshops - Spotlight on Education in Climate Change. ASPHER Core Curriculum to increase Climate Crisis awareness and preparedness of public health professionals.***<br>Moderators: **Chiara Cadeddu, Ambrogio Cerri**<br>**Laurent Chambaud, Chiara Cadeddu, Karl F. Conyard, Ianis Delpla** - "ASPHER Core Curriculum to increase Climate Crisis awareness and preparedness of public health professionals." |
| 7:30 p.m. | **Social Program: Opening Dinner and drinks** |
| Thursday June 22 | |
| 09:00 - 09:45 a.m. | ***1st Plenary Session: Treatment of emerging epidemic and pandemic diseases: experiences, communication, the role of pharmaceutical companies***<br>Moderator: **Maria Elena Bottazzi, Ambrogio Cerri**<br>**Aureliano Stingi** - “Vaccine communication in COVID-19 era: from fakenews to science”<br>**Alexander Domnich** - “Challenges and opportunities in increasing seasonalinfluenza vaccine coverage” |
| 09:45 - 11:00 a.m. | ***2nd Plenary Session: Climate change and health: tools for publichealth education***<br>Moderators: **Kate Ndocko, Andrea Fiorano**<br>**Marine Sarfati** - Remotely: “Training over the Environmental and Climate Issues in France: why and how?”<br>**Iris Blom** - “The Planetary Health Framework in Education: opportunities and learned lessons"<br>**Samantha Pegoraro** - Remotely: "Air pollution: which role and education for health professionals? A WHO global training toolkit and in-field applications" |
| 11:00 a.m. - 11:30 a.m. | Coffee break |
| 11:30 a.m. - 1:00 p.m. | ***Parallel Workshops - Focus on Global South***<br>Facilitator: **Giacomo Vallarino**<br>**Claudia Marotta** - “Impact of the climate crisis on health: the experience in Sub-Saharan Africa”<br>**Palmira Immordino** - “Climate Change and Health equity: addressing the needs of vulnerable populations” |

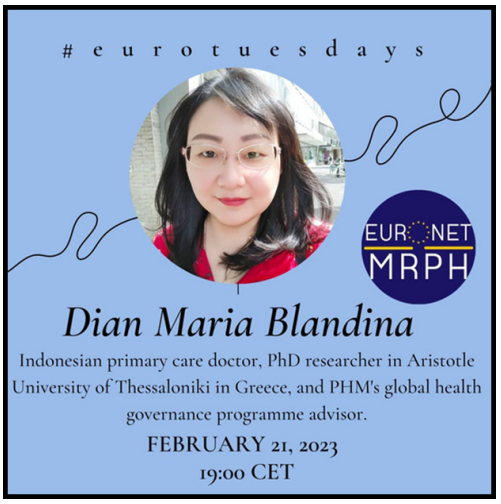
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| 11:30 a.m. - 1:00 p.m. | ***Parallel Workshops - Focus on Communication***<br>**Roberta Villa and Stefano Bertacchi** - "The role of communication on mainstream and social media across science and health topics" |
| 1:00 - 2:15 p.m. | Lunch |
| 2:15 - 3:45 p.m. | ***Round Table: Climate change and new pandemics: zoonosis, spillovers, and antimicrobial resistance***<br>Moderators: **Andrea Orsi e Ambrogio Cerri**<br>**Ilaria Capua, Adriana Albini, Filippo Ansaldi, Rino Rappuoli** - Speakers at the Round Table |
| 3:45 - 5:00 p.m. | ***3rd Plenary session - Open science and innovation: from vaccination to biotechnologies***<br>Moderators: **Maryoli Veloso Fraigola, Erika Zumerle**<br>**Maria Elena Bottazzi** - “Decolonizing the Vaccine Sciences to achieve Global Health Equity”<br>**Stefano Bertacchi** - “Biotechnology, bioeconomy and health: biomass of renewable origin, microbes and GMOs to reduce our dependence on fossil resources”<br>**Miles Carroll** - "Emerging viruses, concentrating on studies on emerging filoviruses in west Africa" |
| 15:00 - 5:30 p.m. | Coffee break |
| 5:30 - 6:15 p.m. | ***Conclusion Speech - Keynote***<br>Moderators: **Francesca Zanni, Carlo-Simone Trombetta**<br>**Ilaria Capua** - "Circular Health: a new model for the future" |
| 6:15 - 6:30 p.m. | ***Closing remarks***<br>***Oriana Ferrante*** - “Farewell presentation” |
| 8.00 p.m. | **Social Program at Villa Chiossone** |
| Friday June 23 | |
| 9:00 - 11:00 a.m. | **European Scientific Contest - ESC** |
| 11:00 - 11:30 a.m. | Coffee break |
| 11:30 a.m. - 1:30 p.m. | **EuroNet General Assembly** |
| 1:30 - 2:30 p.m. | Lunch |
| 2:30 - 6:30 p.m. | **La Consulta General Assembly** |

# Teleconferences : EuroTuesdays

Teleconferences are online meetings hosted by the EuroNet MRPH Board and Leads, aiming at providing members with updates and covering specific priority topics.
The following table summarises the teleconferences held this year:

| Month TC | Main theme | Date | Speakers |
|---|---|---|---|
| January TC | EuroTuesday | 31 January, 19:30 | Damir Ivankovic |
| February TC | EuroTuesday | 21 February, 19:00 | Dian Maria Blandina |
| April TC | EuroTuesday | 3 April, 19:00 | Iris Blom & Brian Wong |
| September TC | EuroTuesday | 26 September, 19:00 | Marie Laurence Lambert |
| November TC | EuroTuesday | 20 November, 19:30 | B&L EuroNet MRPH |









# Pre-conference

## “Master that Elevator - How to effectively pitch your research to policy makers (capacity building session for young professionals)”

### Description

During the Pre-Conference of the European Public Health Conference, held in Dublin (IE) on Wednesday 8 November, from 9:00 to 12:30 Dublin time (+0 UTC), EuroNet MRPH, in collaboration with EUPHAnxt, has organized a a session with the aim of  tring to transmit the skills and knowledge in a catchy way to the young audience through a local experienced speaker. So, in the framework of the Annual Congress organized by EUPHA and entitled “Our Food, Our Health, Our Earth: A Sustainable Future for Humanity”, the Vice-President, the President, and the Internship Lead, in collaboration with the coordinator of EUPHAnxt, Monica-Georgiana Brinzac, and the EUPHA fellow, Ruxandra Simonescu-Colan, have organized an appreciated session for more than 35 participants.

### Flyer

At the following link, there is the official flyer of the EPH Conference website: https://ephconference.eu/2023-pre-conference-programme-560

### Programme

| Hour | Speaker | Intervention | Moderators |
|---|---|---|---|
| 9:00-9:05 | Ambrogio Cerri and Maryoli Veloso Fraigola | Welcome & Introductions | |
| 9:05-9:50 | Marleen Bekker | Translating research results for policymakers and funders | Maryoli Veloso Fraigola |
| 9:50-10:35 | Razvan Chereches | Delivering a presentation - using all your skills (practical body language workshop) | Ruxandra Simonescu-Colan |
| 10:35-11:00 | | Coffee Break | |
| 11:00-11:45 | Participants | Working in groups and applying the acquired skills to your own research | Maryoli Veloso Fraigola |
| 11:45-12:30 | Jury composed by Marius Ungureanu, Emilia Aragon De Leon, and Maaike Droogers | Presentation Challenge, jury evaluation, selection of winners, and closing remarks. | Ambrogio Cerri and Maryoli Veloso Fraigola |




# 16th European Public Health Conference 2023

## Our Food, Our Health, Our Earth: A Sustainable Future for Humanity

Convention Centre Dublin, Ireland, 8-11 November 2023

# Final Remarks

Year 2023 saw a great external and internal growth of the network.
EuroNet's international presence has grown exponentially, and the organisation is now an active part of many key youth-led and young professionals' networks and has had the voice of public health residents heard in many international events. Advocacy on key public health themes and for equitable youth engagement was carried out throughout the year, and EuroNet is currently actively influencing global public health decision-making in the spaces that have been opened for young professionals' participation. The Spring Meeting 2023 was probably the largest in the history of the organisation, with more than 250 residents registered to the event, and a very successful European Scientific Contest held at the end of the Spring Meeting. In addition to Genova 2023, a second in-person event was co-organised at the end of the year (the Pre-Conference organised at EUPHA's Annual Conference 2023 in Dublin, Ireland) with EUPHANxt. This provided a second opportunity for Public Health residents to meet in person, network, and learn.  A new research group on health economics analysis was launched during the year, and a new member country, Türkiye, joined the network. In addition, four new Lead positions were added to the organisation, helping to make EuroNet more ready to undertake its new international commitments. Internship openings have continued to be posted regularly on EuroNet's website, providing a great source of training opportunities for public health residents.
Internally, EuroNet underwent a massive process of reorganisation of its archive and emailing system, driven by the General Secretary and Webmaster. This made the internal functioning of the network smoother and more professional and efficient. In addition, the basis was laid for a comprehensive revision of EuroNet's Statutes, which grants a solid ground for reopening the discussion next year. This was also the first year EuroNet applied for international grants from the European Commission, and although the applications were not successful, the process yielded many learnings that will be duly passed to the next Treasurer. In addition, a comprehensive review of possible ways of financing EuroNet was initiated, providing solid ground for opening up the discussion again in the future, if needed. On these bases, we look forward to seeing the network grow further next year, and remain available for any needs the next B&L could have.

*EuroNet Board and Leads 2023*