2019 ANNUAL REPORT

EuroNet MRPH

European Network of Medical Residents in Public Health

17 Rue du Fer à Moulin - 75005 Paris, France

Index

Inroduction.....2

Report goals.....2

Board.....3

Secretary.....8

Treasury and administration.....10

Communication Lead.....14

Webmaster lead.....16

Internships lead.....18

Research lead.....20

Introduction

Another year goes by and now it is almost nine years since EuroNet MRPH was first born. During this period, the association has been growing and has gained identity and structure. Each year, more and more residents join the EuroNet expedition, even though for some of us is not always enough *(everything depends on the eye of the beholde*). Each year we build more connections, that last more than we expect and mean more than we could imagine.

EuroNet is not only an association, is a learning journey in which we teach each other and learn from each other, as all of the residents participating in any research group know. It is a shared journey, in which communication plays a key role and through which national associations and residents from very different backgrounds can connect and share a collective interest. It is also a path to find new journeys, a path that the internships lead is always trying to ensure. But it is recently also a return journey, especially for those EuroNeters who are now part of the alumni section.

But, most of all, is enjoyable and memorable journey.

Report goals

To report EuroNet sections goals and activities performed during the year.

To reflect on the results and activities performed during the year.

To list the pending tasks the EuroNet board and leads would have done with a time-turner necklace.

17 Rue du Fer à Moulin - 75005 Paris, France

Board

Strategy

The strategy of the board was rooted in the increase of residents' participation and the improvement of the organizational structure to facilitate that participation. Moreover, to continue with the wonderful job of lasts boards, the strengthen of the partnerships was key during 2019.

EuroNet is an association that is formed by associations of residents in public health from each of the country members. In this context, every resident associated at a national level is part of EuroNet and, it is through the national association that the resident keeps in touch with EuroNet through organizational structures called National Commissions. Thus, for increasing participation it is crucial to reconnect with national associations. Following this line of thought, one of the boards strategy lines was to increase National association involvement in EuroNet activities and encourage cooperative decision making.

After little less than eight years, EuroNet MRPH has become a consolidated association of residents in public health. However, how the association works and how to proceed in different situations could change from board to board, and, since there is a lot of turn over in the management structure of the association, sometimes there was a lack of consistency in EuroNet's procedures. Thus, with the aim of trying to frame some lines to homogenize how EuroNet works, the second strategy line of the board was to develop a documentation system - and do it from a quality management approach, to try to include constant improvement in the consolidation of this documentation system.

Finally, to follow the approach of lasts boards and by endorsing advocacy and proficiency in public health, the third strategy line of the board was to continue and strengthen the partnerships already established and take any opportunity to build new ones.

Activities

Activities can be divided in three different categories: connection, partnerships and documentation and quality system.

- ✓ *Increasing connections and networking*
  - ✓ Activities with National associations:
    - ✓ To enable smoothly communication, Boards of national associations were contacted, and a mailing list was created
    - ✓ 1 teleconference between boards was done to set common goals of both EuroNet and national associations.

17 Rue du Fer à Moulin - 75005 Paris, France

- ✓ During Torino Meeting, representatives of national commissions gathered to brainstorm about increasing participation and usefulness of the association. The Survey on EuroNet perspectives was designed as a starting point.

- ✓ Activities with residents
  - ✓ Survey on EuroNet expectations. It was designed with the aim of knowing which were the most used resources of EuroNet. The results showed that the respondents had found about opportunities in public health through EuroNet and have met new colleagues. Once recognised, we nurtured this strong point by developing a session in Public Health opportunities first in Vienna Summer Meeting and later on in Utrecht Winter Meeting.
- ✓ The Board was part of the Meeting co-organization in the 3 meetings of 2019. One of the meetings was evaluated with a very low participation (less than 20% of the residents that attended responded). During the las two meetings:
  - ✓ An Opportunities section was opened where different events were presented for the following year (Summer Meeting in Vienna) and experiences of residents in different facilities were discussed (Winter Meeting in Utrecht).
  - ✓ An Open discussion section was opened during the three meetings. First (Torino Spring Meeting) try to approach the differences in participation between country members. In the second meeting (Vienna Summer Meeting) both the possibility of offering a grant for low income countries to come to meetings and the structure of meetings was discussed. Finally, during the last meeting of 2019 (Utrecht Winter Meeting), the discussion was completely open: the role of occupational health in public health, EuroNet functioning and National Associations Functioning were discussed.
- ✓ New memberships: 1 new individual member, 2 association contacted (Poland, Malta)

- ✓ *Partnerships*
  - ✓ Congresses representativity:
    - ✓ Representativity in EPH 2019 in Marseille;
      - ✓ A workshop on soft skills in populations of vulnerability was organized together with EUPHAnxt and Young Forum Gastain.
      - ✓ A poster on the results of the Communication workshop developed in Turin Meeting was presented during the Meeting.

- ✓ EuroNet had space in the ASPHER stand during all the meeting. There, residents gathered together. It was also used as a meeting point and reference point.
- ✓ Representativity in Resident's National Congresses. EuroNet was represented in Italian, Portuguese, Spanish and French Resident's National Congresses.
- ✓ Congresses collaboration: EuroNet started to collaborate with the organization of WPHA congress in Rome in 2020.

✓ *Documentation and Quality system*. The documents drafted were:

- ✓ Templates: answers to mails, agenda, minutes.
- ✓ Guideline: meeting guideline

✓ Projects.

- ✓ Health promotion monitoring: we participated in the mapping of health promotion training in the different EU countries. The project was part of an established collaboration in the "Health promotion and disease prevention in health and educational settings", a project with the EU commissions Consumers, Health, Agriculture and Food Executive Agency (Chafea).
- ✓ Communication training and management: during the Torino Spring Meeting, the workshop in Medical debunking produced evidence about how the residents saw Medical debunking, social media, and their training about these issues. A poster was presented during EPH 2019 in Marseille.

✓ Other activities

- ✓ Voting approval to increase meeting's organizing committee's financial security: a contingency budget was approved for prepayments of meetings organizing committees in case not all the meeting fees expected are paid.
- ✓ Voting approval to ensure active participation of individual members (IM): In situations where more than one proposal is presented to vote, if an IM and a National Association (NA) is involved in one of the proposals, the NA involved will not be allowed to vote for itself. This measure turned participation in EuroNet activities for individual members much more fruitful.
- ✓ Open discussions during meetings offer the space for cooperative leadership.

Pending projects

- Mapping residencies training places and programme
- Enhance the communication between EuroNet Board and NA Boards
- Encourage representativeness of all countries in TCs and Meetings
- Partnerships:
    - Discuss what kind of activities the organization can offer to the current and future partnerships;
    - Design a new documentation system scheme
    - Design EuroNet structure, functions and activities informational printed and not printed documents to spread between contacted organizations.

Evaluation

General considerations

The action plan set in the beginning of 2019 was ambitious and demanded quite strict cooperative working dynamic in the board. Due to lack of time and different backgrounds, the operative objectives turned quite difficult to achieve. However, tones of work were done attending the new opportunities that occurred during the year. Furthermore, connections with national associations were enhance, which probably will help to tackle the issues raised about EuroNet role and representativeness in Public Health residency. This will enable collaboration and cohesiveness in the association, making more residents feel identified with EuroNet project. Hopefully, all these efforts will help next boards fulfil their goals more easily.

Key performance indicators

Procedures:

- Number of documents approved related to partnership and collaboration establishment and management between January 1st and December 31st of 2019; 0
- Number of e-mails sent with current partnerships each 3 months of 2019; mean of 3
- Number of first-contact email sent with the goal of establish collaborations or partnerships between January 1st and December 31st of 2019; 4
- Number of informational documents printed categorized by type of document between January 1st and December 31st of 2019; 0
- Number of informational documents printed storage between January 1st and December 31st of 2019; 0
- Number of informational printed documents distributed between January 1st and December 31st of 2019; 0

- Number of e-mails sent with informational documents attached between January 1st and December 31st of 2019.0

Results

- Number of partnership agreements drafted between January 1st and December 31st of 2019; 0
- % of number of agreements from the active partnerships between January 1st and December 31st of 2019; 0
- Number of new collaborations and partnerships between January 1st and December 31st of 2019; 2
- Partnerships report diffusion to National commissions by December 15th of 2019; 2
- Number of new collaborations and partnerships establish with or without partnership agreement between January 1st and December 31st of 2019; 2
- Number of congresses with EuroNet representatives between January 1st and December 31st of 2019; 5
- Number of surveys submitted between January 1st and December 31st of 2019; 4
- Countries participation between January 1st and December 31st of 2019; 8/10 (mean)
- Number of templates drafted and approved between January 1st and December 31st of 2019; 3
- Percentage of documents in the Google Drive with the templates uploaded in the Google Drive between March 1st and January 31st of 2019; 3
- Number of guidelines drafted and approved between January 1st and December 31st of 2019; 1
- Number of guidelines available in the Google Drive register; 1

Last thoughts on this role in EuroNet MRPH

The great EuroNet board turnover is one of the key aspects of EuroNet functioning. Strong links between boards and between the board members are the foundation for project continuation. Moreover, cohesiveness and cooperation are extremely important to make the most of a single year. However, Lack of time, miscommunications and conflict of interests are one of the main issues to tackle for the better functioning of the association. In this context, to build a more transparent and closer association to the residents could be a strong point for them to feel comfortable enough to send candidatures to board and leads.

Laura de la Torre Pérez
Presidency for 2019
European Network of Medical Residents in Public Health

Secretary

Strategy

As the secretary on the board of EuroNet MRPH in 2019 my main goal for the year was to facilitate the day to day operations of the board which included carrying out traditional secretarial functions detailed below.

The pet project I took on this year beyond the regular activities of the secretary was to assist in furthering the development of the EuroNet MRPH Alumni community.

Secretarial functions

- ✓ Scheduling of monthly EuroNet MRPH teleconferences
  - ✓ Thank you to the many diligent doodling Euronetters who responded to my monthly calls for TC participants
- ✓ Recording and distribution of minutes for the monthly teleconferences and general assembly
  - ✓ Though not always sent out the next day after our calls, I am happy to say that minutes for all the TCs are filled away in the drive for anyone to check on should they need them.
- ✓ Organising the EuroNet Drive
  - ✓ Off and on I had a go at clearing up the drive a bit though usually quickly become overwhelmed. I wish the next secretary has more luck sorting it out.

Alumni community development

My interactions with alumni in 2019 have shown me that there is much enthusiasm among former EuroNetter to stay engaged and maintain a strong alumni community. While from the very beginnings of my foray into the topic of the alumni community way back in April in Torino where we held an excellent brainstorming session on alumni engagement and collaboration, it has been clear that current residents are also very keen to keep in touch with alums and they raised a number of potential benefits EuroNet can garner from working with our alumni.

- ✓ Alumni mailing list
  - ✓ The EuroNet Committee google group has become the EuroNet Alumni mailing list
    - ✓ 65+ alumni are on the mailing list

- ➢ Proposed alumni activities
  1. Testimonials – to be published on the EuroNet website
  2. Profiles/interviews - Where are they now? Share insights into public health in their countries

3. Message board - A place for alumni to share with (self-promote to) EuroNetters past and present their own publications or/else upcoming conference papers
4. Ethical committee - a proposal from an Alumnus, the idea is that former EuroNetter could form an internal ethical committee to review and provide guidance where there are ethical considerations concerning EuroNet activities and publications

Evaluation

Alas, I wish I had managed to drive the development of the alumni community further than I did though nevertheless in 2019 there were some important steps taken in the right direction, whilst there have also been very enthusiastic responses to the proposed alumni activities that I have put forth to the community.

Ana Mihor
Secretary for 2019
European Network of Medical Residents in Public Health

Treasury & Administration

Strategy

	Goal	Activity
Treasury	Improve financial planning	- Provisional budget at the beginning of the year - Most of the countries' fees were collected before the end of the summer - Financial aspects of meetings were discussed beforehand, during and after meetings
	Reduce administrative costs	A bank was found (Crédit Agricole) but we haven't changed bank account yet
	Diversify sources of funding	Pending → the available funds didn't demand fundraising
Administration	Write an administration manual	Not done (only treasury manual is available at the moment)
	EuroNet Drive management	Done in collaboration with secretary
	Others (communication)	Opening of a Zoom account

Activities

- ✓ Provisional budget: A provisional budget was elaborated at the beginning of the year and it was included in the action plan.
- ✓ Follow-up document: the treasury follow-up document was improved, adding a sheet to follow the collection of countries' fees and a sheet to resume datas to provide during TCs.
- ✓ Collection of fees:
    - ✓ A database of invoices' models was established in google doc format, in order to make it easier to reuse them in following years.
    - ✓ A first e-mail was sent to national commissions during spring. Most of the fees were collected before the end of the summer; a reminder was sent to remaining countries in july, and another one in the beginning of December. At this time, three countries are still missing, plus Turkey, which had a deadline at the end of october.
- ✓ EuroNet MRPH Drive management: beside the Treasury section, which was enriched with invoices models and follow-up documents, the Drive was tidied up → documents were classified and rights of access were restricted to EuroNet e-mail account and to the President.
- ✓ New tools for EuroNet MRPH:
    - Opening of a Paypal account
    - Opening of a Zoom account to host TCs
- ✓ Treasury manual: update of the manual with 2019 information.

Pending projects

- Administration manual: unfortunately, it was not elaborated in 2019.
- Bank account: our bank account costs 10€/month. Crédit Agricole offers associations a free bank account. Unfortunately, due to the available time, it was not possible for me to proceed to the transfer of the bank account.
- Guidelines for fundraising: Due to the available time and the available funds, I deemed this task not a priority.

Charges: provisional and real

Provisional charges EuroNet MRPH 1 January 2019 - 31 December 2019					
Costs	**Unit**	**Quantity**	**Unit cost**	**Total cost**	**Notes**
Administration				429,34	
E-mail			0	0	
Website	Year	2	28,65	57,3	In 2017, paid for 2 years (2017 and 2018)
Zoom meeting	Year	1	139,9	139,9	Refund to Maria Francesca Manca
Bank charges	Month	12	10,2	122,4	Subject to diminish if new bank is found
Insurance	Year	1	109,74	109,74	
Communication				600	
Communication material	Unit	1	600	600	Estimation based on 2017 and 2018 budgets
Subscriptions				52	
EPHA	Year	1	52	52	
Total				1081,34	

Real charges EuroNet MRPH 1 January 2019 - 1st December 2019					
Costs	**Unit**	**Quantity**	**Unit cost**	**Total cost**	**Notes**
Administration				**428.56**	
E-mail			0	0	
Website	Year	2	28.26	56.52	In 2019, paid for 2 years (2019 and 2020)
Zoom meeting	Year	1	139.9	139.9	Refund to Maria Francesca Manca
Bank charges	Month	12	10.2	122.4	
Insurance	Year	1	109.74	109.74	
Communication				**408.19**	
Torino meeting	Unit	1	30.35	30.35	Office and animation material
Waterbottles (purchase)	Unit	100	2.62	262	
Waterbottles (shipping expenses)	Unit	1	33	33	
Vienna meeting	Unit	1	47.94	47.94	Candyboxes for intervenants
Vienna meeting	Unit	1	12	12	Waterbottles shipping Torino-Vienna
Utrecht meeting	Unit	1	22.9	22.9	Meeting material shipping Vienna-Utrecht
Representation				**224.17**	
Siti meeting	Unit	1	224.17	224.17	Representation of President at the meeting
Subscriptions				**52.5**	
EPHA	Year	1	52.5	52.5	
Total				**1113.42**	

We got 220€ in donations related to the waterbottles.

Balance

Available funds at the end of 2018	Available funds at the 1st of december 2019	Available funds at the end of 2019, as expected
2892.22€	2756.87€	3040.42€

Communication Lead

Strategy

The strategy developed throughout 2019 was built in cooperation with the Webmaster Lead. The main goals were raising awareness and improving accessibility to information, collaborating with the Communication and Webmaster Team.

We improved the networking through the Newsletters, updating the online platforms and collaborating with the B&L in order to create a stronger internal communication (with the NCs and among the PH residents).

Activities

- ✓ Communication Strategy – Workshop Torino Meeting
- ✓ Internal Communication in collaboration with the Board
- ✓ Social Media Updates
    - ✓ Linkedin, maintaining the useful pages
    - ✓ Facebook and Twitter periodical updates
    - ✓ Instagram account has been created
- ✓ Newsletters – December 2018, March, July, December 2019, in collaboration with the Webmaster Lead
- ✓ Meetings Communication Strategy in collaboration with the OCs, the Webmaster Lead and the Board
- ✓ EPH Conference Communication Strategy

Pending projects

- Newsletter sustainability and efficacy
- Internal communication is still critical

Evaluation

The main goals were achieved, and the planned activities were completed.

The cooperation between the Communication and Webmaster Leads was necessary and it should be continued during the next year.

The next Communication Lead has to reflect how to share tasks with the Communication and Webmaster Team better than I've been able to, maybe giving specific topics to work on and including members into the communication strategy and the social media management.

Critical points, Handover and Conclusions

The sustainability of the role is often critical, especially maintaining the deadlines and trying to collect as many articles as possible for the Newsletters.

In my opinion the next Communication Lead should deeply reflect upon the way we are managing the Newsletter and its efficacy.

The Communication Lead should be part of a wider design and not only a "technical role": he/she has to be an active part of the entire EuroNet communication strategy and the board should create a better engagement with the Communication team.

In conclusion, I have developed several skills during this year and working for the network has given me power and motivation for my future.

Collaborating with the B&L and meeting so many European residents has been a gift and I hope to maintain this connection.

Together we are stronger!

Flavia Rallo

Communication Lead for 2019
European Network of Medical Residents in Public Health EuroNet

Webmaster Lead

Strategy

The strategy developed throughout 2019 was built in cooperation with the Communication Lead. The main goals were raising awareness and improving accessibility to information, and a team was enrolled, the Communication and Webmaster Team, to help achieve these goals.

The strategy used was to keep the information on the online platforms updated, to make them more easily accessible when possible without changing layouts too much (to keep institutional image solid), and getting more residents to be involved with the different platforms (website and social media).

Activities

- ✓ Website Updates:
  - ✓ Board & Lead data – Updated in january with photos and information on the residents responsible for each role.
  - ✓ Pages with information on each countries residency – Updated throughout the year when new information was sent by the countries.
  - ✓ Newsletters – Published three newsletters on the online platforms, uploading them on Issuu and sharing through website and social media. The articles/contributions were then published on the website and shared on social media, one by one, weekly, during the following months.
- ✓ Participation on the I European Public Health Week (EUPHW) event – This event, launched by The European Public Health Association (EUPHA), took place between 13th and the 17th of May, and had the aims to raise the visibility of public health and encourage collaboration between professionals and citizens working for better public health in more than 50 European countries. A plan for the event was developed, after deciding that we would promote the whole event but work mainly around the Healthy and Sustainable Diets subject. We launched an online campaign using our website and social media about sustainability of food sources and choices, using healthy tips and recipes. This campaign, that ended up reaching and involving around 400 people on facebook and twitter, saw the release of two infographics on the subject, a sustainable recipes book of international cuisine, and a series of 6 tips and tricks posts for zero-waste and sustainable changes in behaviour regarding food and hydration. A food photography contest was also launched, and even though the number of participants on this particular challenge was not what was expected, there was great feedback about it. An article was later released on the July Newsletter about this event and its results.

- ✓ Consolidation of Euronet MRPH organizational image (documents, presentations, etc) – Throughout the year several powerpoint presentations and documents were formatted in regards to the organizational image developed for EuroNet MRPH.
- ✓ Help with Newsletters formatting (March and July) – Before release of the Newsletters, to improve design and review formatting.
- ✓ Help with EuroNet meetings communication strategies (Torino and Vienna) – Several communication strategies were used for Torino and Vienna, including the design of logos, banners, meeting programs, booklets and website and social media pages/posts, keeping them up to date and accessible.

Pending projects

- Website interface update – A new look is due for the website, making it more modern and easy to reach.
- Newsletter look update – The Newsletters' layout can be improved next year as well, to refresh the look and make it more attractive.
- EuroNet Promotional Video – A vídeo has been planned since 2017, and there has been an effort to collect several takes and short recordings to work with. Hopefully next year its editing can be done, and we should be able to release it.

Evaluation

The main goals for this year were completed successfully, and all the planned activities were completed with the exception of the video release and website interface update. We also completed some activities that weren't planned in the beginning of the year (example: I EUPHW), and they were a success. In the activities that demanded collaboration between the Webmaster and Communication Leads this connection was fruitful and productive and should be encouraged. There were some difficulties in enrolling the Communication and Webmaster Team consistently throughout the year, so more effort is needed, maybe implementing motivational strategies and sharing more responsibilities with team members.

Last thoughts on this role in EuroNet MRPH

This role demands permanent update of the online platforms and being aware of the needs of the network, both for website and visual design support. It's a great way to help reach more residents and I am more than motivated to keep working for EuroNet MRPH in the future.

Joana Miranda
Webmaster Lead for 2019
European Network of Medical Residents in Public Health

Internships Lead

Strategy

The strategy developed throughout 2019 was built with the main goal of renewing the Internships section, both on a communicational and organisational level.

The first strategy we thought of, also following the previous lead's work and ideas, was the creation of an Internships dedicated newsletter in spite of the list of positions on the webpage (difficult to update and with misleading information); this newsletter was meant to be more flexible and updatable, made of information about Internships, Traineeships, Courses, Exchanges, Summer Schools etc.

Although, the strategy had to be changed because of the lack of application and participation to the Internships working group, so we changed in the definition of a protocol about the systematic mapping of activities going on in Public Health Universities or Institutions across EuroNet countries, thanks to the collaboration with National Associations.

Activities

- ✓ Mail service: Assessing all Internships requests arriving via form on the Internships mail, CVs evaluation, replies to candidates.
- ✓ Creation and conduction of working groups during the EuroNet meetings and following reports.
- ✓ Discussions on the importance of Internships issues among Public Health residents.
- ✓ Collaboration with Italian representatives of the National Association "Consulta" for the creation of the protocol draft about the activities mapping project. Extension to Slovenian and French representatives for the launch of a pilot study.
- ✓ Writing articles for Newsletter.
- ✓ Collaboration with other Board members and Leads for intersectional tasks.
- ✓ Organisation of the Spring Meeting in Torino.
- ✓ Information gathering about Internships in Europe.

Pending projects

- Website update – Updating the Internships page (form, eligibility criteria, available positions).
- Mapping project with National Associations – It is up to the new lead to decide whether this could be a worthy to pursue goal; in case maybe it will need a dedicated working group.
- Collection of more information about Internships in Institutions.

Evaluation

Throughout the year I had to face many difficulties, starting from lack of engagement of other residents to the Internships cause, besides a couple of calls to action. Surely I could have tried to motivate more people in other working groups, but other activities, also EuroNet related, reduced the time I could actively dedicate to a more thorough enrolment campaign.

However, the working groups during the meetings were quite the opposite, participants were large in numbers and showed interest to the EuroNet role in facilitating Internships. However, it was not possible to reach the goals set in the action programme, but new ones were set during the year and we are still working on them, like the mapping project, for which we were able to strengthen collaboration with 3 countries' National Associations that are willing to collaborate with us.

As usual, few medical residents applied for an Internship (3), and just 1 eventually managed to go abroad during her residency training in 2019 with our help.

Last thoughts on this role in EuroNet MRPH

This role has been widely discussed among Board and Leads and other residents during the meetings. We all agree how important it is for EuroNet MRPH, as an association of medical residents in PH, to help its associates to achieve abroad periods and valuable experiences during their training period, although the problem might be that we don't need a permanent figure to organise all this, since the applications are really a few every year. Perhaps a working team formed by representatives from each country, collaborating also with their National Associations, who would map the activities in different schools and institutions, and report it to the board, might be another way to transform the activity. Not forgetting how collaboration with communication and the sharing of experiences of other residents can be helpful.

In conclusion I think that Internships are an important part of our training and therefore should be an activity of EuroNet, and, if a transformation is needed, the next Lead will have to consider how and in what terms, together with the new Board, and, hopefully, with the further engagement of National Associations.

Robin Thomas

Internships Lead for 2019
European Network of Medical Residents in Public Health

Research Lead Report

Strategy

The strategy for this year was to better define the role of the Research Area and its activities in the association. While born with a coordination role for the Working Groups' activities, the Area needed to grow and redefine itself, especially in relation to the goals of the association, that is, European Public Health residents' development and networking across national borders.

With this mission in mind, it was collegially defined that the association should push for research activities (still organized in Working Groups) focused on Public Health residents' problems and issues, to become a point of reference in the field. We aim to produce a series of periodic reports on matters of importance for our category. We also strengthen the relationship with ASPHER to help spread the results of our work.

Furthermore, this year we started a process that aims to integrate research activities among the NMOs. There has been an informal investigation on the kind of activities carried on in the member organizations, and it was discussed how to harmonize them and develop common strategies. Accordingly, we are discussing on how to redefine the Research Area section meetings into moments in which NMO share their experiences and try to find common solutions.

Finally, with the view of an increase in the level of activity, a Research Team was funded.

Activities

- ✓ Lead in the creation of two new working groups, on Post-Employability and Hospital Medical Direction traineeship.
- ✓ Successful closure of the working group on Electronic Cigarettes Smoking among Public Health residents (E-Rect).
- ✓ Management of Research Area activities during two Euronet meetings, during which NMO issues and future strategies for EuroNet research activities were discussed.
- ✓ Creation of the Research Team.
- ✓ Discussion with ASPHER about possible collaboration strategies.
- ✓ Collaboration with other Board members and Leads for intersectional tasks.
- ✓ Organization of the Spring Meeting in Torino.

Pending projects

- Website update – Total reconstruction of the Research Area on the Euronet Website, focused on actual and past Working Groups.

- Creation of a database of EuroNet sponsored publications.
- Creation of a database of publications on Public Health Resident traineeship.

Evaluation

During this year, there has been a continuous confrontation whose aim was to rethink the role of the Research Area in EuroNet. The association realized that the focus of our research activities should move from general Public Health research to studies about the status and condition of Public Health Medical Residents. This choice is justified by the fact that, although many Public Health association made by young professionals exist, none of them focus on Medical trainees. EuroNet should become the point of reference for our traineeship, pointing out, scientifically and objectively, which are the areas of improvement. Finally, directly or through the partnership with stakeholders like ASPHER, the results of our work should go back to those who organize the traineeships at the local level. We just put the first stepping stones of this path, and I hope this process will continue in the next years.

On the other side, we started building the concept of a transnational Research Area, in which the NMO collaborate actively and uniformly. In the past EuroNet activities were quite separated from the NMOs' actions. Often the NC members were not even part of the board of the NMOs. We envisioned a Research Area that helps developing and sharing activities among the NMOs. We started this process during the EuroNet meeting in Vienna, where the striking difference in how NMOs do research was brought to light. We hope that, in the next years, NMOs will start collaborating together in order to harmonize and empower research activities, with EuroNet serving as a place of coordination, sharing and skill building.

Last thoughts on this role in EuroNet MRPH

The possibilities of development for the Research Area are enormous. My hope is to have laid down a successful long-term strategy with a clear vision which can be summarized in two sentences: EuroNet as a point of reference for research about Medical Public Health Residents and EuroNet as a laboratory for the development and harmonization of research activities of the NMO. I hope that who will follow after me will share this vision and will start realizing it. My only regrets during this year were not having been able to dedicate all the energies I wanted to for the association and especially not to have used the help that many people offered me. I think that my greatest contribution was the institution of the Research Team, which could really mean in the future the difference between a vision and a successful reality for EuroNet Research Area.

Angelo D'Ambrosio

Research Lead for 2019
European Network of Medical Residents in Public Health