Annual Report 2021

European Network of Medical Residents in Public Health

Board and Leads 2021

Juan Francisco Monteagudo Perez - President
David Peyre-Costa - Vice-President
José Chen Xu - General Secretary
Sander de Souza - Treasurer
Francesca Maria Grosso - Communication Lead
Giovanna Failla - Research Lead
Giulio Borghi - Internships Lead
Joana de Oliveira Miranda - Webmaster Lead

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Introduction

Welcome to the Euronet MRPH Board and Leads Annual Report 2021!
This document intends to summarise the work developed in this term. Having a report will allow future teams to look back and detect former issues and successes to better design the work they are responsible for.
The report is structured in two sections: the annual report and the financial report. In the former, it includes main achievements, as well as main challenges that the team faced. In the latter, you can find the final balance as of December 1st 2021.
For an easier creation of this report, we divided it per sections, and each section is related to a specific position within the Board and Leads.

President

Juan Francisco Monteagudo Pérez, Spain

The current pandemic made EuroNet MRPH events nearly impossible during 2020, due to multiple causes, including burnout and mobility restrictions. Moreover, when we started in December 2020, all our Working Groups were empty, with no active participants besides the elected B&L. In addition, the link between national associations and the network was lost in many cases, and the situation with our partnerships was similar or worse.

Is undeniable that the pandemic has deeply conditioned the management of the network during this year, from the development of an action plan, which coincided with the peak of COVID-19 cases in January 2021 across Europe, to the lack of human resources or the lack of face-to-face meetings, an issue still difficult to handle.

My approach regarding this year was clear, faithful to EuroNet MRPH philosophy, I trusted my team and gave every member of this brave B&L freedom to explore and develop their projects. I took seriously all the efforts made by them, keeping in mind that they do this altruistically and in their spare time. I had it clear in my mind: contributing with EuroNet MRPH must be a pleasure, not a suffering. Therefore, when it comes to management I tried to act as :

1. A backup, someone with full availability to provide help or resources.
2. A link with former Euronetters, facilitating EuroNet's renewal process.

When it comes to values, the main values that I tried to promote among EuroNet MRPH B&L team were:

1. Resilience, which implies flexibility.
2. Unity, as never forgetting that EuroNet MRPH represents 10 NA and 4 IM.
3. Communication, a key value to improve human relationships.
4. Transparency, as a key value to build trust.

Finally, I can not thank enough all the efforts made by all the contributors and participants in our working groups (research, communication, webmaster, winter meeting OC, internships). I wish you to enjoy EuroNet MRPH as much as I did (or even more) during the upcoming years.

Main Achievements:

- Filling transparency registry (European commission)
- Assuring continuity (Acting as a link between former euronetters and current B&L)
- Assuring continuity of monthly TCs along the year.
- Promoting transparency (Establishing that as much information as possible must be shared through either mail or whatsapp message to assure the maximum diffusion)
- Re-establishing communication with EUPHA and EUPHAnxt (Ensuring reduced fees for EPH)
- Re-establishing communication with WHO Europe (Representing EuroNet MRPH at WHO Europe Country Presence Review)
- Acting as a back-up for all the members of the B&L
- Heading Winter Meeting Organizing committee (As the last step before transitioning to real meetings)

Main Challenges:

- Bringing back face-to-face meetings as soon as possible.
- Re-establishing relationships with partnerships (ASPHER, EPHA) and establishing new ones (WHO Youth)
- Developing of board and leads guidelines
- Statutes renewal according to necessities.
- Reaching countries which link was lost during the pandemic (Slovenia, Turkey)

Vice-President

David Peyre-Costa, France

We started the work in december 2020, our main objective was to make EuroNet gain in visibility among European public health residents.

Main Achievements:

- First aim was to recreate link with the European national public health resident associations. We organised meetings with ARES (Spain), la Consulta (Italy), Portugal NA, France (CLISP), Ireland, The Netherlands. Had contact with the UK, Poland, Malta, Hungary, Croatia. Next goal is to have closer contact with the UK and Switzerland since they expressed their interest in being part of the association.
- Participation in congress/meeting with WHO and other partners.
- Organisation of the monthly TC
- Created a new format for the TC : Inviting medical public health speakers.
- Helping in the research projects
- Co organising the winter webinar
- Return of the face to face congress (applications are open, meeting in march 22)
- Cross-disciplinary work, coordinating the associative “machine”
- Presentation of our association in a Norwegian University (Tromso)

Main Challenges:

- We started the mandate without a secretary, internships lead and a research lead.
- Low transmission of informations from the previous board

- Need a website update, make contact list update automated.
- Need a mid-long term plan for EuroNet

General Secretary

José Chen-Xu, Portugal

I took office in the end of June. For the first two weeks, the handover process started. I had a general meeting with B&Ls where the President and Vice-President communicated the main tasks to be developed by the General Secretary.

Main Achievements:

- Organised monthly teleconferences, including contacting potential external speakers;
- Wrote minutes of main meetings;
- Kept track of election process (link);
- Contributed and revised the abstract submitted to the European Journal of Public Health: *EuroNet MRPH: Networking Opportunities for Public Health Medical Residents* (*JF Monteagudo, D Peyre-Costa, S De Souza, A Alonso-Jaquete, G Failla, FM Grosso, J Chen-Xu, JO Miranda, G Borghi*), doi:10.1093/eurpub/ckab165.458
- Worked on general announcements and calls and transmitting information to National Committees/Associations;
- Communicated with new members by email, following up the form on the website;
- Worked on the process of getting Canva for Nonprofit;
- Assisted with website update (July-August);
- Helped with communication material (August);
- Started the communication with a new partner (WFPHA);
- Organised the development of Annual Report;
- Managed the developed of the Handover Manual.

Main Challenges:

- No direct handover from previous General Secretary;
- Tasks not well described and distributed;
- Missing internal guidelines and procedures;
- Missing mid-long-term strategic plan;
- Low involvement and diversity of members.

Treasurer

Sander de Souza, France

Main Achievements:

- Legal administration: change notified to service-public.fr
- Invoice sent to the national associations in October 2021: 5 fees out of 10 collected

Main Challenges:

- Create a funding working group. Find one-time and recurrent sponsors
    - Funds from regional, national and European organizations?

    - Funds for the administration of the association and for the open access publication fees
    - Funds for presential meetings?
- Find a cheaper bank (today: €10.65 per month; for instance, Lyon MRPH bank: €3.78)
    - Main problem: doing that all remote, the opening of the bank account and, above all, the transfer of our current funds from *Société générale* bank.
- Collect the fees for the 5 remaining national associations
- Find a fixed post-Covid19 fee price for the next years.

Research

Giovanna Failla, Italy

Main Achievements:

- Coordination of several research projects:
    - the first project was aimed at assessing the impact of Covid-19 on the mental health of public health residents from four European countries (France, Italy, Portugal and Spain), recruited thanks to the contribution of their respective national associations. In collaboration with the communication lead, an information campaign on the project was carried out and then I coordinated a research group of 20 participants. We sent our abstract to EUPHA [Assessing COVID-19-related depression, anxiety and stress among European Public Health residents, *G. Failla, D. Peyre-Costa, R. Croci, G. Lo Moro, J. Chen-Xu, M. C. Ferreira, A. Alonso Jaquete, F. Malcata, EuroNet-MRPH Research Group, A. Vasiliu*] and it was accepted for oral presentation (11/11/2021). We are currently working on the drafting of a scientific article with the data collected from the survey of our research project.
    - the second project had the objective of conducting a systematic review of the literature on the topic of Covid-19 and mental health. It is ongoing and I have already involved the new research lead in meetings with the group in order to ensure maximum continuity of the project.
    - the third project: I have been working on the evaluation of an idea for a research project on prenatal care (to be started, as I am waiting to meet with the colleague who sent this proposal).
- Participation at the meeting with the Medical Students Association of Porto
- Participation in the monthly TC during which I shared the updates on the research side
- Participation at the meetings with different national associations (Ireland, France and Italy)
- Participation at the meeting with WFPHA
- Co organising the winter meeting (webinar)

Main Challenges:

- Absence of handover from previous Research Lead;
- Coordinate large groups of colleagues, each one with different time and energy availability.

Internships

Giulio Borghi, France

Main Achievements:

- The main objective was to update and to enlarge the internship offer available for European Public Health residents.
    - Organized meetings with residents and national commissions of 6 countries (Spain, France, Italy, Portugal, UK, The Netherlands) in order to present the project and to define a specific strategy to reach institutions in each single country.
    - Created and shared an online questionnaire to reach institutions and to collect their details in the case they were interested in hosting medical residents.
    - Wrote email drafts to contact institutions and coordinators of medical residents.
    - Coordinated and assisted the translation of the questionnaire and documents in 3 different languages to facilitate communication with local institutions.
- Reinforced the internship network by making contact with national commissions and institutions.
- Managed internship applications:
    - 13 applications received and managed between the 12th of July and the 19th of November 2021.
- With the help of national commissions and medical residents from each country: communication about the project and transmission of the questionnaire to xx institutions (3 countries by November 2021). The process is still in progress in the other countries.
- Wrote the chapter concerning the functions of the internship lead in the hand over manual for the next B&L.

Main Challenges:

- Short mandate (5 months) to develop the project.
- Absence of a list of contacts for the internships available on our website, slowing down the process of facilitating communication and exchanges opportunities between medical residents and institutions.
- No handover manual available and no precise description of tasks and duties regarding the position.
- Absence of capitalization from previous internship projects (questionnaires, lists, contacts).
- No structured folder organization in the drive, complicating the search of documents.

Communication

Francesca Maria Grosso, Italy

Main Achievements:

- Managed to kick start EuroNet social medias (Facebook, Instagram, Twitter, Whatsapp)
- Twice a week posts on events on the Net, opportunities in ECDC and interesting traineeship
- Created a branded comunication style for posts
- Wrote a newsletter in collaboration with Giorgia Soldà (Italian delegate)
- Found two speakers for the monthly Teleconferences (Sarah Halabi and NoProfitOnPandemic)
- Exchange of skills with other PH association's communication managers (EUPHA & ARES)
- Endorsement of EUPHA, ARES and CLISP's events.
- Managed to create hype around EuroNet's social media and increased our followers' count

Main Challenges:

- No hand-over and no passwords
- It's a tough job for one single person to keep up with the communication management. It would be way better to split it among few people and create roles as "content creator" "fact research" "the one who posts".
  There is so much more that can be done in communication but you gotta have the energies for it
- Social media aren't linked.

Webmaster

Joana Oliveira Miranda, Portugal

Main Achievements:

- Taking care of back office affairs like server maintenance, institutional email accounts, website layout and webpage creation.
- Helping communication with some graphic design and layouts for the official documents and meeting's Organizing Committees.

Main Challenges:

- Wordpress' back office issues, with site updates not working properly.
- How the website layout has been evolving with update building upon other updates makes it a bit hard to work around.
- As it is a mostly technical role with very specific skills involved it was hard finding help when needed, mostly to build upon the existing website layout.

Meetings

Winter Meeting

Due to the pandemic, this year the only Meeting that has been organised was the Winter Meeting, to be held on December 4th 2021 by Zoom.
There was an open call shared in social media platforms (WhatsApp, Facebook, Instagram) for the Organising Committee.
In the end, the Organising Committee (OC) was composed of the following members in the respective Working Groups:

Communication (Social Media)
- Francesca Grosso (Coordinator)
- Joana Oliveira Miranda
- Juanfran Monteagudo

Secretary
- Juanfran Monteagudo (Coordinator)
- Virgile Korsec

Tech
- Joana Oliveira Miranda

Scientific WG
- David Peyre-Costa (Coordinator)
- Anna Zannoner
- Giovanna Failla
- Giulio Borghi (Coordinator)
- Joana Maia
- Sofia Carmezim Pereira
- Clare Oliver-Williams
- Annarita

After the formation of the Organising Committee, access to the Gmail Drive and Email was shared, and preparations started, with an initial meeting on October 11th 2021.
The President defined the general timeline for the OC.

A logo was immediately created, and communication materials were disseminated through social media.



Several meetings were subsequently held to discuss the content and scientific programs, and workflow of the working groups.
The theme of interest was defined: "Climate Change and the Role of Public Health Actors".
For the afternoon of the Winter Meeting, the OC prepared a scientific contest and a call for submissions, which was sent on 12th November, with the deadline being 21st November.
For these, we received eleven submissions, two of which were sent after the deadline.

EuroNet MRPH Winter Meeting: Webinar Edition	
Date: Saturday, the 04TH of December 2021 (CEST)	
Preliminary Venue: Zoom Platform	
10:00 – 10:30	Opening
10:30 – 11:50	Invited speakers interventions
11:50 - 12:30	Scientific contest - part 1
12:30 – 13:30	Pause
13:30 – 15:00	Scientific contest - part 2
15:30 – 17:30	General assembly
17:30	Social program

Teleconferences

Teleconferences are online meetings hosted by the EuroNet MRPH Board and Leads, aiming at providing members with updates and covering specific priority topics.
The following table summarises the teleconferences held this year, with specific information of number of attendees (excluding speakers and B&L) and the link to the minutes taken, when available.

Name	Date	No. of Attendees	Minutes
January TC	11/01 8:00 pm CET	-	link
February TC	12/02 6:00 pm CET	-	-
March TC	24/03 6:00 pm CET	14	-
April TC	27/04 7:00 pm CEST	8	-
May TC	27/05 5:00 pm CEST	-	-
June TC	28/06 8:00 pm CEST	-	-
July TC	27/07 8:00 pm CEST	5	link
September TC	20/09 7:00 pm CEST	13	link
October TC	19/10 7:30 pm CEST	14	link
November TC	15/11 7:00 pm CET	14	link

Final Remarks

This term was a challenging one, with the COVID-19 pandemic influencing the work developed by the B&Ls and participation of National Commissions. However, it was possible to reestablish the EuroNet MRPH Platfom and develop projects across Europe.
For the future, there is plenty of space for improvement, in terms of internal management, and creating interactive ways to involve medical residents in Public Health across Europe.

Financial Report

The provisional charges for 2021

Category	Description	Income	Expanse
Administration	Website - Hosting and domain		€28.26
	Zoom meeting		€201.48
	Bank charges		€122.40
	Insurance		€111.67
Communication	Communication material		€0.00
Subscriptions	EPHA		€52.50
National fees		€420.00	
TOTAL incomes		**€420.00**	
TOTAL expenses			**€516.31**
Difference		**-€96.31**	
	Bank account 31 Dec 2020	€4,119.08	
	Prediction for 31 Dec 2021	€4,022.77	

The actual budget for 2021

Category	Description	Income	Expanse
Administration	Website - Hosting and domain		€55.27
	Bank charges		€122.40
	Insurance		€113.65
	Zoom		€201.48
Subscriptions	EPHA		€52.50
Fees	Fees from the national associations*	€220.00	
Research	EUPHA fees		€170.00
TOTAL incomes		**€220.00**	
TOTAL expenses			**€715.30**
Difference		**-€495.30**	
	Bank account 31 Dec 2020	€4,119.08	

	Today 4 Dec 2021	€3,650.77	
	Prediction for 31 Dec 2020	€3,623.78	

*5 countries out of 10 have paid their fees.